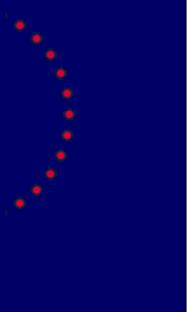
Tooleybuc Central School Strive to do well

The Bridge

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL

INSIDE THIS ISSUE:

- Principal's Thoughts (page 1)
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Melanie's Thoughts



Farewell Mr Rose Today is Mr Rose's last day at Tooleybuc Central School. Mr Rose has made a significant contribution to our school and on behalf of the school community I would like to thank him for supporting the students in our school. We wish him the best of luck as he pursues the next stage of his life journey, he will be missed. 3rd July Term 2 Week 10 2020

Next term we welcome Mr Hitchman to our school as our new Mathematics teacher for the remainder of the year.

Whole School Assembly

On Monday we held our Whole School Assembly for Term Two. These assemblies are a great opportunity to recognise individual achievements and effort across the term, I would however like to acknowledge the efforts of each and every student in our school. The beginning of 2020 has been unique and I am extremely proud of the effort every student has put into their learning since returning to school.



Foundation Award recipients at the Whole School Assembly.

Principal: Melanie Wait



School Activities

While there has been little planned for our students due to COVID-19 I have been so impressed with how active our students have been playing games such as handball, GaGa and Knockout. The way they have interacted with each other and supported younger students is something I am very proud of. The way our students care for each other is one of the special parts of our school.



Students of all ages share a special bond.



Staying active

End of Term 2.

As the end of Term Two draws to a close I would like to reflect on what a significant term it has been for all members of our school community. Learning from home presented significant challenges for students, teacher and parents. The flexibility, resilience and persistence shown by all members of our school community has been amazing and I am very proud of the achievements by all parties.

So, as we all use the next two weeks to rest and recover, I would like to thank our teachers and parents for the ongoing support of our school and our students. There have been amazing achievement by our students and we should all be very proud.

Fill your bucket!

At school, the students are taught about bucket dippers and bucket fillers. The concept is this – we all have a bucket, and we all want it to be full. When we receive love, care, kind words and do what is important to us – it fills our bucket. We feel good! When we receive mean words, are stressed, left out, or hurt, it's like someone has dipped into our bucket and taken from it. We don't feel so good.

For us to fill other people's buckets, we need to give from what we have. It costs us of our time, energy and love. But how can we fill others' buckets if ours is empty? A simple maths equation reveals we'll be left in the negatives. We know empathy and kindness contribute to resilience and a meaningful life. So what can we do to make sure we have something to give from our bucket?

I encourage you this holidays to fill up your bucket and practice being kind to yourself. We can be our own worse critic, and self-compassion feels the hardest to do when we need it most. So here's a simple two-step plan to follow, to practice being kind to yourself so you can be kind to others.

- Step 1: Figure out what fills your bucket
- Step 2: Do that

Well, I'm off to watch some sunsets and spend time with old friends.

Happy holidays and see you next term! Liz Hindle School Chaplain

Up Coming Events Term 2 2020

TERM 3 2020

WEEK 1 Mon 20 Jul Tue 21 Jul

Pupil Free Day First Day Students Term 3

WEEK 2 Mon 27 Jul



NSW Department of Education - School Infrastructure



Tooleybuc Central School Cooler Classrooms Program Update for parents and guardians

July 2020

Investing in our schools

The Cooler Classrooms Program is a \$500 million, five-year investment by the NSW Government to improve learning environments in public schools across NSW.

We are committed to delivering a quality, sustainable and cost effective program to ensure our students enjoy the healthy and comfortable learning environments.

Scope of works

At your school, the program will deliver:

Air conditioning and fresh air ventilation in approximately
12 classroom spaces

Installation works to begin Installation works will begin Term 3 2020.

Work will take place between for example 7am and 6pm, Monday – Friday and 7:30am – 3:30pm on Saturdays.

It is estimated construction works may take up to 14 weeks. An installation plan has been developed to minimise disruption of construction works on school operations.

We will continue to work with the contractor, CID Electrics to ensure any disruption to our neighbours is kept to a minimum.

If you have any questions about this project please contact us on the details below.

Progress summary

An air conditioning, heating and fresh air ventilation solution has been designed to meet the scope of works. CID Electrics has been awarded the installation contract.

For more information contact:

Southern NSW- Asset Management Unit Email: schoolinfrastructure@det.nsw.edu.au Phone: 1300 482 651 www.schoolinfrastructure.nsw.gov.au



Friday 3rd July 2020



Primary News

Louisa Frost (Assistant Principal)

Foundation Andrea Hazlett (Foundation Teacher)

Whole School Assembly Awards



Liselotte English For consistently applying her best effort in all areas of English

Archie **Mathematics** – For consistently applying himself well.





Mayson Human Society and Its Environment For willingly sharing in discussions and trying his best.

Charlotte Personal Development, Health and Physical Education. For demonstrating good sportsmanship and always

Max





trying her best.

Science Active participation in all online science tasks.

Keira Creative and Performing Arts For improvement in self

confidence when creating Visual Arts.





Olivia **Student Citizenship** For being an excellent citizen in our school.



Foundation have been reading, writing and doing art with a Troll theme.

The troll has red pants. He is a grumpy troll. *By Dylan*

The Troll is Tiny. By Max L.

The troll has a big nose. By Aria.

This troll has one eye and four arms. By Tyson.

The troll lives under a bridge. My troll has warts. *By Liselotte.*

The troll had big, big, big ginormous tusks. The troll had red underpants. The troll is fat. The troll is angry. *By Olivia.*

The troll had warts. By Ayden.

The troll is huge and scary. By Charlotte.

This troll is a fat troll. This troll has horns. This troll is a hungry troll. This troll is angry at goats. *By Archie*.

The troll has warts. The troll has a big tooth. The troll has a big yellow horn. *By Alfred.*

This is a scary troll. This troll is so scary. By Max H.

This troll has one red eye and green skin. My troll has scary teeth. My troll has a belt. *By Mayson.*





Troll collages by Foundation.



Rainbow Flowers by Year 1-2.



Friday 3rd July 2020

Year One/Two

Emma Gentle (Year One/Two Teacher) Whole School Assembly Awards



Austin **English** For excelling in all areas of English

Jack **Mathematics** For excelling in all areas of Mathematics.





Milla Human Society and Its Environment For an excellent understanding of how times have changed with focus on family roles.

Rouel Personal Development, Health and Physical Education. For working hard on understanding and regulating emotions.





Jo-Ann **Science**

For always having a go with any type of task and trying her best.

Ryan **Creative and Performing Arts** For working well in Music.





Rubie Student Citizenship For always being an amazing leader and role model for other students.



Year 1-2 proudly share the awards they received at the Whole School Assembly



Year 1/2 Science - the students have been recording (through writing and drawings) observations of the environment around them to compare and take note of the changes they see.







Pug is a winner as illustrated by Year 1-2



By Jo-Ann





By Jakeb

Year Three/Four Sarah Everall (Year Three/Four Teacher)

Whole School Assembly Awards



Brydie English For her enthusiastic approach to writing and always trying her best.

Sophie **Mathematics** For challenging herself and displaying enthusiasm for her learning in Mathematics.

Maya





Human Society and Its Environment For displaying enthusiasm and enjoyment in her learning particularly with HSIE.



Friday 3rd July 2020

By Chevy





By Rubie

By Jack



By Austin

Beau Personal Development, Health and Physical Education. For being a team player and encouraging others





Alexis Science

For trying her best while having a go with every different type of learning experience that occurred in Science this semester.

Cameron Creative and Performing Arts

For always giving 100% in all

areas of Creative Arts.





Patience Student Citizenship For being an honest and helpful student.





Friday 3rd July 2020

As part of our Measurements Unit in Maths, our Year 3/4 students made scones.



Tayce, Oliver, Lane, Brydie and Mason



Lachlan, Beau, Tarlisha, Jade and Deegan



Ashleigh, Patience, Sophie, Trinity and Cameron.



Savannah, Felicity, Alexis, Maya & Lucus.

Year Five/Six Louisa Frost (Year 5/6 Teacher)

Whole School Assembly Awards



Liam English For excellent creative writing.

Jordan **Mathematics** For displaying excellent understanding and a persistent attitude





Lucy Human Society and Its Environment For excellent work in class and at home.

Billy Personal Development, Health and Physical Education. For participating well in all PE classes and activities.





Campbell **Science** For effort with all tasks and helping others while learning online.





Friday 3rd July 2020

Makenna Creative and Performing Arts For her enthusiastic approach to Visual Art.

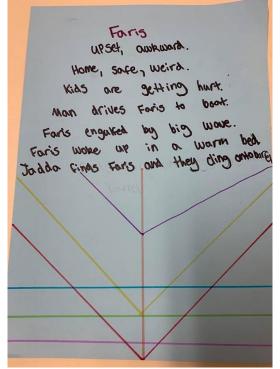




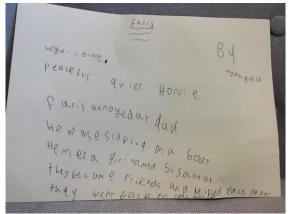
Summer Student Citizenship For helping everyone in the class to feel good about themselves.



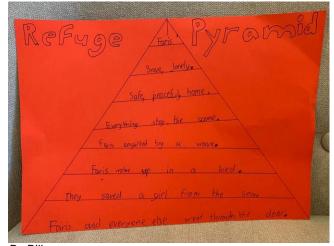
Year 5/6 are currently reading the novel 'Refuge' by Jackie French. They made their Refuge Pyramids inspired by the novel.



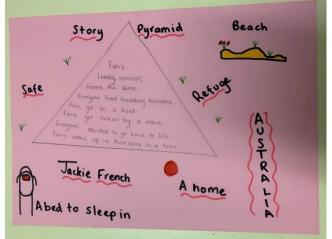
By Alyssa



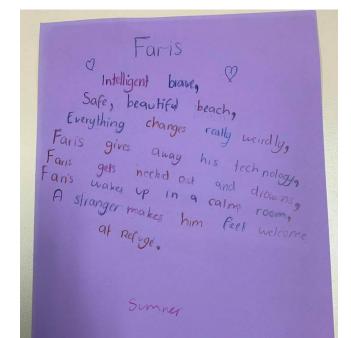
By Myah



By Billy



By Lucy



By Summer



Friday 3rd July 2020



Awards Year 7 Secondary News Jean Duma (Head Teacher)

Rhys Effort in Music





Isabella Achievement in Mathematics. Effort in English.

Ella Achievement in History. Effort in Geography and Science





Sissy Improvement in Mathematics.

Jaelah Achievement in English. Effort in Personal Development, Health and Physical Education and Visual Art.



Year 9



Summer Achievement in Industrial Technology - Wood. Effort in Careers and Visual Art.

Zahra Achievement in English. Effort in Child Studies and Geography. Improvement in Mathematics.







Keisha Achievement in Geography and Science. Effort in History.



Will Improvement in Agriculture.





Development, Health and Physical Education.

Jayla

Darcy Effort in Japanese

Whole School Assembly

Achievement in Technology

Mandatory and Visual Art. Effort in English, Geography, History and Mathematics

Zachariah

Effort in Personal





Hannah Achievement in English, Geography, Japanese, Mathematics, Music and Science. Effort in Technology Mandatory.

Connor Improvement in Science.







10

Friday 3rd July 2020



Tyson Effort in Commerce and Personal Development, Health and Physical Education.

Ella

Emily Achievement in Geography and Mathematics. Effort in English, Careers, Food Technology, History, Industrial Technology - Wood and Science.

Achievement in Agriculture

and Visual Art.



Year 10



Tara Effort in Geography and Mathematics.

Taylen Effort in Agriculture, English, Careers and Industrial Technology - Wood.





Emma Achievement in Child Studies, Commerce, Geography, History, Mathematics and Science.

Mitchell Achievement in English, Agriculture, Industrial Technology - Wood, Personal Development, Health and Physical Education. Improvement in Food Technology.





Mia Effort in Careers.



Cooper Effort in English and Mathematics





Ryan Achievement in English and Mathematics.

Year 12

Brees Effort in Industrial Technology - Wood.





Jake Effort in Personal Development, Health and Physical Education

Sam Improvement in Mathematics.





Tegan Effort in English Studies. Improvement in Hospitality.

Kate Achievement in English.





Phoebe Effort in English and Mathematics.



Friday 3rd July 2020

Timothy Achievement in Industrial Technology - Wood





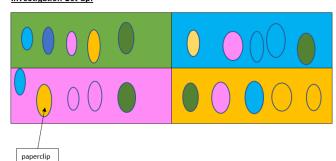
Rhys Effort in English Studies. Improvement in Hospitality

Gemma Effort in Personal Development, Health and Physical Education

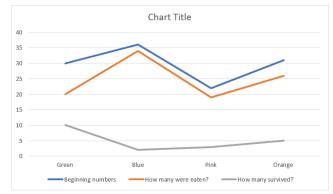


Year 9/10 Science Leeta Rutherford (Science Teacher)

The students are currently exploring evolution and adaptation. Some students chose to run a first-hand simulation to model natural selection on insect populations.



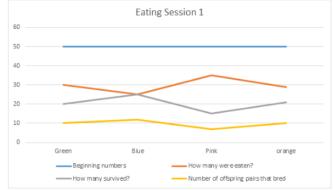
Set up drawing by Emily.



Simulation 2 Graphed Results by Emily

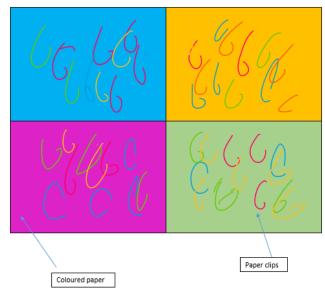
Investigation Set-up: Paper Clip Process of University of the process of University of the process of University of the process of the proces

Set Up Drawing by Emma



Simulation Graphed Results by Emma

Investigation Set-up:



Set Up Drawing by Summer.

	Eating Session 1				Eating Session 2		
Paperclip Colour	Beginning numbers	How many were eaten?	How many survived?	Number of offspring pairs that bred	Beginning numbers	How many were eaten?	How many survived?
Green	50	30	20	10	30	20	10
Blue	50	25	25	12	36	34	3
Pink	50	35	15	7	22	19	2
orange	50	29	21	10	31	26	5

Simulation All Raw Data.by Summer.



Year 9/10 History

Leeta Rutherford (History Teacher)

Year 9/10 investigated the Rights and Freedoms of people throughout history.

How did the US civil rights movement affect Australia

The US civil rights movement inspired a man called Charles Perkins. In particular he was inspired by Martin Luther King and the Freedom rides. Perkins took inspiration from America's potesibly having Anologinals use facilities marked for whites only?. He attempted to carry the message across without violence and hoped to abolish raciem.

There were freedom rides in NSW, Australia, they forced people to realise the severity of the issue of nacium and sogregation in Australia and sparked the movement for change. Three were also protests for voling rights, for better pay and to have ownership of their land. The Stolen Generation is another tragic time in history where children were taken away from their families and put into white homes or facilities.



After many years of struggle, in 2007 Kevin Rudd gave an official apology, acknowledging all the wrongs done to Abrigonal people. This was known as reconciliation.

By Emma



By Jack



By Mia

Declaration of human rights The Universal Declaration includes civil and political rights, like the right to life, liberty, free speech and privacy. It also includes economic, social and cultural rights, like the right to social security, health and education.

BySummer

The Struggle of the Indigenous including the stolen generations up to 1965

Before invasion, Aboriginal people had lived throughout Australia, mainly at the coast. They would change seasonally. The land was "Terra Nullius" meaning to the whites that it was empty and no one owned it, so the land could legitimately be taken over. When Europeans came however, for the first 10 years, there were clashes mainly in the Parramatta and Hawkesbury areas. Land was stolen and or destroyed. Natives died of diseases, poisionings or massacres and by the first 100 years of British Settlement, the indigenous population decreased from 1 million to 60 thousand.

By Tara



Year 9/10 Food Technology Creative Art Megan Purtill (Visual Arts Teacher)

Art feature by Summer, who received the Improvement Award for Stage 5 Visual Art at the Whole School Assembly.







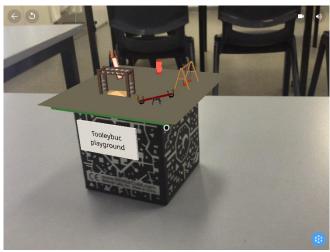
Friday 3rd July 2020

Computer Applications Leeta Rutherford (Computer Applications Teacher)

As a part of their course the students have been learning to create various augmented reality and virtual reality items/environments.



By Blake



By Blake



By Rhys



by Tegan

Careers



Kim Morton (Careers Teacher)

Students in Year 10 are busy completing their resumes and application letters for the Mock Interview Day, which will be held next term.

Week 1, Tuesday Year 9 &10 students will be given a talk by local accountants from Swan Hill about the 'Accountancy Work Experience Program and Year 10 students will then have an opportunity to apply for this program.

All Year 10 students are encouraged to think of work experience opportunities they may wish to undertake during Term 3 and 4.

Senior students are reminded to use the holiday period to update their resumes and complete drafts for any early entry schemes they are interested in applying for. In addition all senior students are encouraged to do some holiday reading about different courses and the pathway's they wish to follow.

Please take a look at the information contained here about further education days and also remember to check the websites of those institutions you are thinking of applying to



UNI INFORMATION

The University of Sydney - Space Engineering 3 July. 4pm

Join us to learn more about studying Space Engineering at the University of Sydney! You'll hear from a current student and have the opportunity to ask them anything you'd like about studying Space Engineering here at the University.

https://uni-

sydney.zoom.us/webinar/register/WN_ovdDuApx SUW93aMM0VakNw

WSU Early Offer - True Reward Opening Soon – Register now here

Our HSC True Reward early offer program will give school leavers much-needed peace of mind, offering students entry into university based on their Year 11* results or Year 12 results. HSC True Reward was first launched in 2017, providing students an early offer into Western based on HSC results, instead of a scaled ATAR, following analysis showing subject performance is a robust key performance indicator of student success. This year, we're introducing offers based on Year 11 results to ensure COVID-19 doesn't derail students hard work in preparing for their HSC.

Another exciting new innovation to the True Reward program this year, is the inclusion of the University's Alpha platform – a ground breaking digital experience that provides tailor-made content for students based on personal and professional development needs and goals. Alpha's Edge Playlist is a playlist of learning activities that will assist students with career decision making and prepare them for university. Applications are opening soon for 2021. Register your interest below to stay updated with key information.

https://www.westernsydney.edu.au/future/study/a pplication-pathways/hsc-true-reward.html

This webinar will explore the steps that are essential to help choose a degree that leads to satisfying and meaningful career for you as an individual.

Our expert staff from UOW's Careers Service will explain the framework for good career planning, and demonstrate how you can access our Career Smart Discovery Tool and other resources to better understand the study and work you're most suited to.

We'll also discuss the possible changes to our

workforce post COVID-19, and how we support our students at UOW to ensure they are equipped to meet the needs of an ever-changing world. https://uow-

au.zoom.us/webinar/register/WN_TupyDMAVSB W-KYDsN0viKg

UTS Virtual Reality Health Department Tour https://vimeo.com/236559108

UTS - Support your UAC application with the Engineering and IT Questionnaire Closes Thursday 17 December

If you fall short of the ATAR by 1–3 points, we'll still consider your application if you complete the questionnaire and demonstrate a strong motivation to study engineering or IT. It takes just 20 minutes to complete, so give yourself the best chance to get into your preferred course at UTS.

https://www.uts.edu.au/future-

students/engineering/essential-information/year-12-engineering-and-it-questionnaire

UTS - Year 12 IT Questionnaire

Closes 17 December Complete the questionnaire for a chance to add 1-3 points on your ATAR.

If you fall short of the ATAR by 1–3 points, we'll still consider your application if you complete the questionnaire and demonstrate a strong motivation to study engineering or IT. It takes just 20 minutes to complete, so give yourself the best chance to get into your preferred course at UTS

https://www.uts.edu.au/future-

students/information-technology/essentialinformation/year-12-it-guestionnaire

UTS New courses:

Bachelor of Information Systems

Bachelor of Information Systems Bachelor of Business

• Bachelor of Engineering (Hons) Electrical and Electronic Diploma of Professional

Engineering Practice

Changed course in Photography:

• Bachelor of Design in Photography will no longer be available in 2021.

Photography will be integrated into Bachelor of Design in Visual Communication



Friday 3rd July 2020

UTS Undergraduate Guide

Everything explained on how to apply, scholarships, Open Day advice and much more. Business Communication Design, Architecture and Building Education Engineering Health Information Technology International Studies Law Science Transdisciplinary Innovation https://drive.google.com/drive/folders/1meL4A0Kr gRoUQA8gOpowcIOKZkiCd3V-

ACU Virtual Open Days

29 August 5 September 12 September

On the day you can:

- chat with current students and staff
- learn more about our courses
- discuss your study options with experts
- check out videos, virtual tours and photos of our campuses

join online Q&As and discussions

https://openday.acu.edu.au/

ACU Uni Experience

30 September – Canberra Campus 1 October – North Sydney Campus https://www.acu.edu.au/student-life/experienceuni-before-you-start/explore-your-local-campus

The Hansen Scholarship Program – University of Melbourne

The Hansen Scholarship Program supports students who may otherwise struggle to access a high-quality

university education.

• Support, mentoring, plus \$4000 annual living allowance

• Funded accommodation, and priority if progressing to graduate study

• Full fee remission if you hold an Australian temporary protection visa and would otherwise have to

pay international student fees

• \$4000 grant towards an approved activity such as study abroad

• Opportunity to apply for up to \$10 000 for a short-term activity or up to \$20 000 for further study in the year after your bachelor's degree.

https://scholarships.unimelb.edu.au/hansen

University of Melbourne Brochures –

Undergraduate, Accommodation, All Faculties Take a look at the University's publications for future students, careers teachers and parents. <u>https://study.unimelb.edu.au/connect-with-</u> us/view-our-brochures

University of Canberra Online Recorded Videos

The UC Student Experience: Life, Work, Study Moving to Canberra: Your accommodation options

Studying any of the faculty areas offered at University of Canberra

https://www.canberra.edu.au/futurestudentsevent s/future-ug-student-online-events

UC College: Alternative entry to your UC degree

9 July. 4pm

16 July. 4pm

UC College offers pathway programs that enable access to the University of Canberra. Our pathway programs make quality higher education possible to those who would not otherwise gain direct entry. Join our virtual info session on Thursday, 9 July and learn how you can fast-track your studies and enter the University of Canberra next year!

https://www.canberra.edu.au/events/Home/Event/ 180698

and

https://www.canberra.edu.au/events/Home/Event/ 180699

TAFE INFORMATION

Essential Energy Apprenticeship and Traineeship Program is Open

Applications are now open and will close at 11.55pm (AEST) Sunday, 19 July 2020. **Starting your career or looking for a change?** An apprenticeship or traineeship is a great way to kickstart your career, combining formal learning with on-the-job training. If you choose to join Essential Energy, you will be supported by a great crew and professional training team.



We have opportunities available at a range of locations including: **Condobolin**, **Griffith**, **Ewingsdale**, **Grafton**, **Mudgee**, **Bathurst**, **Dorrigo**, **Corowa**, **Buronga**, **Broken Hill**, **Bourke**, **Canowindra**, **Barraba**, **Narrabri**, **Armidale**, **Kyogle**, **Cowra**, **Wagga Wagga**, **Queanbeyan**, **Goulburn**, **Dubbo**, **Kempsey**, **Nyngan**, **Coonamble**, **Moruya**, **Tamworth**, **Moree**, **Guyra and Albury**.

www.essentialenergy.com.au/careers/kickstart Register here for 2021 Intake:

https://secure.dc2.pageuppeople.com/apply/550/a w/applicationForm/initApplication.asp?IJobID=500 715&sLanguage=en&sSourcePointer=aw&IJobSo urceTypeID=803

TAFE to Uni Pathways

You may be surprised to hear that there are lots of possible study routes that can take you from a TAFE NSW course to a university degree. TAFE has partnerships with universities across the state and beyond. This means that you can get yourself a graduate qualification from your local TAFE campus.

https://www.tafensw.edu.au/article/-/blogs/tafe-touni-pathways

Thiess – Electrical Apprenticeships

The Recruitment Process begins around August each year and continues until December. For almost a decade, the Thiess Apprenticeship Program (TAP) has been striving for excellence, best practice and innovation. Recognised Australia wide for delivering consistent, highquality on the job and off the job training. View the application steps here:

- Certificate III Engineering Mechanical Trade (Diesel Fitter)
- Certificate III Automotive Electrical Technology
- Certificate III Engineering Fabrication Trade (Boiler making/Welding)
- Certificate III in Electrotechnology Systems Electrician (High Voltage)
- Your application will be acknowledged by email. Incomplete applications will not be considered
- If you progress to the next stage, you will be invited to attend an Apprentice Recruitment Day

https://www.thiess.com/en/people-andcareers/investing-in-our-people/apprentices

Friday 3rd July 2020

Agriculture, Horticulture, Animals and Environment Snapshot

Which occupations in this industry are likely to have the largest employment growth over the next three years? Which TAFE NSW courses are popular for people looking to get into these job roles and how much can you earn?

https://www.tafensw.edu.au/documents/60140/21 9174/Careers-

<u>Snapshot_Agriculture_Horticulture_Animal_Care_</u> and+_the_Environment.pdf

Business and Finance Snapshot

Which occupations in this industry are likely to have the largest employment growth over the next three years? Which TAFE NSW courses are popular for people looking to get into these job roles and how much can you earn? <u>https://www.tafensw.edu.au/documents/60140/21</u> <u>9174/Careers-</u> <u>Snapshot Business and Finance.pdf</u>

COLLEGE INFORMATION

Game Design Portfolio Advice

Great advice that walks you through each of these steps: Creating your favourite game.

Get your idea down in writing

Before your interview - what to do.

What to bring to your interview. http://www.aie.edu.au/articles/building-a-gamedesign-portfolio-for-entry-into-aie

The Hotel School's Scholarships for Hotel Management and Tourism Management

Are you passionate about Hospitality and Tourism?

Do you want to join the fastest growing industry in Australia and in the World?

This is your chance to join a growing industry through The Hotel School scholarship program. The Hotel School's scholarships program is available for students interested in studying at its Sydney, Melbourne and Brisbane campuses. https://hotelschool.scu.edu.au/apply/scholarships/



Friday 3rd July 2020

Qantas Group Pilot Academy in partnership with FTA

The Qantas Group draws on nearly one hundred years of the highest standards of training to ensure that our pilots are some of the world's best. And now we're looking to the next generation.

Estimates suggest that 790,000 more pilots will be required globally over the next 20 years with around one third of them in the Asia Pacific region. To help meet the increasing need for skilled aviators in one of the fastest growing global industries we are launching the Qantas Group Pilot Academy. The Academy is part of our plans to build a long-term talent pipeline not just for Qantas, QantasLink and Jetstar, but for the industry more broadly.

As the national carrier we have a history of attracting the best and brightest to fly for us, so we're hoping to see passionate men and women training with us at our new Academy.

The Academy has opened its doors at our brand new site in Toowoomba. If you're ready to start your career as a pilot, <u>applications are now open</u>. <u>https://www.qantas.com/au/en/about-us/ourcompany/pilot-academy.html</u>

GENERAL INFORMATION

NSW Police Recruitment Physical Capacity Test Practice Session

Attend a NSW Police Recruitment Physical Capacity Test practice session. NOTE: Keep checking that the dates given are confirmed.

PCT Practice Session - Taree - TBA

Note: You must be 18 years of age to attend this event

Saturday 1 August 2020

Time: 11.00am - 2.00pm (times may be subject to change)

Tickets available 8.00am 2 July 2020

PCT Practice Session - Bathurst - TBA

Note: You must be 18 years of age to attend this event

Saturday 22 August 2020

Time: 11.00am - 2.00pm (times may be subject to change)

Tickets available 8.00am 24 July 2020

PCT Practice Session - Wollongong - TBA Note: You must be 18 years of age to attend this event

Sunday 13 September 2020

Time: 10.00am - 1.00pm (times may be subject to change)

Tickets available 8.00am 14 August 2020 PCT Practice Session - Orange - TBA

Note: You must be 18 years of age to attend

this event

Sunday 25 October 2020 Time: 8.00am - 11.00am (times may be subject to change) Tickets available 8.00am 25 September 2020

https://www.police.nsw.gov.au/recruitment/news/p hysical_capacity_test_practice_session

NSW Fire and Rescue Applications 2020 Permanent (full-time) Recruitment timeline Applications Open 24 July

Closes 9 August

These dates provide a timeframe for the 2020 Permanent Firefighter Recruitment. The dates are a guide and may be subject to change. Stay up to date by regularly visiting this page or by following us on <u>Facebook</u>.

As dates are confirmed, they will be listed on this page.

Please note attendance at an information session is not compulsory, nor is it a guarantee of successful employment; however, the sessions provide useful information to potential candidates.

https://www.fire.nsw.gov.au/page.php?id=9066

UN Youth Voice Competition

Voice is a unique **public speaking competition** for students in **Year 7-10**, running throughout **Term 4**. Voice invites you to **solve issues** that affect **your community**, **nation and the world**. From homelessness to climate change we want to hear you **pitch your big ideas**.

Why compete in Voice?

- Develop skills in public speaking and research!
- Hone your ability to think on your feet, assisting you in leadership positions or debating competition in the future.
- Build an increased knowledge about areas pertinent to you as students.
- A chance to meet likeminded and engaged young people.

https://unyouth.org.au/event/voice-nsw/

Women for the Defence Forces

Across every one of our 200+ roles, the ADF offers excellent career opportunities for women. We champion equality and provide a uniquely supportive and inclusive workplace.

https://www.defencejobs.gov.au/about-theadf/women-in-the-adf/



Defence Jobs Attend Virtual YOU Session Until recently, you would have been invited to attend a Your Opportunities Unlimited (YOU) Session day at one of our local Defence Force Recruiting Centres. Due to the unfolding COVID-19 situation, we are now running this process virtually.

As part of the virtual YOU Session, you will:

- Complete any outstanding forms from the Candidate Hub
- Take an online aptitude test
- Talk to a Careers Coach (via phone) about the service and role(s) you are considering

https://www.defencejobs.gov.au/joining/how-tojoin/recruitment-process

A Guide to Joining the Defence Forces **Aptitude Testing**

This guide seeks to provide you with an overview of the psychological testing process that you will undertake when applying to join the ADF. The ADF psychological testing process includes: A General Ability Test;

Depending on the role applied for, you may also be required to sit additional testing, such as:

• Testing for Officer Entry;

• Testing for Aircrew and Aviation related roles; and

Testing for Other Specialist Occupations.

This guide will provide you with an idea of what to expect during psychological testing, and hints and tips to help prepare you for this testing.

file:///C:/Users/garyg/Downloads/Guide-to-ADF-Aptitude-Testing.pdf



NSW

1 Wet hands

Practice simple hygiene by

2 Apply soap

5 Turn off tap

washing hands regularly

Protect yourself from viruses



Clean your hands with soap and water, or hand sanitiser.



Cover your nose and mouth when you cough or sneeze.



Avoid close contact with anyone with cold or flu-like symptoms.



Stay home if you are sick.

Find the facts health.nsw.gov.au/coronavirus



Friday 3rd July 2020

www.health.nsw.gov.au

3 Lather & scrub

6 Dry hands

Friday 3rd July 2020

VOLUNTARY CONTRIBUTIONS 2019

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year. These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

Current voluntary	Infants and Primary	\$55.00
contributions	Years 7 + 8	\$100.00
including Technology	Years 9 + 10	\$60.00
	Years 11 + 12	\$60.00
Agriculture	Year 9 + 10 elective	\$40.00
Design and Technology Food:	Year 9 + 10 elective	\$75.00
Drama (Fairfax)	Year 9 + 10 elective	\$50.00
Industrial Technology	Year 9 + 10	\$55.00 plus materials
Hospitality	Stage 6	\$200.00

Wanted

Second hand secondary uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

LOST UNIFORMS

Please name your uniforms so we can return items that are misplaced. Lost property is currently overflowing with items, so if your child is missing anything please encourage them to have a look.

School Bags

Tooleybuc Central School has school bags which are available to purchase from the front office. One size only Large \$58.00





Tooleybuc Central School Uniforms



Hats

TCS dark green bucket school hats \$15, are available for purchase from the front office

Beanies

TCS green and yellow beanies \$11, are available for purchase from the front office.



Tops

	Dark green polo shirt (TCS)	
Primary:	Jumper (TCS)	
Filliary.	Girl's summer culottes/green	
	check dress	
Secondary:	Green/yellow polo shirt (TCS)	
	Rugby Jumper (TCS)	

Pants

Primary &	Grey School Pants/		
Secondary Boys	Grey Max Dax		
Primary Girls	Green school pants/		
Fillinary Gills	Green Knee Length Shorts		
Secondary Cirla	Black school pants/		
Secondary Girls	Green Knee Length Shorts		

Sport

	Yellow polo shirt	
Primary & Secondary	Green basketball shorts Green tracksuit pants	
	Sneakers	

Jacket

Secondary Boys	Embroidered black jacket from
& Girls	Blue Sky.

Shoes

Primary &	
Secondary Boys & Girls	Black Leather Shoes
a Gins	

Stockists of School Uniform

Blue Sky

Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

Clark's Gift Salon

183 Campbell Street, Swan Hill – Phone 50321616

PSW

Bootleg Pants – Polyester 465 Bottle can be purchased online at <u>http://www.psw.com.au/</u>





tips to get back into life during COVID-19

for family and friends

Life has changed for all of us due to COVID-19 restrictions. Some people have enjoyed these changes, others have found it challenging and many of us will have experienced a mixture of these things.

Your household might have had to transition to online school, study and working from home without much warning, and your contact with close friends and other social groups may have changed. Members of the household might have had their work hours reduced or cut altogether, adding huge financial pressure on rent or bills. Spending more time at home may have put additional pressure on already strained family or household relationships, making it challenging for you to find space to look after your wellbeing.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health 28 May 2020







Common responses

As a result of COVID-19 challenges you, your family or household members might find yourselves:

- struggling to find motivation or keep a routine
- not keeping up with day to day chores
- being less interested in things usually enjoy
- sleeping a lot more or less
- increasing the use of alcohol and other drugs
- struggling to exercise
- making comparisons with others and feeling inadequate
- feeling worried about the future.

People manage their feelings differently and isolation might have meant that you or the people close to you have had to find new ways to look after themselves.

Some might have taken more breaks, stayed in bed or relaxed more often. Others may have tried to change their expectations and be kinder to themselves. Others might have connected with others online, or played online challenges and games. Some may have avoided difficult conversations or activities.



Our <u>7 tips for a healthy</u> headspace can help build new ways of coping during these unusual times



Preparing for change

Many people are starting to think about how life will change when restrictions ease.

While some people are looking forward to this, it doesn't mean the next few weeks or months will be smooth sailing for everyone.

People in your household might be:

- thinking that returning to life before COVID-19 seems like a huge task
- finding things that used to be easy becoming difficult, worrying or scary
- finding it hard to get going
- concerned about catching the virus
- realising they want to make changes to the way they live their lives
- wondering if their friendships will be the same
- thinking about how to re-establish intimate relationships
- worrying about their alcohol and other drugs use.



So what can you do?

Prepare yourself by thinking about how your lives have changed, and what you want your lives to look like.

You might find that some things are easier to return to than others. This will be different for everyone, and that's OK.

Taking some time to come together to talk about how you've felt during the restrictions, and what your household might look like when things go back to normal may help to ease some of those concerns.

It can be tricky to know where to begin.

Here are a few ideas to help your household get started:

- think about the fun things you all would like to do once restrictions ease
- write out a plan to help motivate yourselves
- take it slow. Gradually try new things. You don't need to do everything straight away
- start with something that seems easier, before moving to difficult things
- if members are worried about catching the virus, remember to practise hand hygiene and physical distancing
- · be mindful of the use of alcohol and other drugs
- keep in mind that things may change and restrictions could start again

The easing of restrictions might be an exciting, fun, and enjoyable time for many. For others, it might be scary, uncertain or overwhelming. Remember that how you're seeing someone else respond might not actually be what they're feeling.

Take time to have conversations with your family or household and consider using side-by-side communication and "I statements" to help everyone feel more comfortable. For more tips on communication, check out the headspace <u>Responding to Family Conflict</u>.

It's normal to feel anything and everything, so remember to be kind to yourself and to the people in your household. Consider that people may be affected, and may respond in very different ways.

Where do I go for help?

If you or a young person needs support, the following services could be of assistance.

headspace

headspace: visit <u>headspace.org.au</u> to find your nearest centre or call eheadspace on 1800 650 890

If you ever feel unable to cope because of overwhelming or intense emotions, or if you or someone you know has any thoughts of harming themselves, then ask for help immediately.

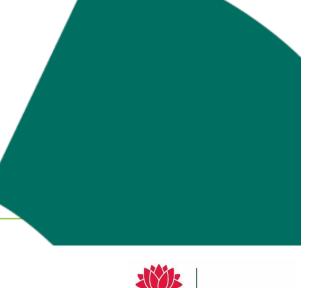
National 24/7 crisis services

If you are in an emergency situation or need immediate assistance, contact mental health services or emergency services on 000.

- Lifeline: 13 11 14 or lifeline.org.au
- Suicide Call Back Service: 1300 659 467 or <u>suicidecallbackservice.org.au</u>
- Beyond Blue: 1300 224 636 or beyondblue.org.au

Additional youth services

- Kids Helpline: 1800 55 1800 or kidshelpline.com.au
- ReachOut: reachout.com



Friday 3rd July 2020









Just make a purchase at the bar or bistro to get your ticket in the draw. Become a member today for your chance to win a 4.25m RAPTOR Tinnie

Draw date to be advised



NOTICE TO PATRONS

The club has now returned to near normal trade and when you visit you will be required to sign the book & provide details in the register.

At the moment there is no bingo, poker, line dancing or raffles.

It is likely that these events will recommence in the near future.

Please be mindful of all restrictions in place & information is provided as you enter reception.

Hand sanitiser is available for your use & we encourage you to use it.

WELCOME BACK EVERYONE!



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healthdirect TOOLEYBUC COMMUNITY HEALTH CENTRE

The Health Centre is open

To make an appointment please contact the Central Intake Service on <u>1800 654 324</u>

Balranald Medical Centre- 50201055 Swan Hill Medical Group- 50331711 Swan Hill Primary Health Medical Clinic-50339900 Swan Hill Tristar-50322133 Or Nurse on Call on 1800 022 222

NURSE ON CALL

Contact Nurse On Call via Health Direct for any after-hours advice This number can be used Australia wide.

Ph: 1800 022 222 See web page below. https://www.healthdirect.gov.au/



Interested in being a volunteer

Murray River Council's Community

community transport service and are

Services Team has an expanding

now on the look-out for more

All volunteers are provided with

training, ongoing support and

mentoring. The amount of time

up to the individual; every little bit

someone may volunteer is completely

If this sounds like something you'd like

Community Services Co-Ordinator via

We value your contribution to our

community

to get involved in, contact your local

volunteer drivers.

driving?

counts!

1300 087 004.

LEN McPHERSON

REGISTERED ELECTRICAL CONT Vic. R.E.C 2553 NSW 144714C

122 Monash Ave

NYAH WEST 3595

Friday 3rd July 2020

Justice of the Peace At Koraleigh

Kanny Miller 0421 759095 Leave a message

Tooleybuc Post Office

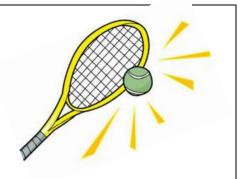
Newsagency

Gift Shop

OpenMonday to Friday 7:00 to 5:00Saturday9:00 to 12:00Sunday8:00 to 11:00

Phone: 03 50305303





Term 3 Tennis lessons

Koraleigh Tennis Club

Tuesdays' from 4pm

All ages & playing levels

Enquiries & to register contact David Jonkers 0411 635907 or <u>davidjtennis10@gmail.com</u>



Term 2 – Week 10	Friday 3 rd July 2020			
STUDENT ASSISTANCE SCHEME APPLICATION FOR SUPPORT				
Personal Details				
Student's Name:	Class/Year:			
Home Address:				
Parent/Guardian Name:	ed			
Support Details Assistance can be provided with	uniform/books/excursions			
Details of Request:	Amount			
The information provided will be treated in confidence. is a limit to the amount each child can access. Signature of parent/guardian:	Please forward this application to the Principal. There Date:			
Approved/Principal Signature:	Date:			
Student Absence Note]			
Name: Class:	0778750			
Teacher:	Tooleybuc Central School			
This student was absent from / to /	Bus Variation to Routine			
Due to the following:	THE CENTRAL			
Illness injury	Child/Children			
Medical/Dental Appointment	Will be travelling on the bus			
Family Commitments (ie: Funeral etc) Other give reason				
	on (day)date://			
	Time: am / pm			
Additional comments:	Signed:			
	Date			
Medical Certificate supplied.				
Signed:				
Date	<u></u>			



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Term 3 Holidays

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Jul 20 Pupil Free Day	Jul 21 Students first day Term 3	Jul 22	Jul 23	Jul 24
WEEK 2	Jul 27	Jul 28	Jul 29	Jul 30	Jul 31
WEEK 3	Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
WEEK 4	Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
WEEK 5	Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
WEEK 6	Aug 24	Aug 25	Aug 26	Aug 27 Industrial Tech Major Project Due	Aug 28
WEEK 7	Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
WEEK 8	Sep 7	Sep 8	Sep 9	Sep 10	Sep 11

Make a Payment on Line



Did you know that you can make payments to

your child's school online?

We have launched an online payment portal linked to the school website to make it easier for you to pay for

school related expenses. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

Voluntary School and Subject Contributions

• Sport

- Excursions
 - Sales to Students Other

How?

Log onto the School Web site at

www.tooleybuc-c.schools.nsw.edu.au/

Click on 'Make a Payment' and follow the prompts to make a payment via Visa or MasterCard.

