

# The Bridge

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL

6th November Term 4 Week 4 2020

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#### Melanie's Thoughts



#### **Elephant Ed Workshops**

Over the last two weeks we have had workshops for students from Year 5 - 10 hosted by Elephant Ed. The workshops focused on the physical, social and emotional changes involved in puberty. The feedback from these sessions has been extremely positive and well received by all of our students.

Thank you to all the parents who joined our Parent Session on

Monday evening. This session talked about the importance of parents following up these conversations and answering any questions children may have.

#### **Youth Police Liaison Officer**

On Thursday this week, Amy Epstein, Youth Police Liaison Officer, from Albury visited and talked with students from Year 5 -10 about harassment and assault and cyber safety. These workshops provided important information to students about their rights and responsibilities and was a great follow up to the legal rights and responsibilities of some of the issues presented in the Elephant Ed workshops.



#### School Fun

We are very excited about our School Fun Run that we are hosting next Friday. This will be a short course for students to complete. The most exciting part of this day is that it will also be a 'Colour Run'. We feel that this will be a wonderful activity for students to enjoy after the limited opportunities we have had to participate in activities this year.

#### **Transition Day**

Monday the 16<sup>th</sup> of November will be our Whole School Transition Day. This will be a wonderful opportunity for students to get a feel for what their class will look like next year. If you know of anyone considering Tooleybuc Central School, please get them to contact our school Front Office.



Miss Everall and students tending to plants in Gardening Club.



Aguaponics is up and running.



Yabbies set up in fish tanks.



Gardening club help watering the gardens.

#### **Up Coming Events Term 4 2020**

TERM 4 2020 WEEK 5

Year 7 to 10 Exams NAIDOC WEEK

Tue 10 Nov HSC Food Tech 9:25 – 12:30 pm

Wed 11 Nov Rememberance Day

Fri 13 Nov School Fun Run

WEEK 6

Mon 16 Nov ROLLOVER

Whole School Transition Year 6 into Year 7 Preschool Orientation

Wed 18 Nov Opportunity Testing – Year 5



#### **School Chaplin**

#### Fuel the connection

Our own experience, neuroscience and human history all tell the same story - that is, as humans we are made for connection. Think of it like how a car can't run without fuel, humans are dependent on connection.

All sorts of problems can arise for cars, and for us, when tanks are getting low. If your car tank was getting low and you had no way of filling it up, you might be less motivated to go places. You might worry about things you wouldn't if your tank was full (will I make it, what can and can't I do, etc.). You might even find yourself stealing from someone else's tank who has got more fuel than you.

Here are some questions to think about:

 What's your fuel warning light? (How do you know when your tank is getting low, what thoughts, feelings and behaviours do you start to notice?)

- Where can you fill up? (Who are you go-to people to connect with, how can you connect with them?)
- How can you have a jerry can on standby to make sure the people around you always have fuel in their tank? (What kind things are you able to do for the people around you?)

These are great questions to ask yourself and your kids!

Liz Hindle School Chaplain



#### Term 4 No Hat No Play

Please wear your School Uniform Hat. This is the only hat that is approved to wear at school. No caps.



#### Remember your water bottle

Water is very important for our health, at the moment because of Covid-19 the drink bubblers are turned off. It is important that students can access water so they are asked to bring their water bottles. Some students are forgetting.







#### **Primary News**

Louisa Frost (Assistant Principal)



#### **Year 5/6**

#### Louisa Frost (Year 5/6 Teacher)

Year 5/6 have been learning about poems. They have explored the use of words in poems and various styles of poems. Below are a sample of styles that they have incorporated into their own poems.

Stunning Murray River by Isabel & Makenna Shimmery water glimmers calmly Muddy banks squelch loudly Sparkling river glitters silently Sunny reflections shine blindingly Sandy shores relax peacefully My river world is stunning.

**River** by Liam and Alyssa Murky water moves swiftly Sparkling water moves slowly Thick mud squelches noisily Old leaves crunch loudly Tall trees sway silently My river world is immaculate.

**River** by Summer and Mahayla Green fish swim quickly Cold water rising slowly Windy trees waving swiftly Peaceful boats fishing closely Wet banks drying calmly My river world is peaceful.

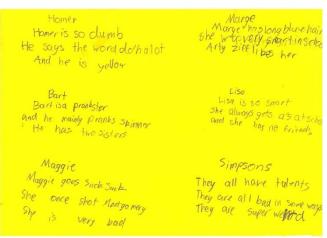
Murray River by Billy and Riley Stupid fish swim lonely Smart people fish slowly Big fish eat quickly Little fish eat slowly Smart fish fart silently My river world is crazy.

The Murray River by Esther and Lucy Rainbow fish swim courageously Murky water moves swiftly Ancient trees fade slowly Fast boats zoom quickly Excited people gather endlessly. My Murray River world is historic. Murray River, Deadly River. By Jakson & Kenny Strong current swerves dangerously Fierce fish fight ferociously Massive cod attack viciously Big carp eat loudly Small fish swim freely My murray river world is dangerous.

Murray River by Campbell and Noah B Glistening river sways rapidly Slimy fish swim distinctively Rocky bank crumbles slowly Ancient bridge stands heroically Colourful boat glides destructively My murray river world is tropical.

My River by Jordan and Myah Smelly carp eat loudly Dangerous currants kill violently Deep rivers drown savagely Big fish swim fast Small fish blob silently My river worlds is everything.





By Billy





#### **Cinquain Poem**

Pop Corn by Isabel
Pop, pop
Pop corn popping
Put some butter on me
Eat, me when you're watching movies
Yum; yum!

#### **Nature Haiku**

**Bushfires** by Makenna It slithers through bush, The deadly wall of fire, Turns lush grass to ash.

#### Haiku

Worms by Cambell
Worms are quite squirmish
Worms produce very fine worm juice
They break down food scraps.

#### **Dylan Thomas Portrait**

What is happiness by Jude What is happiness?
A feeling
Of joy
Of fun
Of careing.

#### What are motorbikes? By Riley

What are motorbikes? Bikes fast

Nice blast

Big jumps

No brakes

#### What are birds? By Myah

What are birds?
Birds are animals
Birds are colourful
Birds are smart
Birds fly.

#### How do you bond with animals? By Lucy

How do you bond with animals?
Loving them
Kindness
Feeding them
Giving lots of company!

#### What is life? By Summer

What is life?
Happy smiles,
Loving families,
Funny moments,
Every memories!

#### What is Pikachu? By Noah B

What is Pikachu? Electric mouse Lightning attacks Hates Ash That's Pikachu.

#### Quantrain

**Rain** by Alyssa Softly silently hitting the ground Puddles appear splashing up and down Suddenly fastly pounding down Inside wrapped up with a frown.

**Codww2** by Liam Zombies are killing Call of duty is thrilling Rifles are blasting Cod is lasting.



#### Science

#### Leeta Rutherford (Science Teacher)

#### **Foundation Science**

The students in Foundation had a fun lesson with Miss Thompson exploring why certain materials are used to package our food. As a part of exploring different packages the students undertook an experiment to see what different types of packaging has on an ice cube. They wrapped an ice cube in selected packaging then let it sit on the table for five minutes and then the students unwrapped and looked at if the ice cube melted, if any water was absorbed by packaging or it soaked through.



Foundation experimenting on different packaging.

#### Year 3/4 Science

The students in Year 3/4 have become exploring the focus question 'How do you decide upon which material to use for a particular purpose?' They have undertaken a first-hand investigation looking at whether materials leak, soak or repel liquid. Students

will use this knowledge to help them with deciding the type of materials to use or not use in their design task.



Year 3-4 discussing the pros and cons of various packaging.

#### **Primary Sports Uniform Day**

There have been a few changes to timetables which has meant PE and Sport days have changed. Below are the new days for Sports Uniform.

Class	Mon	Tue	Wed	Thu	Fri
Found	PE				Sport
Year 1-2		PE			Sport
Year 3-4	PE			Sport	
Year 5-6		PE Every 2 <sup>nd</sup> Tue			Sport



**Secondary News** *Jean Duma (Head Teacher)* 

#### History Leeta Rutherford (History Teacher) Year 9/10 History

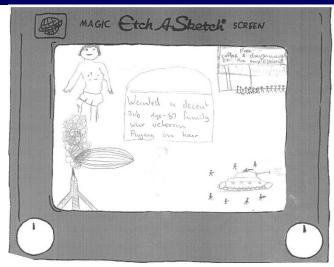
The Year 9 and 10 students have been undertaking a decade study for a decade of their choice. As a summing up task, the students undertook an etch-a-sketch drawing that had to represent their chosen decade. Can you figure out which decade each drawing is representing?



Dylan



Ella



**Emily** 



Emma



Mia



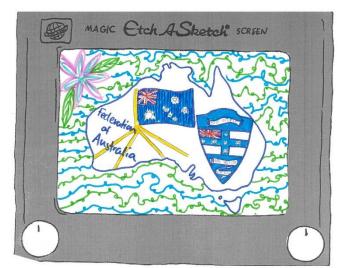
#### Term 4 – Week 4



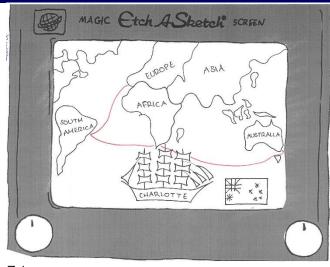
Summer



Tara



Taylen



Zahra

#### Decade Answers.

- Sahra 1780s
- zooei nalyaT
  - Tara 1970s
- Summer 2000s
  - s0961 siM •
  - Emma 1910s
  - Emily 1930s
  - s066t 6lla •
  - Dylan 1860s

#### Science

#### Leeta Rutherford (Science Teacher) Year 9/10 Science

To aid the Year 9 and 10 students with their final design STEAM challenge for the dynamic earth unit they undertook a creative thinking challenge. Five items (soda water, chalk, food colouring, cornflour, oil) were placed in the front of the class. Students could only use these items and any equipment in the science room to run an experiment or demonstration. They had the added challenge of linking their experiment to the dynamic earth unit. The students came up with demonstrations of or linked to tsunami waves, liquefaction and volcanoes.

### Term 4 – Week 4

#### Friday 6<sup>th</sup> November 2020



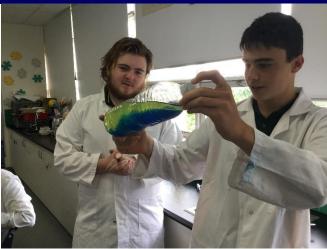
Zahra, Ella, Emily and Tatum – liquefaction



Emma and Mia - demonstration of the ocean.



Taylen and Tara, Oobleck



Owen and Dyson Tsunami model



Dylan, Beau and Kurt – displaying the layers in the ocean.



Will and Jordan - Volcano



## Careers Kim Morton (Careers Teacher)

Last week three of our Year 10 boys went out on Work Experience and all had a most positive week. Reports back from the employers were

excellent and we would like to thank them for hosting them this year.

Work Experience allows students to see what different occupations do and helps them gain an understanding of employer expectations and what the working world entails.

Year 10 students now will enter their final two years of schooling and along the way some will exit to apprenticeships and traineeships, some will stay on and then decide on their pathway; either to employment or further study at TAFE or University or a combination of both. It must be remembered that there is no set pathway for one person. As I say to all students you will be working for a long time, so enjoy the journey and keep developing your skill set and learning until you are happy with what you do. Learning continues for life.



Jack completed Work Experience at Kubota.



Riley completed Work Experience at Kyalite Pistachios.

#### **UNIVERSITY NEWS**

## Australian University Ratings and Rankings 2020/2021

The section below provide a series of ratings and insights across a range of indicators. On the premise that no institution is superb at everything, these rankings are high-level indicators and should be used to gain comparative insights into the varying strengths and characteristics of each institution.

https://www.gooduniversitiesguide.com.au/university-ratings-rankings/2021/overall-quality

#### **CSU ATAR Advice Day**

18 and 19 December

You can discuss all things ATAR, courses, scholarships, admission pathways and next steps. More details to come!

https://study.csu.edu.au/life/events

#### **UOW Transforming Futures Scholarships**

Value: \$5,000 - \$3,000 AUD per year Open/Closing Dates: July 20, 2020 – December 11, 2020

These scholarships recognise the capacity in all students and seek to provide support to ensure students can participate in, and make the most of their higher education. Application Criteria: • Applicants must be • commencing study in 2021 as a first year undergraduate student at UOW (no previous enrolment at UOW); • Applicants must remain enrolled full-time at the University of Wollongong for the duration of the scholarship; <a href="https://scholarships.uow.edu.au/scholarships/search?scholarship=2021">https://scholarships.uow.edu.au/scholarships/search?scholarship=2021</a>

#### **US and UK Application Advice**

Virtual Information Sessions available for schools and students. Topics include: Applying to U.S. and UK universities, Applying as an Athlete to a U.S. College and Applying in the Arts. (Drama,



Music, Art) Please contact Deb Wheeler to set up a time for a zoom meeting with your school community. <a href="mailto:deb@uscollegeconnect.com">deb@uscollegeconnect.com</a>

#### **Avondale Scholarships Apply Now**

Avondale University College offers a range of scholarships including academic based scholarships for high achieving students, indigenous student scholarships and course specific scholarships. Scholarship application are now open. To apply or for more information call Student Administration Services on 0249802377. Visit the website:

www.avondale.edu.au/scholarships

## New Entry Requirements & Scholarship @MIT Sydney

MIT Sydney has adjusted their entry requirements for their Business and IT Networking degrees. All students who meet the new entry requirements will also be eligible for the 'Beyond the ATAR' scholarship which significantly reduces their tuition fee and means that students have less FEE-HELP debt once they complete their degree. For more info, download the flyer from: https://tinyurl.com/y5hb6zvg

## Reminder – Bond University Year 12 Entry for 2021

To ensure students are not disadvantaged by the hardship caused by COVID-19, Bond University will support students by assessing applications based on their first semester Year 12 results. Learn more at:

https://bit.ly/2DVelGm

#### TAFE NEWS

**Do you like Business and want to get started?**Do a Diploma of Business from February 2021.

- Completed by June 2021.
- Runs 3 days per week.
- Includes Work Placement.
- Job placement mentoring provided.
- Employment skills given.
- High employment success rate.
- Includes Nationally recognised business and IT skills.
- Wollongong

ITeC RTO provider of Nationally recognised Diploma Course No 50215 Diploma of Business. As an extra option, successful completion of this Diploma of Business course will entitle students to one year credit on the 2 year Associate Degree Program. The Diploma will also be covered by NSW Government Smart & Skilled funding meaning that students (parents) will save both

time and money by completing the program this way. The 2 Year Associate Degree of Business & Commerce has a clear pathway to a Bachelors Degree as well, meaning that for one more year of study they will achieve their Bachelors Degree.

file:///C:/Users/garyg/Downloads/Diploma%20of% 20Business\_HSC%20students\_%2302%20(002). pdf

#### **NECA Electrical Apprenticeships Apply Now**

Currently we are recruiting for over 100 Electrical Apprentices for the 2021 New Year.

We welcome all HSC Students after their exams. <a href="https://www.necatraining.com.au/electrical-apprentices/expression-of-interest/">https://www.necatraining.com.au/electrical-apprentices/expression-of-interest/</a>

## Tocal Fulltime Agricultural Course Applications Remain Open

Applications for next year remain welcome & can be made via link below.

Interviews are part of the application process & can be in person, video or phone. For more info on Ag or Performance Horse fulltime courses, or Ag or Dairy Traineeships, please contact James Hooke, Deputy, on 0427540226:

https://www.tocal.nsw.edu.au/students/future-students

#### **Tocal College, Agricultural Traineeships**

Tocal College delivers Fee Free traineeships in Certificate III & IV in Agriculture for eligible people that gain farm based employment. Trainees attend Tocal for 6 one week training blocks per year, Units include: Livestock husbandry & Nutrition, Precision farming, Tractors, Quads, Fencing, Pastures, Dairy, Chemicals, Beef, and Sheep.

Contact Jill Clayton Traineeship Coordinator 0448 354 911.

#### **Customised Bachelor of Business**

TAFE NSW is now offering a customised Bachelor of Business to the Aboriginal and Torres Strait Islander community. Empower your students with a TAFE NSW Business Degree. Find out more

https://www.tafensw.edu.au/courses/aboriginal-education/higher-education/business

#### **WPC Group Apprentices**

☐ Apprenticeships/ traineeships are a fantastic way to **kick start your career** in an industry you are passionate about.

□ Earn while you learn: a **hands-on** opportunity to gain experience & work towards a nationally-recognised **qualification** while getting **paid**! Call us: 1300436257



https://wpc.jobreadygateway.com.au/vacancies

## Discover a world of opportunity through an apprenticeship or traineeship

Under the NSW Government Fee Free Traineeship Initiative, NSW trainees that commence their training on or after 1 January 2020 may be eligible for fee free training. For more information go to <a href="mailto:vet.nsw.gov.au">vet.nsw.gov.au</a>. For eligible trainees there will be no requirement to pay the fee.

Training Services NSW has published their latest guide, Create your future now – apprenticeships and traineeships in NSW, to help young people to make informed career decisions. For further information on apprenticeships and traineeships and other VET options, contact your local regional office by calling 13 28 11. Please visit: <a href="https://www.training.nsw.gov.au/apprenticeships\_traineeships">https://www.training.nsw.gov.au/apprenticeships\_traineeships</a>

#### 1300apprentice

See current opportunities here.

An apprenticeship program is generally completed over 4 years. Within the first 3 years, you will complete structured training by a Registered Training Organisation (RTO) such as TAFE. Competency-Based Completion can be attained through discussion with your host employer, RTO and your Field Officer. Find out how 1300apprentice can help. https://www.1300apprentice.com.au/jobs?type=apprenticeship

## Autism Spectrum Disorder (ASD): TAFE Statement in Education and Employment Pathway

Information Session 23 March 2021. TAFE NSW Ultimo is delivering a course in 2021 specifically designed for people with ASD to enhance their social, occupation and communication skills. Students who have left school will be able to develop communication and social skills for employment. Eligibility criteria applies.

Email <u>amanda.tierney@tafensw.edu.au</u> or 0413 164160 for details and registration.

#### **COLLEGES**

## AIE Open Day - game development, 3D animation and visual effects

21 November. 10am - 3pm Discover the courses designed to get you started in game development, 3D animation and visual effects at the AIE Open Day on Sat 21st November, 2020. AIE will be running this event on campus and online. AIE Campuses in Sydney, Adelaide and Canberra will be open for you to check out the facilities, meet our teachers and see our student work. We will also be holding a livestream of our Open Day for prospective students in Melbourne and those thinking of studying online.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with:
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

https://aie.edu.au/aie\_event/open-day/

#### **SAE Virtual Information Night**

10 December. 6pm

If you're considering studying creative media (Animation, Audio, Creative

Industries, Design, Film or Games or Web & Mobile) join us online at Virtual Info Night and hear from our industry-experienced lecturers, learn how you can pursue your passion in this dynamic and expanding industry.

Get exclusive behind the scenes tours, check out course presentations, view student work and ask all the questions you have about studying at SAE by speaking with our friendly SAE crew team live during the event.

Plus... Register and attend for your chance to a win a <a href="https://example.com/HTC Vive Cosmos Virtual Reality">HTC Vive Cosmos Virtual Reality</a> headset valued at \$1299

https://sae.edu.au/news-and-events/events/sae-virtual-info-night-december-10-2020/?date=2020-12-10&id=1735

Register here:

https://study.sae.edu.au/sae-virtual-infonight/?source=vin-eventref& ga=2.188523496.1362023597.1603250716-136543536.1588763427

## The Academy of Film, Theatre & Television is launching a Scholarships Program 2021

Everyone deserves the opportunity to explore their passion and talents and to fulfil their potential. Which is why The Academy of Film, Theatre & Television is launching two new scholarships in February 2021. A Scholarship for Aboriginal and Torres Strait Islander students and a Creativity out of Adversity Scholarship.

https://www.aftt.edu.au/admissions/domesticstudents/scholarships



#### Term 4 - Week 4

#### The Hotel School Scholarships

If you would like to join an exciting industry that will continue to grow past 2020, your pathway could be through The Hotel School's scholarship program.

Our degrees are fully online and when campuses open again study can be completed on any of The Hotel School campuses. Sydney, Melbourne or Brisbane.

Enquire now and talk to our course advisors about applications for

Session 1 2021

To apply for a scholarship, your first step is to complete your course application process and then:

- Submit an essay or video explaining: 'What interests you about a career in the hospitality and tourism industry?'
- Essay has a limit of 500 words with a tolerance of +/- 10%
- Video should be 2 mins in length (max)
- Applicants should submit <u>either</u> their essay or video through the following email address: <u>thssscholarships@scu.edu.au</u>, along with their academic records and a passport size photo.

https://hotelschool.scu.edu.au/apply/scholarships/

## Whitehouse Institute of Design Early Entry 2021 – Fashion or Interior Design

3 easy steps to apply.

The only design institute in Australia with Alumni showing at

Haute Couture Fashion Week, Paris #1 School in Australia for Interior Design by Domain.com.au

87% of Whitehouse graduates successfully secured jobs in the industry.

email enquiry@whitehouse-design.edu.au https://whitehouse-design.edu.au/apply

## The Blue Mountains International Hotel Management \$20,000 Scholarship

\$20,000 scholarship value. Scholarships will be awarded based on our Three Pillar Approach to learning. These three pillars are Professional and Personal Growth, Practical Skills Development, and Academic Achievement - ensure that you graduate well-rounded, worldly, confident and prepared for a rewarding future.

For more information about scholarships, please call us on 02 9307 4600 or email

enquiry@bluemountains.edu.au

If you are a stand-out student, nominate here: https://www.bluemountains.edu.au/apply/scholars hips-available/ Application Form here:

file:///C:/Users/garyg/Downloads/TUA\_BM\_Schol arshop%20Form%20v1.1%20(4) PRINT.pdf

## Introduction to Childcare eLearning Course eLearning Tool

Written by Early Childhood Educators, this Introduction to Childcare Online Course gives your students a taste of Children's Services, with a certificate included, so they can decide whether childcare is right for them. This course is also being used in Children's Services and centres as a recruitment tool where preference for positions are given to those who complete this course – so it could be the advantage and foot in the door they need!

- Only takes 1-2 hours to complete
- Includes voiceover and sound
- Rendered 3D layout of a real service (including Virtual Tour)
- Interactive panoramas of real indoor and outdoor areas
- A 'Day In The Life Of An Early Childhood Educator' with real-life scenarios and tasks
- Short guiz + certificate to show completion
- · Large industry knowledge base

https://www.childcareresourcesaustralia.com.au/schools/

#### Endeavour College of Natural Health - <u>Discover our NEW short courses & Diploma of</u> <u>Health Science</u>

18 November. 12.00 noon

Start your study journey and discover the holistic world of natural health with four new short courses available to complete entirely online. Also hear about our new course Diploma of Health <a href="https://www.endeavour.edu.au/events/discover-our-new-short-courses-Diploma-health-science/">https://www.endeavour.edu.au/events/discover-our-new-short-courses-Diploma-health-science/</a>

## **Endeavour College of Natural Health - Study Remedial Massage**

24 November. 5pm

Improve your clients' movement, pain management, injury prevention, performance, and recovery through Endeavour College's HLT52015 Diploma of Remedial Massage. This course enables you to register to become a registered health provider and provides valuable skills toward running your own practice.

Join Endeavour College's academics for an interactive webinar to get insight into studying Remedial Massage at Endeavour College of Natural Health.

https://www.endeavour.edu.au/events/studyingremedial-massage-at-endeavour-college-ofnatural-health2/



#### Term 4 - Week 4

#### Endeavour College of Natural Health - Transitioning from high school to higher education

24 November. 6pm

If you're a high school student who is interested in a future in natural health, this webinar is for you. We'll cover everything you need to know about our courses, enrolling, fees as well as student life to equip you with the knowledge to smoothly transition into higher education.

https://www.endeavour.edu.au/events/transitioning-from-high-school-to-higher-education/

## Journalism units open to senior secondary students

Jschool is offering a choice of three introductory journalism units to senior secondary students over the summer break and into 2021. Emphasising hands-on journalism, the online units are designed to expand writing and research skills. More details at:

https://Jschool.com.au/Single-subjects

#### **Micro Journalism Units**

For a taste of journalism, Jschool offers micro reporting & news writing units over summer, open to senior secondary students. The five-week units are studied online. For more information go to: https://Jschool.com.au/micro

#### **Training at My Freight Career**

My Freight Career (RTO 90489) is a leading provider of International Freight Forwarding and Logistics training in Australia. Built on over 20 years of industry experience – our online courses provide training you can trust with the convenience of flexible, affordable, on-demand delivery.

https://myfreightcareer.com.au/traineeship/ Online training

https://myfreightcareer.com.au/freight-logisticsonline-training-courses/

#### **GENERAL NEWS**

#### **Enhanced School Leaver Support Measure**

Enhanced School Leaver Support Measure. Every Year 12 student in Australia will receive information about the service that includes a digital information kit as well as access to the School Leaver Information Service that is via phone or text. Further information is available at the link:

https://yourcareer.gov.au/school-leavers-support/

## Wesley Hope Program for At-Risk Young People

The Wesley Operation Hope program works with young people aged 12-17 over a 12 week period, with sessions held once a fortnight during school terms. During the school holiday periods, participants are engaged in a week long expedition activity, focusing on the skills they have been learning throughout the program. <a href="https://www.wesleymission.org.au/about-us/what-we-do/helping-people-most-in-need/teenagers-and-young-adults/wesley-operation-hope/">https://www.wesleymission.org.au/about-us/what-we-do/helping-people-most-in-need/teenagers-and-young-adults/wesley-operation-hope/</a>

#### Why it's okay to change your career path

As the closing date for university applications draws closer, many students start to <u>panic about choosing their preferences</u> — but it's not a onceand-for-all decision. It's not unusual to have a change of heart, even as you move into the workforce. After all, it's <u>hard to know where your specific interests and strengths lie</u> until you get started.

https://www.gooduniversitiesguide.com.au/education-blogs/student-life/why-it-s-okay-to-change-vour-study-path

## Being bi-lingual: The career advantages of knowing two languages

Australia is renowned for its cultural diversity, particularly in the major cities, yet only 21 per cent of the population speak more than one language. With this in mind, it shouldn't come as a surprise that employers view this fifth of the country as attractive prospects in the workforce.

#### **Employability**

The job market is as competitive as ever and employees sift through countless CVs when trying to fill positions. A second language is a sure-fire way to standing out from other applicants, regardless of the role. Even if the company deals exclusively with English-speaking clients and customers, a second language demonstrates a willingness to commit time and effort to learning. <a href="https://www.gooduniversitiesguide.com.au/education-blogs/career-guidance/being-bi-lingual-the-career-advantages-of-knowing-two-languages">https://www.gooduniversitiesguide.com.au/education-blogs/career-guidance/being-bi-lingual-the-career-advantages-of-knowing-two-languages</a>

## Foreign Language Skills Can Be Useful in Finding a Job

A quick search on "Indeed" job seeking site found a whole range of jobs stating preference for people with foreign language skills. Mostly in finance, medical and cyber security industries and a few in media. Check them out here: <a href="https://au.indeed.com/jobs?q=foreign+language+">https://au.indeed.com/jobs?q=foreign+language+</a> &l=2000



## Five questions to expect in your next job interview

Job interviews are one of the more nervewracking experiences going around, particularly for university graduates. Polishing your resume, drafting cover letters and building a portfolio can be taxing, and that's before you even get to the interview stage.

https://australiancareersservice.com.au/2017/09/0 5/five-questions-expect-next-job-interview/

## MyRoad: Free Online Mentoring Program for Year 10-12 Women

MyRoad is a free online mentoring program for years 10-12 girls offered through The Beacon Foundation. MyRoad connects young women across the country to skilled industry volunteers via Zoom Call to offer advice regarding transferable skills such as resilience, teamwork and collaboration. Contact on <a href="mayroad@beaconfoundation.net">myroad@beaconfoundation.net</a> and more info at: https://ebeacon.net.au/myroad register/

#### Nutritionist vs Dietitian vs Sports Dietitian – Australia – by dietitian Aidan Muir

Outside of people within the profession, it is confusing what the differences are between nutritionists, dietitians, and sports dietitians. I recall that even halfway through my university degree that was focused on providing the qualification of becoming an accredited practising dietitian, we got asked what the difference was from one of our lecturers and nobody in the room had a good answer.

And regarding becoming a sports dietitian, I did not know the full requirements until near graduation, or maybe even slightly after. <a href="https://www.myhealthcareer.com.au/dietetics/difference-between-a-nutritionist-dietitian-sports-dietitian-by-aidan-muir/">https://www.myhealthcareer.com.au/dietetics/difference-between-a-nutritionist-dietitian-sports-dietitian-by-aidan-muir/</a>

#### **Girls Tech Day**

14 to 28 November

Amazon Web Services Girls' Tech Day is going virtual this year! Join us on a magical and adventurous journey to explore Machine Learning, Artificial Intelligence, Coding, Virtual Reality, Robotics, and more! This complimentary event will inspire and motivate girls and young women, ages 8-24, to develop and pursue their interests in technology.

**Speaker Sessions** – Learn about the experiences of students and women in technology.

Interactive Coding Sessions – Compose a melody, code virtual models to walk a runway, program an online robot, or build avatars using artificial intelligence.

**Fun with STEAM** – Create magic with STEAM (Science, Technology, Engineering, Art, & Mathematics), download the Girls' Tech Day playlist, and much more.

http://www.cvent.com/events/aws-girls-tech-day/event-summary-

bd517818d92949a99198c428f7b8a8bf.aspx?mc cid=e281a8a87d&mc eid=7497c3a562

## Make Your Move - International Freight & Logistics Career Opportunities

The international freight and logistics industry in Australia is seeking interest from students leaving in Yr 10-12, who may be interested in the global freight and logistics industry. There are 2 year traineeships available through the RTO called My Freight Career, who is aligned with the industry association. More information for students, parents and career advisers is available at: https://www.mymv.org/





#### **VOLUNTARY CONTRIBUTIONS 2019**

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year. These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

Current voluntary	Infants and Primary	\$55.00
contributions including Technology Fee	Years 7 + 8	\$100.00
	Years 9 + 10	\$60.00
	Years 11 + 12	\$60.00
Agriculture	Year 9 + 10 elective	\$40.00
Design and Technology Food:	Year 9 + 10 elective	\$75.00
Drama (Fairfax)	Year 9 + 10 elective	\$50.00
Industrial Technology	Year 9 + 10	\$55.00 plus materials
Hospitality	Stage 6	\$200.00

#### Wanted

Second hand secondary uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

#### **LOST UNIFORMS**

Please name your uniforms so we can return items that are misplaced. Lost property is currently overflowing with items, so if your child is missing anything please encourage them to have a look.

#### **School Bags**

Tooleybuc Central School has school bags which are available to purchase from the front office.

One size only Large \$58.00





#### **Tooleybuc Central School Uniforms**



#### Hats

TCS dark green bucket school hats \$15, are available for purchase from the front office

#### **Beanies**

TCS green and yellow beanies \$11, are available for purchase from the front office.



#### **Tops**

Primary:	Dark green polo shirt (TCS)		
	Jumper (TCS)		
	Girl's summer culottes/green		
	check dress		
Secondary:	Green/yellow polo shirt (TCS)		
	Rugby Jumper (TCS)		

#### **Pants**

Primary &	Grey School Pants/		
Secondary Boys	Grey Max Dax		
Primary Girls	Green school pants/		
	Green Knee Length Shorts		
Cocondon Cirlo	Black school pants/		
Secondary Girls	Green Knee Length Shorts		

#### **Sport**

•	Yellow polo shirt
Primary & Secondary	Green basketball shorts Green tracksuit pants
-	Sneakers

#### Jacket

Secondary Boys	Embroidered black jacket from
& Girls	Blue Sky.

#### **Shoes**

Primary &	
Secondary Boys	Black Leather Shoes
& Girls	

#### Stockists of School Uniform

#### **Blue Skv**

Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

#### Clark's Gift Salon

183 Campbell Street, Swan Hill - Phone 50321616

#### **PSW**

Bootleg Pants – Polyester 465 Bottle can be purchased online at <a href="http://www.psw.com.au/">http://www.psw.com.au/</a>





The virtual selective school for rural and remote students

Aurora College is NSW's first virtual selective school, offering a mix of online and residential school classes. The school provides innovative, flexible learning in a whole new context, by allowing students to connect locally and learn globally.

Aurora offers selective classes in English, mathematics and science to gifted and talented Year 7-10 students from rural and remote areas across NSW. Students connect with their teachers and classmates in timetabled lessons through a virtual learning environment.

The college also gives Year 11 and 12 students the opportunity to study subjects not available in their own school. For details please visit our website.

Aurora College offers students expanded career options through innovative partnerships with businesses and with scientific, cultural and tertiary education institutions.

Students in the selective stream are chosen in the same way as students in all other selective classes in NSW government schools.





Applications for entry into Year 7 in 2022:
Opened 13<sup>th</sup> October 2020
Close 16<sup>th</sup> November 2020
Visit Selective High Schools website
http://bit.ly/shs2019

For further information about Aurora College, visit the our website www.aurora.nsw.edu.au | or phone 1300 287 629





# **CLEANERS REQUIRED**

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook Joss Cleaning

or visit our webpage www.jossgroup.com.au





#### **News from**

## murray river Community Services

#### Karen Buckley-

Team Leader Social/Respite



0429 991 841

team.

**Deb Porteous -**

Tooleybuc

Social/Respite

0437 398 259



Barham

Social/Respite

0437 749 789

#### Leanne Orr-

Transport,

Meals on Wheels,

Home Mods &

Maintenance

0427 991 842

The Community Services Home Support Program offers a range of services designed to support frail older people to remain independent and living in their own home.

The Community Transport Program can provide transport for people living remotely, that do not have access to other transport means. This type of transport is not age specific

Our Community Transport team are working hard to keep you moving.

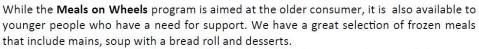
Moulamein-Swan Hill Community Bus-Thursday weekly Bus will now depart from the Moulamein Business Centre at 0945am. Wakool Express Bus - Friday Fortnightly - Bus will depart Wakool Post Office at 09:30am Bookings essential — Limited seating on all bus trips.

Other transport trips in car across all districts including shopping —we can now travel into the Border Region. Bookings essential — Limited seating for all trips.

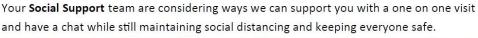
Call the Transport Coordinator—Leanne. 0427 991 842

With all transport queries and for bookings prior to trip.

These measures are to ensure we adhere to our Covid19 Safe Plan as per government directions.



Our meals are home cooked in a small commercial kitchen in Deniliquin and then snap frozen to maintain freshness and quality, before being delivered right to your door Speak to one of our team if you would like to know more.



One way we are thinking of is a "Letterbox Chat". If you are interested and would like to receive a visit please contact your local team member for more information.

For those who need a bit more support we are able to provide supported shopping or well being check phone calls.

Contact your local team member for information on any of these services.

Covid 19 Border Passes are available at www.service.nsw.gov.au

you need contacting Services NSW give your team member a call and we can point you in the right direction.

Our **Home Maintenance** team have drawn up a short list of repairs that can be attended to through the program. If you are wanting to make use of this service you will need approval for Home Maintenance from My Aged Care—a simple process. Call your local team member if you'd like to know more.

- House Signage, clear street no. on letters boxes/front gate/fence, for emergency services in called
- Broken/unsecure locks on front or back entry/exit doors
- Broken windows, as in frames/locks, NOT glass
- Anything obstructing footpaths to/from residence, ie overgrown trees  $\Rightarrow$
- Changing/replacing light globes  $\Rightarrow$
- Minor floor issues, slips/trips/falls hazards  $\Rightarrow$
- Flywire on screen doors and windows can be replaced if needed
- Minor repairs from a handyman if it is a safely issue





## The Focus on New Fathers program provides a free text message based service called SMS4dads.

#### Free tips, tools and links - directly to dad's phone

To help new dads and dads-to-be navigate the changes, before and after the birth of their baby, NSW Health and the University of Newcastle have partnered to deliver SMS4dads.

Once new dads and dads-to-be are registered, they'll receive practical tips, tools and helpful links directly to their phone.

#### You're eligible:

- if you are 18 years or older
- if your partner is at least 16 weeks (four months) pregnant; or
- from your baby's birth until they are 6 months old.

Just wanted to say thanks for this project. The text messages have been invaluable and I couldn't have known just how much I needed to receive these short and helpful messages.

#### Registration is free and easy.



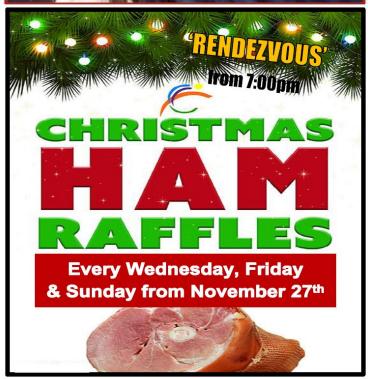
www.health.nsw.gov.au/ focus-on-new-fathers

#### For more information

visit www.health.nsw.gov.au/focus-on-new-fathers







#### WOTS ON ....

#### MONDAY:

Watch this space

#### WEDNESDAY:

Raffles from 7:00pm Snowball Draw

Watch this space

#### FRIDAY:

Raffles from 7:00pm Badge Draw

#### TUESDAY:

Bingo 7:30pm

Watch this space

#### THURSDAY:

Bingo - 11:30am Happy Hour 5 - 9pm Watch this space

#### SATURDAY:

Just have fun......

#### SUNDAY:

Raffles from 7:00pm Badge Draw











#### Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

#### About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

#### About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

#### Contact us

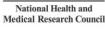
This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:





**Australian Government** National Health and





GU Ref No: 2019/146







#### **BRM ELECTRICAL**

#### **BRAD MORRIS**

e. <u>brad@brmelectrical.com.au</u> a. PO Box 91, Tooleybuc 2736 m. 0400 067004

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NSW rec-318397c

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50305594 Fax
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Hot & Cold Water Installation
Gas Works
Roofing
Gas & Wood Heater Installation
Ducted Air Conditioner
Services/Installation

Free no obligation quotes Plumbing since 1985

Agent for Lowara Pumps

# healthdirect TOOLEYBUC COMMUNITY HEALTH CENTRE

The Health Centre is open

To make an appointment please contact the Central Intake Service on 1800 654 324

Balranald Medical Centre- 50201055 Swan Hill Medical Group- 50331711 Swan Hill Primary Health Medical Clinic-50339900

Swan Hill Tristar-50322133 Or <u>Nurse on Call</u> on 1800 022 222

#### **NURSE ON CALL**

Contact Nurse On Call via Health Direct for any after-hours advice This number can be used Australia wide.

Ph: 1800 022 222

See web page below.

https://www.healthdirect.gov.au/

# LEN MCPHERSON REGISTERED ELECTRICAL CONTRACTOR Vic. R.E.C 2555 NSW 144714C 122 Monash Ave NYAH WEST 3595 A.H. (03) 5030 2725 EMAIL phantastic2000@hotmail.com MOBILE: 0418 582 855 Box 209, Nyah West, 3595

# MCKESSON Empowering Healthcare ACCESSLINE Depression Suicide Anxiety Psychosis Alcohol & Drugs Sexual Assault Help for All Ages Anytime

1800 800 944 or (02) 9425 3923

NYAH DISTRICT GOLF CLUB Golf Club House can be hired for MEETINGS PARTIES WEDDINGS etc Inquiries Phone 50302087



## Interested in being a volunteer driving?

Murray River Council's Community Services Team has an expanding community transport service and are now on the look-out for more volunteer drivers.

All volunteers are provided with training, ongoing support and mentoring. The amount of time someone may volunteer is completely up to the individual; every little bit counts!

If this sounds like something you'd like to get involved in, contact your local Community Services Co-Ordinator via 1300 087 004.

We value your contribution to our community

#### Justice of the Peace

At Koraleigh

Kanny Miller 0421 759095 Leave a message

#### **Tooleybuc Post Office**

Newsagency

Gift Shop

#### Open

Monday to Friday 7:00 to 5:00 Saturday 9:00 to 12:00 Sunday 8:00 to 11:00

Phone: 03 50305303

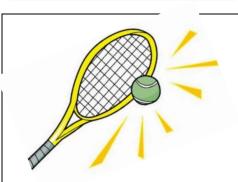
#### LUCKY PHIL'S

76e One Scop Shop

Budget Rite & Take-Away Food Store
OPEN 7 DAYS A WEEK 6.30am - 7:00pm

Large Range of Groceries,
Take-away Foods,
Pizzas, Rotisserie Chickens,
Fruit & Vegetables, Eftpos Available

Murray St, Tooleybuc • (03) 5030 5090



#### **Term 3 Tennis lessons**

Koraleigh Tennis Club

Tuesdays' from 4pm

All ages & playing levels

Enquiries & to register contact David Jonkers 0411 635907 or daviditennis10@gmail.com



Term 4 – Week 4	Friday 6 <sup>th</sup> November 2020			
	SISTANCE SCHEME N FOR SUPPORT			
Personal Details				
Student's Name:	Class/Year:			
Home Address:				
Parent/Guardian Name:  Family Support  Reason Support is Nee	eded			
Support Details Assistance can be provided with	th uniform/books/excursions			
Details of Request:	Amount			
is a limit to the amount each child can access.	e. Please forward this application to the Principal. There			
Signature of parent/guardian:	Date:			
Approved/Principal Signature:	Date:			
Student Absence Note  Name: Class: Teacher: This student was absent from/ to Due to the following: Illness injury Medical/Dental Appointment Family Commitments (ie: Funeral etc)	Tooleybuc Central School Bus Variation to Routine  Child/Children Will be travelling on the			
Other give reason	Time: am / pm Signed:			
Additional comments:	Date			
Medical Certificate supplied.				
Signed:				
Date				



## Calendar 2020 Term 4

	1011111				
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 5	Nov 9 7-10 Exams	Nov 10 7-10 Exams Food Technology 9:25am-12:30pm	Nov 11 7-10 Exams Rememberance Day	Nov 12 7-10 Exams	Nov 13 7-10 Exams School Fun Run
WEEK 6	Nov 16  2021 Roll Over to new school year Sec  Whole School Transition Day Preschool Orientation Whole day Year 6 into Year 7 Transition	Nov 17	Nov 18	Nov 19	Nov 20
WEEK 7	Nov 23	Nov 24 Michelle White	Nov 25	Nov 26	Nov 27 Blue Casual Dress Day
WEEK 8	Nov 30 Michelle White	Dec 1	Dec 2	Dec 3 Michelle White	Dec 4
WEEK 9	Dec 7 Swim School	Dec 8 Swim School	Dec 9 Swim School	Dec 10 Swim School	Dec 11 Swim School
WEEK 10	<ul> <li>Dec 14</li> <li>Presentation Night</li> <li>Reports Distributed</li> <li>Michelle White</li> </ul>		Dec 16		
		HOLI	DAYS		
WEEK 1	<b>Jan</b> 25	Jan 26	Jan 27	Jan 28	Jan 29 Eastern Division commences
WEEK 2	Feb 1	Feb 2	Feb 3 Staff Development Day	Feb 4  • Staff Development Day  • Best Start Interviews	Feb 5  Tooleybuc is in the Western Division  Students return 2021  Best Start Interviews
WEEK 3	Feb 8 Foundation Students Commence				



