



THE BRIDGE

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL 26th October 2018 Term 4 Week 2

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Melanie's Thoughts



2019 Planning

2019 planning is well underway with timetables and structures being created to ensure a smooth transition. On Monday the 19th of November our secondary school will 'roll over' to the 2019 school year. Subject selections have taken place and students should be getting organised for this transition.

On Monday the 19th of November we will once again hold a 'Whole School Transition Day' where all students will have a day with their 2019 class and teacher.

Primary Classes

Our 2019 primary structure will be
Foundation - Mrs Hazlett
Year 1/2 - Miss Gentle
Year 3/4 - Miss Overall
Year 5/6 - Mrs Frost.

Attendance

We have currently been working with the Home School Liaison Officer to monitor student attendance. At Tooleybuc Central School we aim for all students to have 95% attendance this gives students the best opportunity to achieve their personal best. Once attendance falls under 90% it is of concern, however once attendance falls below 85% the HSLO becomes involved.

Because when you think about it, if your attendance is 85% or less then you have missed at least 30 school days in that year, which is over half a term. If this pattern continued over your entire schooling you would miss one and a half years of school.

What can you do:

- If you have to access medical appointments etc during school time, ask for a medical certificate.
- Try and plan holidays during school time. A family holiday is not an approved school absence.
- If there is a reason your child is not wanting to attend school, make an appointment with the school to try and make a plan to support their continued attendance

Our HSLO will be visiting the school in the near future and working with families with attendance under 85%.



Irrawang CAPA Students entertaining the students of Tooleybuc

Tooleybuc Central School,
Murray Street, Tooleybuc,
NSW 2736

Ph (03) 50305422
Fax (03) 50305408

Email:
tooleybuc-c.school@det.nsw.edu.au

Web:
www.tooleybuc-c.schools.nsw.edu.au/

Uniform

All students should currently be wearing their summer uniform, which includes a hat. We are currently not lending hats from the office so please make sure you bring one from home.

Just a reminder that sneakers are ONLY to be worn with sports uniform. It is expected that black leather shoes are worn with school uniform.

Wellbeing Week

During Week Four, we will be holding a 'Wellbeing Week' where students, parents and teachers will have the opportunity to participate in a range of different activities focused on supporting our social and emotional wellbeing. There will be a number of opportunities for parents to visit our school and participate in activities, we would encourage as many people as possible to come along to these events. Each child should have received a flyer outlining the events for each day. The following events are open to parents.

Monday 12th November

12 pm - Primary
 12.50 pm - Special Person's Day - Pizza Lunch
 1.35 pm - Secondary performances

Tuesday 13th November

YOGA Parent Session @ 2.15 pm - bring a towel or yoga mat.

Thursday 15th November

Headspace Parent Session - 3.15 pm in the Seminar Room



Students using the Mud Kitchen

Tennis Players Needed

Tennis Players needed for the Saturday competition.



Contact Stephen Taylor
 Home: 50351463 or School: 50351270



Year 3-4 arrive at Ballarat, looking forward to hearing of their adventures.

Up Coming Events Term 4 2018

Week 3	Work Placement
Mon 29 Oct	Year 6 into 7 Transition
Tue 16 Oct	Heat Up Lunches HSC PDHPE 9:25 – 12:30 pm
Thu 18 Oct	Breakfast Club Secondary Bendigo STEM Activities & Uni HSC VET Hospitality 1:55 – 4:00 pm HSC Stand Eng Paper 1 10:20-12:30 pm HSC Stand Eng Paper 2 9:25–11:30 am
Fri 19 Oct	
Week 4	
Mon 5 Nov	Special Person Day
Tue 6 Nov	Heat Up Lunches Yoga
Wed 7 Nov	National H/PE Activities
Thu 8 Nov	Breakfast Club Headspace
Fri 9 Nov	Mindfulness Sessions (Primary) Mental Health Lesson

Primary News

Mrs Frost (Assistant Principal)

It is great to be back at school and I am really looking forward to a number of programs we are running this term.

Year 3-6 started our 'Friends for Life' program last week and Foundation to Year 2 have begun their program 'FUN Friends'. These two programs are designed to develop resilience in our students, a skill that is not just helpful in their learning but will be important for them across the course of their lives. During our Wellbeing Week you will have the opportunity to come along and participate in a lesson and some activities with your students. This will give you a chance to learn more about what the program has to offer.

Wellbeing Week will be on in Week 4 of this term with a variety of activities on each day for both parents and students to take part in.

Our Year 3-4 students have already headed off on their school camp to Ballarat, I am looking forward to hearing about everything they have learnt when they return next week.

Next week Miss Gentle, Miss Overall, Miss Rutherford, Ms Wait and myself will be attending the final days of the Curiosity and Powerful Learning professional learning course for 2018. We will be lucky enough to work with Professor David Hopkins who is flying out from England to run the day. We will also be working with other schools in the Griffith region who are on the same journey as we are. The Curiosity and Powerful Learning Program looks to develop a whole school culture of High Expectation and to engage students to become Literate, Numerate and Curious about their learning.

I hope you all enjoyed a nice break with your students over the holidays.

Year One/Two

Miss Gentle (Class Teacher)

This term Year 1/2 are looking at a monster theme. During literacy, student are learning how authors create character through vocabulary and dialogue. Students are enjoying learning about all the different types of monsters that authors create and are looking forward to creating their own story using their own monster!

In Art this week students were able to draw their own monster using permanent marker. They then used a straw to blow around some watered down

paint to create the hair on their monster. Students loved using a new technique.

Lachlan- I liked when all the colours mixed together.

Sophie- I liked using the straw to blow the paint around.

Tayce- I liked being able to design our own monster.

Accacia- I liked blowing the paint around with the straw.

Lacey- I liked putting all the different colours on.



Pink Day



Fun Friends

Next Term we will be running a ‘Fun Friends’ program from Foundation to Year 2 and ‘Friends’ from Year 3-6. These programs focus on developing student wellbeing, resilience and social skills.





FUN FRIENDS

PROGRAM UPDATE...

FOR STUDENTS IN KINDER TO YEAR 2, THIS WEEKS FUN FRIENDS SESSION IS ALL ABOUT...

SESSION 3: YOUR FEELINGS

- Paying attention to other people’s feelings, like your parents, teachers and friends
- Helping other people feel better
- Recognising and identifying other people’s feelings

FOR MORE INFORMATION CONTACT YOUR SCHOOLS GOT IT! CLINICIAN







FUN FRIENDS

PROGRAM UPDATE...

FOR STUDENTS IN KINDER TO YEAR 2, THIS WEEKS FUN FRIENDS SESSION IS ALL ABOUT...

SESSION 4: OUR BODIES AND RELAXATION

- Paying attention to what your body is telling you...‘LISTEN’!!
- Breathing slowly (milkshake bubbles!)
- Relaxation games

FOR MORE INFORMATION CONTACT YOUR SCHOOLS GOT IT! CLINICIAN



Foundation Year 1-2 Pioneer Settlement Excursion Term 3



Riding in an old car



In the chapel



Mastering a hula hoop



Mastering a hula hoop



Mastering a hula hoop



Students learnt how to make a rope at the Pioneer Settlement last term.



Finding out about Indigenous Ancestors.



Walking on stilts



Setting up the skittles

Secondary News

Head Teachers Report

Jean Duma (Head Teacher)

Last week we were visited by the Irrawang High School Creative and Performing Arts Tour. The Irrawang students entertained us with a one hour performance comprising Dance, Drama, Hoops, Singing and Drum Corps. Tooleybuc staff and students were very impressed with their skills and performance and many students are interested in doing some Drum Corps activities in the future. Thankyou for visiting us IHS CAPA Tour as part of your Melbourne via The Murray adventure!!

Our Stage 6 students have started their HSC exams for 2018 and we wish you all the best with your preparation and performance in your final exams. Years 7-10 students have their final course assessments over the next few weeks culminating in their Yearly Exams Week 5. It is also a busy end to the academic year with Careers and STEM excursions over the coming weeks. A reminder to students to ensure they place all relevant dates in their diaries.



Irrawang High School CAPA entertaining the students at Tooleybuc.

English

Christine Connellan (Teacher)

In recent weeks, **Year 7** has studied the Morris Gleitzman classic, ***Two Weeks With The Queen***. This is a contemporary Australian text, which Australian teenagers relate well to and are challenged by. It explores the relationships which are important to Colin, the young protagonist, as he matures and comes to terms with his little brother's incurable cancer and approaching death. Interwoven into the story are the issues of: brotherly love, grieving, tolerance & acceptance, selfishness & selflessness and growing up. It is a



deeply moving novel and yet it is also quite humorous. ***Two Weeks With The Queen*** provides great scope for thinking, clarification of values, writing, speaking, listening and presenting understandings and ideas. This study will culminate in a formal essay response to the novel. In the process, the Year 7 students will re-visit the value of brainstorming, planning and using a scaffold to structure essays.

Year 8 has recently completed a **poetry unit**, with a difference! The popularity of Aussie ballads has never waned since the earliest days of colonial settlement. Up until the mid 20th century most Australian ballads were enjoyed in the form of poetry. Since then, traditional poetry has declined in popularity giving way to ballads in the form of songs & rap lyrics. Through a close study of a range of Australian ballads throughout history, students learnt of the importance of ballads to tell stories which entertain as well as influence an audience's view of social, cultural and ethical issues. They have explored texts critically, evaluating content, differentiating between fact and opinion, challenging points of view and identifying, considering and appreciating cultural expressions. In response to their studies, the students are currently creating some very impressive and creative slideshow representations.



Year 9 English is studying ***Deconstructing Film as Text***. This unit introduces students to an in-depth study of film techniques. Students are learning about film conventions, and the language of film production, through a close study of the Academy Award winning film, ***'Forrest Gump'***. They are focussing on how film techniques are reinforced the plot, characterisation & inspirational message. In the case of, ***'Forrest Gump'***, the resounding message is that it's not how 'supposedly' intelligent a person is which determines their life opportunities and success; their actions will be the measure of their life, or as Forrest's mother taught him: "Stupid is, as stupid does"... If you do stupid things, regardless of how intelligent you actually are, you will be deemed to be a fool. If you act wisely, you will be considered wise.



Year 10 students are engaged in creating their own anthologies of literature, which reflect an area of study of their own individual choice. These anthologies will deal with a wide variety of contemporary issues, including war, love, drug addiction, sustainability, happiness, mental health,

survival, discrimination and other issues. The students are to be commended on their compilation of highly informative collections, bound together with explanation, analysis and personal reflection. I look forward to their completion.



Year 11 students have begun their HSC English course. Their study of the Common Module: Texts and Human Experiences is now underway. This will involve an in-depth study of the film “Billy Elliot” and related texts, such as poetry, songs, magazine articles, autobiographies and novels which deal with a variety of issues which impact upon human experience. Students are required to show how different text forms and their structural qualities and language features convey a powerful message about the nature of human experiences.



Finally, the **Year 12 English Standard** and **Year 12 English Studies** students have finished their courses and the appropriate examinations were held last week. I wish Laura and Cody the best of luck in their academic results as well as in life beyond school.

Pink Day



Careers

Kim Morton (Careers Teacher)

Work Placement:

TAFE students. All students in Year 10 currently completing Electro technology, Metals and Engineering or Automotive are completing their first Work Placement next week (Week 3). All students should get the required paperwork in to Mrs. Morton A.S.A.P.

Career Excursions

STEM excursion to Bendigo.

Miss Rutherford has organized a wonderful hands on and interactive excursion to Bendigo where students will gain ideas about careers in the STEM field. Latrobe Uni will be providing workshops and students will also get to visit the discovery centre. Any student who is completing work placement and wishes to go on this excursion needs to negotiate this with their employer and make the day up at an alternate time.

Ballarat / Bendigo Un/ TAFE experience

On Thursday and Friday of Week 5 students in Year 10 and 11 are encouraged to attend this excursion to learn about possible pathways that these regional centres offer students. Mrs. Morton and Mr. McCarron will be accompanying students on this excursion and notes shall be going out shortly about the 2 days.

Key Dates & Reminders: For all Students

Holmesglen Institute

Remaining Open Day

When: 29th November. To register visit:

<https://holmesglen.edu.au/opendays/>

Holmesglen Taster Days

When: Running during October.

To view sessions and register visit:

<https://holmesglen.edu.au/studenttasters>

Chisholm Institute*'Beyond 2018'* (Tech Games Fest activities)When: 3rd November from 10am - 6pm

Where: Frankston campus

Cost: Free

To register visit:

<https://www.eventbrite.com.au/e/beyond-2018-tgf-tech-games-fest-event-tickets-48361422316?aff=ebapi>*Open Night - Berwick Campus*

When: Wednesday 12th December from 5pm - 7pm.

For more information, visit:

<https://www.chisholm.edu.au/open>Box Hill Institute*Student and Parent Information and Enrolment Evening*

When: Wednesday, 14 Nov from 6-7m

Student Enrolment Evening

When: Wednesday, 21 Nov 6 – 7pm

<https://www.eventbrite.com.au/e/school-based-hospitality-2019-information-enrolment>SAE Quantum Creative Media Institute*Information Night*When: Thurs 13th December, 6pm – 8pm.

Where: Melbourne Campus – 235 Normanby Road South Melbourne.

Price: Free.

Key VTAC Dates: For all VCE Students

* Late applications – are currently open

* Late applications close – Fri 2nd Nov

* SEAS and Scholarship applications –

[**Closes today \(12th Oct at 5pm\).**](#)* Change of preference – 31st October at 5pm.**News & Updates****UCAT Replacing UMAT for Medicine Students**

Important Update: Students interested in studying Medicine, Dentistry and some other Clinical Science courses at a member university of the UMAT Consortium, will now need to sit the UCAT (University Clinical Aptitude Test) as part of their admissions process instead of the UMAT (Undergraduate Medical and Health Sciences Admission Test). UCAT has now replaced UMAT for 2019 applications university entry in 2020.

However, for those students who have already sat the UMAT in July this year, nothing has changed regarding your application for the 2019 medical entry courses.

To read more on the test visit:

<https://www.nie.edu.au/about-ucat/what-is-ucat>**Become a 'Vet for a Day'**

You can work at the RSPCA for a day and discover just what's involved behind the scenes when working in animal welfare.

You can gain some insight into a day in the life of an animal attendant, vet, vet nurse or an inspector. You can participate in 'Vet for a Day' in January.

The workshop is being held in January at the RSPCA Education Centre in Burwood East

from 9.30am until 3.00pm and the cost per workshop is \$120.00 (BYO snack and lunch). To read more visit:

<https://www.rspcavic.org/services/education/holiday-programs/youth-holiday-program-no-dates> and to register your interest, phone 03 9224 2286 or email education@rspcavic

Career Focus - Disability Support Worker

According to the Australian Government's Department of Jobs and Small Business, Aged and Disabled Carers will see an increase of 39.3% in job opportunities within the next 5 years. **'Disability Support Workers'** can also be known as an; Aged Carer, Developmental Care Worker, Disabled Carer, Home Support Worker, Intellectual Disability Services, Nursing Assistant (Disability Support) and Special Care Worker.

Disability support workers provide care, supervision and support for people with disabilities in the home, residential establishments, clinics and hospitals. They also work with other health professionals to maximise the individual's physical and mental wellbeing. They provide companionship and emotional support, and when possible, promote independence and community participation.

Disability support workers:

- Assist people with self-medication
- Implement care programs for those in residential establishments.
- Provide in-home support with health issues and daily living tasks such as washing, dressing, eating, transport and budgeting.
- Assist with the delivery of activities to enhance the physical, social, emotional and intellectual development of those in care.

- Ensure that those in their care are washed, dressed, fed and ready for educational and recreational activities.
- Assist those in their care during domestic activities such as eating meals and showering.
- Provide companionship and support during daily activities.
- Cook and serve meals, clean premises, wash, iron and perform other household tasks.
- Organise refuge accommodation.
- Work with a team of health professionals, family, friends and carers to implement a program of support.
- Can work evenings, weekends and public holidays and may also be required to live or stay on the premises.

To work in this field, it is important to be patient, flexible and understanding. You will need to be supportive, caring and have a commitment to the rights of people with disabilities to live dignified lives. It is also important to be able to accept responsibility, have good communication skills, be able to work as part of a team and capable of meeting the physical demands of the job.

To become a Disability Support Worker, you usually have to complete a Certificate IV in Disability which is the entry level qualification for working with people with disabilities. Further studies for disability work include the Diploma of Community Services work.

The Victorian Government have included a range of Certificates in Disability, Ageing Support, Individual Support or Community Services as part of their 2019 Free TAFE initiative. For further information on these courses available please visit:

<https://www.vic.gov.au/freetafe/free-tafe.html>

Below is a list of Certificate IV in Disability courses currently available in Victoria.

Institution/Campus	Course	ATAR
Bendigo TAFE	(Free TAFE Initiative 2019)	
Bendigo	Certificate IV in Disability	NA
Box Hill Institute	(Free TAFE Initiative 2019)	
Box Hill, Melbourne	Certificate IV in Disability: 6 months' minimum duration.	NA
Chisholm Institute of TAFE	(Free TAFE Initiative 2019)	
Frankston, Bass Coast, Mornington	Certificate IV in Disability: 1-year	NA

Peninsula	minimum duration.	
Federation University Australia	(Free TAFE Initiative 2019)	
Mount Helen (Ballarat)	Certificate IV in Disability: 1-year minimum duration.	NA
Federation Training	(Free TAFE Initiative 2019)	
Warragul, External.	Certificate IV in Disability: 11 months.	NA
GOTafe Goulbourn Ovens Institute of TAFE	(Free TAFE Initiative 2019)	
Wangaratta, Shepparton	Certificate IV in Disability: 6-12 months.	NA
Holmesglen Institute of TAFE	(Free TAFE Initiative 2019)	
Chadstone, External.	Certificate IV in Disability: 1-year minimum duration.	NA
Kangan Institute	(Free TAFE Initiative 2019)	
Essendon	Certificate IV in Disability: 6 months full-time.	NA
Melbourne Polytechnic	(Free TAFE Initiative 2019)	
Preston	Certificate IV in Disability: 6 months part-time.	NA
South West Institute of TAFE, SWTAFE	(Free TAFE Initiative 2019)	
Warrnambool, Portland, Hamilton, Colac.	Certificate IV in Disability: 12 months part-time	NA
Swinburne University of Technology	(Free TAFE Initiative 2019)	
Online, Hawthorn.	Certificate IV in Disability: 1-year minimum duration.	NA

Note:

* An additional course in 'Introduction to the National Disability Insurance Scheme (NDIS)' (<https://www.ndis.gov.au/about-us/what-ndis.html>) is also available at various institutions. This is a short course covering the scheme, is offered separately to Certificate IV in Disability and does not replace certificate-level qualifications.

* Length of study period is based on minimum duration with a full time study load. Part-time options may also be available.

* NA – Not applicable.

* As subjects and course structures can vary between institutions, it is necessary to contact your chosen institution for further information.

Edited by: Sarah Crozier

VOLUNTARY CONTRIBUTIONS 2018

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year. These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

Technology Fee	All Years F to 12	\$10.00
Current voluntary contributions including Technology Fee	Infants and Primary	\$55.00
	Years 7 + 8	\$100.00
	Years 9 + 10	\$60.00
	Years 11 + 12	\$60.00
Design and Technology Food:	Year 9 + 10 elective	\$75.00
Industrial Technology	Year 9 + 10	\$55.00 plus materials
VET Hospitality	Stage 6	\$200 (\$25 Uniforms/ \$175 Pracs)
Industrial Technology	Stage 6	\$80.00 (plus materials)

Wanted

Second hand uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

LOST UNIFORMS

Please name your uniforms so we can return items that are misplaced. Lost property is currently overflowing with items, so if your child is missing anything please encourage them to have a look.

School Bags

Tooleybuc Central School has school bags which are available to purchase from the front office.

Large \$58.00



Tooleybuc Central School Uniforms

Hats

TCS dark green bucket school hats \$15, are available for purchase from the front office

Tops

Primary:	Dark green polo shirt (TCS)
	Jumper (TCS)
	Girl's summer culottes/green check dress
Secondary:	Green/yellow polo shirt (TCS)
	Rugby Jumper (TCS)

Pants

Primary & Secondary Boys	Grey School Pants/ Grey Max Dax
Primary Girls	Green school pants/ Green Knee Length Shorts
Secondary Girls	Black school pants/ Green Knee Length Shorts

Sport

Primary & Secondary	Yellow polo shirt
	Green basketball shorts
	Green tracksuit pants
	Sneakers

Shoes

Primary & Secondary Boys & Girls	Black Leather Shoes
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Stockists of School Uniform

Outdoors First

Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

Clark's Gift Salon

183 Campbell Street, Swan Hill – Phone 50321616

PSW

Bootleg Pants – Polyester 465 Bottle can be purchased online at <http://www.psw.com.au/>

Second Hand Uniforms

The school is in need of

- Secondary t-shirts and
- Girls green and black school pants

for our uniform pool.

STUDENT ASSISTANCE SCHEME APPLICATION FOR SUPPORT

If you would like an application for support please contact the school.

Canteen Menu 2018

Recess Canteen not open
Lunch (all hot food must be ordered)

Pie	\$3.00
Sausage Roll	\$2.00
Party Pie	\$1.50
Mini Pizza (Ham & Pineapple or Ham & Cheese)	\$2.00
Dim Sims (soy sauce – no extra charge)	\$0.50
Chicken Nuggets	\$0.50
Tomato Sauce	\$0.20

Snacks (do not include in lunch order, students to purchase at lunch time)

Muffins (Double Choc)	\$1.60
Bulla Frozen Yogurt (Strawberry and Mango)	\$2.00
Chips (Honey Soy)	\$1.00
Raspberry Twists	\$0.20

Drinks

Big M (Chocolate, Strawberry & Iced Coffee)	\$2.00
Play water – 350 ml (purple, lemonade, red, fruit tingle)	\$2.00
Prima (as drink or frozen) (apple/blackcurrant and tropical)	\$1.20

Lunch orders are to be written on a paper bag including students name and year (with money inside). Orders are then to be taken to front office by students or sent with the rolls.



Wanted:
Ice Cream containers with lids for the Science lab.

Egg containers for the Ag Plot

**CANTEEN ROSTER**

Fri 26 Oct	NO CANTEEN	
Fri 2 Nov	Julie Fulton	Belinda Koehler
Fri 9 Nov	Ange Spinks	Belinda Koehler
Fri 16 Nov	Peta Hickey	Mereeka Andrews
Fri 23 Nov	NO CANTEEN	
Fri 30 Nov	Sharon Rogers	Jolene McKenzie
Fri 7 Dec	Amanda Clarke	Paula Pyatt
Fri 14 Dec	NO CANTEEN (Swim School)	

Thank you to all volunteers who helped in the Canteen this year. More volunteers are always welcome.

If you are unable to do duty on your rostered day please contact someone else on the roster and arrange a swap.

Canteen duty is from
10:30 am until 2.30pm.

HEAT UP LUNCHES

Tuesday is 'Heat Up Lunch' day
Please send in food to be heated only.

Not food to be cooked.

Noodles should be a cup type or cooked at home and put into a container to reheat. Please take the clear plastic off the container and label with a permanent marker so it is easy to see.

Balranald Motorcycle Club Inc

On behalf of the Balranald Motorcycle Club I would like to thank all the volunteers of the Tooleybuc School community for their time and efforts in flagging for the Balranald Club this year. Without your help events like ours can't run smoothly.



We truly do appreciate each and everyone of you that gave up part of your weekends to brave the cold and help us to ensure the safety of both riders and spectators around the track.

We hope you all have a great summer and hopefully we get to see all your smiling faces again next season for another great year of racing. Until then as I always say stay safe and upright.

Regards
Cindy Funnell
Balranald Motorcycle Club Secretary



Tooleybuc Sporting Club Ltd.

Phone: 03 5030 5476

Open Daily from 11.00am till late

12th—14th October Country Walk Ups



15th—18th November Murray Muster

CHEF'S SUGGESTIONS

Every Friday night the Bistro have a Chef's Suggestions Specials Board. It consists of around 4 different dishes at affordable prices.

Only available while stock lasts!
Come along on Friday Night & enjoy a great meal, Stay for the Raffles and catch up with Friends.

WEEKLY ACTIVITIES

- Mon:** Poker 7.30pm
- Tues:** Bingo 'eyes down' @ 7.30pm
- Wed:** Members Draw @ 8.00pm,
Raffles between 7pm & 8pm
Wed/Sun Snowball Draw
(LTPS/16/02848)
Jackpots \$50.00 each Wednesday & Sunday if not claimed
- Thurs:** Bingo 'eyes down' @ 11.30am
- Fri:** Raffles @ 8.30pm (approx)
Members Friday Fortune Draw @ 8.30pm (approx) Jackpots \$50 each week if not claimed (LTPS/14/04455)
- Sun:** Raffle @ 8.00pm (approx)
Wed/Sun Snowball Draw
(LTPS/16/02848) Jackpots \$50.00 each Wednesday & Friday if not claimed

Wednesday Madness
\$5 Lunch ~ \$3 Sweets



Tooleybuc River Retreat Villas
6 x 6 Berth Self Contained Villas Overlooking the Mighty Murray River
Just a short walk to the Tooleybuc Sporting Club
Bookings on 5030 5476



Healthy Kids Bus Stop

Barham, Moulamein and Tooleybuc

6th-8th November 2018

What is the Healthy Kids Bus Stop?

A **FREE** child health check for kids aged 3-5 years old. The program covers:

- ☑ A child health check
- ☑ Hearing check
- ☑ Oral health check
- ☑ Fine and gross motor skill assessment
- ☑ Speech assessment
- ☑ Food and Nutritional assessment

Local Aboriginal Health Workers will be attending on the day.

Why are health checks important?

Checks help to keep your kids happy, healthy, and identify lifestyle, development or illness-related issues.

How do I book my child in?

Registrations are essential. Please call Royal Far West on 02 8966 8557 or send through a registration form to outreachservices@royalfarwest.org.au.

A time slot will be selected that suits you and your child.

Please allow up to 2½ hours for appointments.

Where will it be held?

Tooleybuc (6th November): Tooleybuc Football Club
 Barham (7th November): Riverside Reception Centre
 Moulamein (8th November): Moulamein Public School, 14 Brougham St

What do I need to bring?

- ☑ Your child's Blue Book
- ☑ Your child's hat
- ☑ Your child's drink bottle
- ☑ Snacks for your child

Registrations close Wednesday 31st October



Ronald
McDonald
Care
Mobile®



ABOUT THE HEALTHY KIDS BUS STOP

The Healthy Kids Bus Stop is a whole-of-child health screening, assessment and pathway to care program for children turning 4, or those that have turned 4 or 5 years old in the year the program is provided. It is a collaborative program, led by Royal Far West and supported by Local Health Districts, Primary Health Networks, Aboriginal Health Services and other local stakeholders.

The program aims to improve the health and well-being of children living in rural and remote communities through early detection of lifestyle risk factors; delayed development; and/or illness. Additionally it provides the opportunity to introduce guidance for healthy lifestyles and early intervention strategies.

The Healthy Kids Bus Stop delivers a comprehensive health assessment in line with the NSW Health "Child Personal Health Record" (Blue Book). The health assessment is undertaken by a multidisciplinary team of nursing and allied health staff from Royal Far West, the Local Health District, the Primary Health Network, Aboriginal Health Service and other local health service providers.

The program is designed to be a fun and interactive health program where children progress through bus stops or 'health stations', hopping on and off at each station in order to complete their health assessment. Children receive a bus pass stamp at each station along the way. Health stations include:

- Health Assessment
- Vision
- Oral Health
- Hearing
- Dietetics
- Speech
- Fine and gross motor skill development
- Health Promotion

Between health stations children are engaged in free or directed play, whilst parents or carers are provided with the opportunity to consult further with the multi-disciplinary team of health professionals or collect health promotion material of interest. When all stations have been attended, children are rewarded with a 'show bag' containing goods to support their health and development.

At the conclusion of the Healthy Kids Bus Stop a multidisciplinary case conference is undertaken where each child's health assessment is reviewed and used to develop a coordinated referral pathway. The pathway includes the child's local GP and Child and Family Health Nurse as key referral points, with Royal Far West, the Local Health District, Aboriginal Health Service, the Primary Health Network and other local services supporting the child's identified health needs.



TOOLEYBUC COMMUNITY HEALTH CENTRE

The Health Centre is open

*To make an appointment please contact the Central Intake Service on **1800 654 324***

Balranald Medical Centre- 50201055
 Swan Hill Medical Group- 50331711
 Swan Hill Primary Health Medical Clinic-50339900
 Swan Hill Tristar-50322133
 Or Nurse on Call on 1800 022 222

If an Emergency call 000

There is to be some change to staffing at Tooleybuc Community Health in the next couple of weeks as after 23yr Georgina Douglas will no longer be seeing general Community Health clients but instead just concentrating on the Child and Family Health clients, which she will also be seeing in Moulamein on a regular basis.

Georgina's 3 days/week are currently being advertised and a new nurse will be appointed hopefully in the next couple of weeks.

Going forward Georgina will conduct a Child and Family clinic weekly on a Tuesday (commencing 11th Sept) and another nurse will be available to see general clients 3 days a week (which days that will be will be decided when someone is appointed in the role).

To make an appointment now people are required to call the Central Intake Service on 1800 654 324.

Any other issues you can still call Community Health on 50305189.

NURSE ON CALL

Contact Nurse On Call via Health Direct for any after-hours advice

This number can be used Australia wide.

Ph: 1800 022 222

See web page below.

healthdirect
<https://www.healthdirect.gov.au/>

Tooleybuc Community Health

Parents and children wishing to see the **Child & Family Health Nurse**

No longer need to ring the Central Intake number, unless it is their first ever apt with Georgina.

To make an ongoing apt simply ring the Community Health Centre on **ph 50305189**

Georgina is now conducting a Child & Family clinic on a Tuesday only

For all general **Community Health clients** please continue to call the **Central Intake Service on 1800 654 324**

For your initial appointment

Any concerns or issues regarding this service please let the Community Nurse know on 50305189

MCKESSON
Empowering Healthcare

ACCESSLINE
*Depression Suicide Anxiety Psychosis
 Alcohol & Drugs Sexual Assault*
 Help for All Ages Anytime
1800 800 944
 or (02) 9425 3923

Tooleybuc Home Support Happenings
Murray River Council
 Location: 2/74 Cadell Street, Tooleybuc
 Co-ordinator Deb Porteous Ph/Fax: 03 5030 5252 Mobile : 0437 398 259

Goodnight Express
 This vital service is available to any community member wishing to access services in Swan Hill.
EVERY FRIDAY

Departs : Goodnight: 9:30 Post Office
 Tooleybuc: 9:45 Post Office
 Koraleigh: 10:00 Post Office
 Nvalh: 10:10 Post Office

Drop Off: 10:50 Clock Tower Bus Stop
 Departs Swan Hill 1:30pm Woolworths Car Park – Campbell Street Side

1st time passengers are required to complete a registration form
AVAILABLE ON THE BUS

Aqua Fitness

Are you interested in attending a session at the Swan Hill Leisure Centre? Aqua Aerobics is a low impact exercise routine to music in the comfort of the heated pool.

Transport can be provided one day per week (for up to 6 people), to attend a class on Wednesdays 10.00 am or Friday's 9.30 am start. Each class runs for 1 hr.

Suitable for all, including those with joint/ muscular ailments.

\$17 per person - Includes Transport
Phone to discuss a preferred day and make a booking

Please phone 50305252 or 0437 398 259 for any enquiries or transport bookings.

NYAH DISTRICT GOLF CLUB
 Golf Club House can be hired for
MEETINGS PARTIES
WEDDINGS etc
 Inquiries Phone 50302087

RETIREMENT DINNER FOR KEVIN OAKLEY

Kevin Oakley is retiring from the police force after 42 years. A function will be held on Wednesday, November 14th at the Gisborne Bowling Club, 2 Kilmore Road, Gisborne from 7pm. Cost for meal and contribution to gift is \$40. Drinks at bar prices. For more information or to RSVP, contact Theo Moors, Senior Constable, Gisborne Police Station by November 1st.



Nyah District Girl Guides

GIRL GUIDES AUSTRALIA

Nyah West Girl Guides are chasing more girls to join, ages 5 and up.

Held at Nyah West Every Wednesday Night at 4.30pm to 6pm. Victorian School Terms.

At the Ross Den. please phone Nat on 0429132695 or Marge on 0427 302161 for more information.

Balranald Motorcycle Club Inc

On behalf of the Balranald Motorcycle Club I would like to thank all the volunteers of the

We thank the Tooleybuc for their understanding in the recruitment process to attain a new Community Nurse for the area.

We hope the process will be completed **very soon** and will be excited to announce.

In the meantime, the Tooleybuc Community Health Centre will be attended;

Monday 15th October 09.00-14.00

Wednesday 17th October 09.00-14.00

Friday 19th October (██████████) 09.00-14.00

Monday 22nd October 09.00-14.00

Wednesday 24th October 09.00-14.00

All **new referrals** need to contact Community Care Intake on 1800 654 324 for an appointments please.

Outside of these hours the service is available by contacting Community Care Intake Service Please contact **1800 654 324** for appointments during this time.

For any other matters you may contact NUM Kate Pargeter on 0436 656 990

In case of a medical emergency always phone 000 for an ambulance.



Learn to swim program
JANUARY 2019

- Teaches water awareness, stroke development and endurance
- Fun and safe environment
- Eight or nine consecutive week days
- Children aged 18 months to 12 years
- Qualified instructors
- \$74 for school aged children and \$52 for pre-schoolers (excludes pool entry)



Phone: 13 13 02
 Email: swimandsurvive@sport.nsw.gov.au
 Facebook: facebook.com/OOSNSW
sport.nsw.gov.au/swimandsurvive





Tooleybuc Sporting Club Ltd.

Phone: 03 5030 5476

Open Daily from 11.00am till late



**15th—18th November
Murray Muster**

CHEF'S SUGGESTIONS

Every Friday night the Bistro have a Chef's Suggestions Specials Board. It consists of around 4 different dishes at affordable prices.

Only available while stock lasts!
Come along on Friday Night & enjoy a great meal, Stay for the Raffles and catch up with Friends.

WEEKLY ACTIVITIES

- Mon:** Poker 7.30pm
- Tues:** Bingo 'eyes down' @ 7.30pm
- Wed:** Members Draw @ 8.00pm,
Raffles between 7pm & 8pm
Wed/Sun Snowball Draw
(LTPS/16/02848)
Jackpots \$50.00 each Wednesday & Sunday if not claimed
- Thurs:** Bingo 'eyes down' @ 11.30am
- Fri:** Raffles @ 8.30pm (approx)
Members Friday Fortune Draw @ 8.30pm (approx) Jackpots \$50 each week if not claimed (LTPS/14/04455)
- Sun:** Raffle @ 8.00pm (approx)
Wed/Sun Snowball Draw
(LTPS/16/02848) Jackpots \$50.00 each Wednesday & Friday if not claimed

**Wednesday Madness
\$5 Lunch ~ \$3 Sweets**



Tooleybuc River Retreat Villas
6 x 6 Berth Self Contained Villas Overlooking the Mighty Murray River
Just a short walk to the Tooleybuc Sporting Club
Bookings on 5030 5476

Here for you Tooleybuc

<p>If you are or someone you know is feeling mentally distressed and need to contact someone urgently, please call our AccessLine 1800 800 944</p>	<p><small>MEKESSON Empowering Healthcare</small></p> <h2>ACCESSLINE</h2> <p><i>Depression Suicide Anxiety Psychosis Alcohol & Drugs Sexual Assault</i></p> <p>1800 800 944 or (02) 9425 3923</p>
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Your GP is the best starting point when someone needs help with their mental health. A GP can talk about what's happening and the options for treatment and support. Depending on the situation, the GP might provide ongoing care or suggest that another mental health professional or support service. Mental health professionals can be accessed through your GP, community health centre, public mental health services, headspace centres and private health clinics.



Children & Youth Mental Health

<p>School Counselling Service Contact your child's school with your concerns for referral</p>
<p>Strong Minds & Connect Psychological Services for Kids Contact Central Intake PH: 1800 931 603</p>
<p>Headspace Swan Hill PH: 03 4010 7100 Young people 12-25 years</p>
<p>ROAR Program PH: 1300 488 226 Ages 18 & under Low Intensity</p>
<p>Vinnies Youth Services PH: 03 5881 7411</p>
<p>Child Adolescent Mental Health Service (CAMHS) PH: 1800 800 944 High Intensity</p>

Adult Mental Health Services

Other services

<p>Tooleybuc Community Health PH: 03 5030 5189</p>
<p>Ability Links Program PH: 1300 488 226 For people living with disabilities including Mental Health Ages 9 +</p>
<p>Drug and Alcohol Services PH: 1800 800 944</p>
<p>Family Support & Brighter Futures PH: 1300 488 226 For families with children under 12 years</p>

<p>New Access PH: 1300 488 226 Ages 16+ Low Intensity</p>
<p>Strong Minds & Connect Psychological Services Contact Central Intake PH: 1800 931 603</p>
<p>Mindspot www.mindspot.org.au Online or phone assessment, referral & treatment. Ages 16 +</p>
<p>Partners in Recovery Contact Central Intake PH: 1800 931 603</p>
<p>Adult Community Mental Health Service PH: 1800 800 944 High Intensity</p>



WELCOME A SLICE OF THE WORLD INTO YOUR HOME IN 2019!

HOST AN OVERSEAS EXCHANGE STUDENT!

REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633



HEAR FROM A HOST MUM

Hosting has been one of the most **rewarding and exciting experiences** for our family. Romane, our student, was definitely one of the most kind and pleasant people we have met and right from the start was a perfect fit for our family. Being able to share this experience has had a **positive effect on all of my young children.**
Host mum, Candice.

HOSTING AT A GLANCE

- Hosting is voluntary
- You choose your student
- Students attend high school full time
- 24/7 support provided
- Host families come from all over the state
- Students come from all over the world and stay for a short term (8-10 weeks), a semester or a year.

MORE INFO: WEP.ORG.AU/HOST

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EMAIL phantastic2000@hotmail.com

MOBILE: 0418 582 855

Box 209, Nyah West, 3595



DINE IN OR TAKE AWAY IN OUR
FULLY LICENSED PREMISES

TRY ONE OF ROSIES
HOMEMADE PIES OR
HAMBURGER PATTIES!
PHONE ORDERS WELCOME
ANYTIME!

MENUS AVAILABLE AT SHOP
TEL : (03) 50305444

MON – THURS : 6am – 6pm
FRI : 6am – 10pm
(cooking 'til 8pm)
SAT - SUN : 8am – 2pm

TOOLEYBUC COMMUNITY HEALTH CENTRE

Open Three days per week
The days may vary so please check
the recorded message.
8:30 – 4:00 pm

Phone: 1800 800944

CLINIC HOURS ARE:
9.00-10.00am & 1.00-3.30pm

All Clinics are free

EARLY CHILDHOOD CLINIC:
Mondays-Wednesdays -1.00-3.30pm

IMMUNISATIONS CLINIC:
(appointment necessary) by appointment

Diabetes Nurse- available by
appointment only

MENTAL HEALTH: Monthly by
Appointment

Visiting once per month or contact
ACCESSLINE (1800 800 944)

DIETITIAN CLINIC:
No more clinics for 2017
(ph 5033 9390 for apt)

Podiatrist
(ph 50339390 for an apt).
Third Thursday of the month

Speech Pathologist
(1st Thursday of the month)
Telephone Swan Hill District Health
for appointments and enquires **5033
9390**

Pathology collection by apt.

In an emergency contact your G.P.
Manangatang- 50351215
Balranald- 50201055
Nyah West- 50302456
Swan Hill- 50331711 Or call '000'

SHEDS

Industrial, rural & domestic

Agents for Tru-Built &
McDonald Steel

Real Sheds – Real Steel

Matthew Loats Builder P/L
Phone: 0427 240 376 Fax:
(03) 50 305 122

Tooleybuc Post Office

Newsagency

Gift Shop

Open

Monday to Friday 7:00 to 5:00
Saturday 9:00 to 12:00
Sunday 8:00 to 11:00

Phone: 03 50305303



Tooleybuc and District Carpet Cleaning Service

For domestic and commercial
steam cleaning at competitive rates

Ring David Thompson on
0447 000348
for a free, no-obligation quote.



LUCKY PHIL'S

The One Stop Shop
Budget Rite & Take-Away Food Store
OPEN 7 DAYS A WEEK 6.30am - 7:00pm
Large Range of Groceries,
Take-away Foods,
Pizzas, Rotisserie Chickens,
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Willis Family Building
0437 347 918

Adam Willis
willisfamilybuilding@gmail.com

- Renovations
- Pergolas
- Bathrooms
- Verandahs
- Extensions



Student Absences Note


Name: _____
 Class: _____
 Teacher: _____

This student was absent from _____ to _____
 due to the following:

Illness
 Injury
 Medical/Dental Appointment
 Family Commitments
 Other give reason

Additional comments: _____

Signed: _____
 Date: _____



**Tooleybuc Central School
 Bus Variation to Routine**

child/children _____ will not be
 travelling on the _____
 bus on _____
 (Date)

I will be collecting them
 They will be travelling on _____ bus.
 Other (Please explain)

Note: Some buses do not allow other students to travel on their buses. Please contact the bus driver to ensure approval.

Parent Signature: _____
Date: _____

**STUDENT ASSISTANCE SCHEME
 APPLICATION FOR SUPPORT**

Personal Details

Student's Name: _____ Class/Year: _____

Home Address: _____

Parent/Guardian Name: _____

Family Support Reason Support is Needed

Support Details Assistance can be provided with uniform/books/excursions

Details of Request:	Amount
_____	_____
_____	_____
_____	_____

The information provided will be treated in confidence. Please forward this application to the Principal. There is a limit to the amount each child can access.

Signature of parent/guardian: _____ Date: _____

Approved/Principal Signature: _____ Date: _____

School Holidays

Term 4 2018

WEEK 3 OCTOBER/ NOVEMBER TERM 4	29 Year 6 into 7 Transition	30 HSC PDHPE 9:25 – 12:30 pm	31	1 Secondary Bendigo Steam activities & Uni VET Hospitality 1:55 – 4:00 pm	2
WEEK 4 NOVEMBER TERM 4 SPC Week Well Being Week	5 Special Persons Day NO TAFE	6 YOGA Health Kids Bus Stop	7 National Health Day National H/PE Activities	8 HSC Ind Tec 1:55 – 3:30 pm Headspace	9 Mindfulness session - Primary Stage 5 Largest mental health lesson
WEEK 5 NOVEMBER TERM 4	12 Yearly Exams NO TAFE	13 Year 12 Farewell Dinner – Burgundy room 6:00 pm	14	15 Blue Earth Careers Excursion Melbourne Scripture	16 Careers → Excursion Melbourne
WEEK 6 NOVEMBER TERM 4	19 ROLL OVER Secondary Formal Yr 9 – 12 6:00 pm VET Induction Stage 6 Introduction Whole School Transition Day (including Preschool) Year 6 into 7 Meeting NO TAFE	20 Michelle White in	21	22	23 Blue Casual Dress

Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to the school website to make it easier for you to pay for school related expenses. This is a secure payment page hosted by Westpac.



What expenses can be paid online?

- Voluntary School and Subject Contributions
- Excursions
- Sales to Students
- Sport
- Other

How?

Log onto the School site at www.tooleybuc-c.schools.nsw.edu.au/

Click on 'Make a Payment' and follow the prompts to make a payment via Visa or MasterCard.