



THE BRIDGE

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL 17th November 2017 Term 4 Week 6

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Melanie's Thoughts



Melanie Wait
Principal

Remembrance Day

Last Saturday I had the privilege of representing our school at the Remembrance Day in Swan Hill with Summer Blachford. It was a lovely service followed by a luncheon where Summer was awarded the Remembrance Day Award which is a scholarship for a Year 6 student who supports the school community. Congratulations Summer.

Proud and Deadly Award

Congratulations to Shakeah and Dallas who received Proud and Deadly Awards at Deniliquin last week for their commitment to education. Well done.

Senior Formal

This week we held our Senior Formal for students from Year 9 to 12. It was a

lovely opportunity for everyone to get 'dolled' up and spend some time together. Thank you to DJ Danny for donating his time.

2018 Leadership

Over the last two weeks we have had our leadership speeches for our School Captains and Junior Leaders. Congratulations to all our nominees, they all did a fantastic job and should be very proud of themselves.

Whole School Transition Day

On Wednesday the 22nd of November we will be holding our Whole School Transition Day, where primary students will have a transition day in their classes for 2018. Our preschool students will also join us for this day and our Year 6 students will have their last Year 6 into 7 Transition Day.

This is a new initiative for our school and will give our students an opportunity to spend time with their teachers and new class mates to ensure a smooth transition into the 2018 school year.



Summer receiving her RSL Scholarship at Remembrance Day.

Reading Eggs

Our students now have access to the online literacy program, Reading Eggs, this program is run by 3P Education and provides a range of literacy activities for students to engage in at home and at school. Once students have returned their permission forms a copy of their username and password will be provided for at home access.

Vinnie Reconnect

As part of our support services we have access to a Vinnie's Reconnect worker. Vinnie's Reconnect is a service which is focused on supporting young people to remain engaged in their education and to overcome any barriers that may be stopping them from completing school.

If you would like support for your child please contact the school.



Shakeah and Dallas with their Proud and Deadly Awards.

News from Mim our School Chaplin

Today Myah and Mim made some playdough. We added flour, salt, oil and water and then blue food colouring. Then we kneaded the playdough until it wasn't gooey anymore.

Then we added some glitter to make it all sparkly. Myah enjoyed reading the recipe and adding the right ingredients into the bowl and getting her hands all sticky while she was kneading it. It was good fun!

RECIPE:

3/4 cup salt
2 cups flour
1 tbsp. vegetable oil
1 tbsp. food colouring
2 tbsp. cream of tartar
1 cup water

Mix all the dry ingredients together and then add oil. Add the food colouring to the water. Slowly add the water until the desired consistency is reached.

Kneading will help improve the texture, so have fun squishing it all together!



Myah enjoyed making the playdough.

Up Coming Events Term 4 2017

Week 7

Tue 21 Nov Anna Conlan Speech
Choir

Wed 22 Nov Whole School Transition
Year 6 into Year 7 Transition
Foundation Orientation 2018 (All day)

Thu 23 Nov Choir

Fri 24 Nov Blue Day
Barbecue Lunch
Michelle White in

Week 8

Thu 30 Nov Choir
Scripture

Fri 1 Dec P & C AGM Meeting 1:00 pm
Whole School Assembly – Tooleybuc
Sporting Club Auditorium (1:45 pm)

Sun 3 Dec Carols by Candlelight 6:00 pm Tooleybuc
Sporting Club Auditorium.

Primary News

David Tallon (Assistant Principal)

Year 5 students are continuing to sell ice blocks at lunch for 50c each Wednesday. This is to raise money for their Year 6 shirts.

Congratulations to our Year 5 students who delivered their nomination speeches during last week's assembly!

Thank you to Summer for representing our school during the Remembrance Day ceremony last Saturday

The school choir for the Tooleybuc Christmas Carol night is sounding great. Keep practising!

Just a reminder to keep reading with your child and filling in your child's log book. A special Morning Tea will be held for those students who reach 200 Nights Reading. *"The more that you read, the more things you will know. The more that you learn, the more places you will go."* Dr Seuss.

Up and Coming Events

Week 5

- Nov 22nd Whole School Transition Day
- Foundation Transition Day
- Dec 3rd Christmas Carols

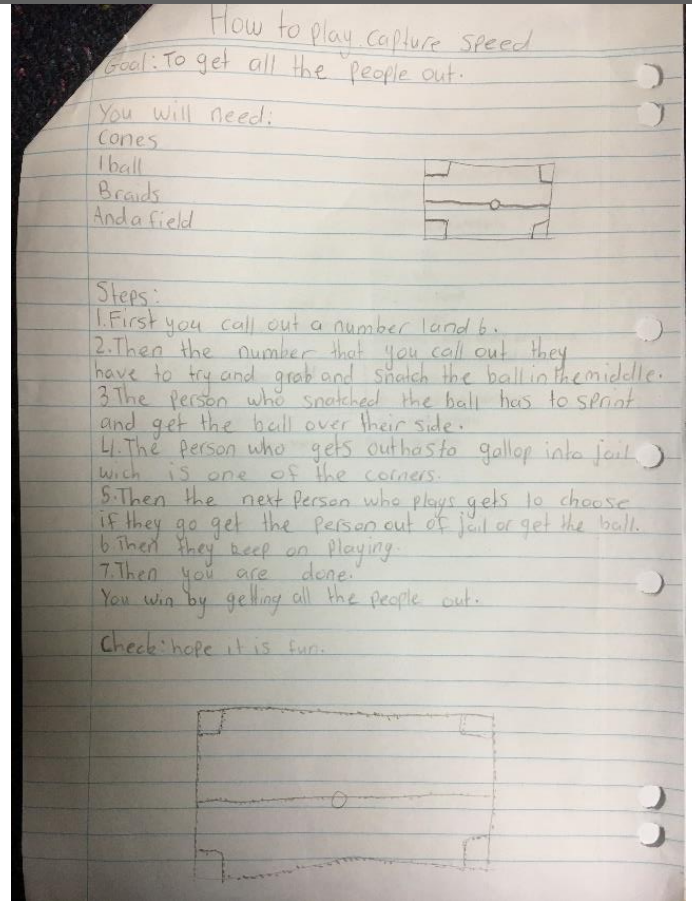
Year Three/Four

Sarah Everall (Class Teacher)

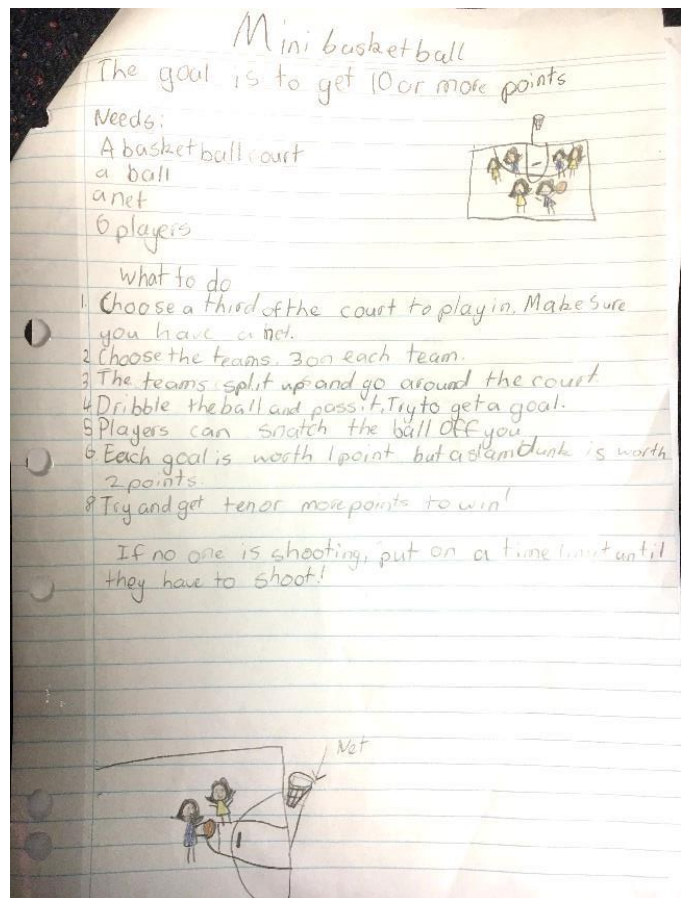
This term we have been exploring procedural writing. We have had lots of fun with this topic, with students writing the procedure and making mini pizzas. Students have also created their own games and have written the procedure for these. We have had lots of fun playing these new games.



Capture the Jedi Flag board game by Hannah & Elijah



How to play Capture Speed by Jayla.



Mini Basketball by Emily.

Merit Scheme



To reward our students' positive behaviour Tooleybuc Central School runs a strong Merit Scheme. Students are awarded 'Merit Awards' during the school year and an accumulation of these merits equates to levels.

- Bronze Level 10 Merits
- Silver Level Bronze plus an extra 20 Merits
- Gold Level Silver plus an extra 30 Merits.

Primary students are given a 'Lucky Dip' at the achievement of each level. They are then presented with a certificate at our Whole School Assembly. Secondary students with the highest GEM score in each class receive the Student Of The Fortnight on Assembly. Those students who achieve Gold Level or the appropriate GEM average are invited to attend our End of Year Merit Excursion.

Gold Silver Awards

Name	Yr	Name	Yr	Name	Yr
Keisha	5				

Gold Bronze Awards

Name	Yr	Name	Yr	Name	Yr
Emily	4	Emily	6	Summer	6

Gold Awards

Name	Yr	Name	Yr	Name	Yr
Alyssa	2	Jayla	4	Quinlan	6

Campbell	2	Josie	6	Saoirse	6
Lucy	2	Lochlan	6	Will	6
Hannah	4				

Silver Awards

Name	Yr	Name	Yr	Name	Yr
Accacia	F	Taylor	F	Rebekah	2
Brydie	F	Felicity	1	Riley	2
Deegan	F	Jade	1	Jakson	2
Lacey	F	Lachlan	1	Felicity	3
		Mason	1		
Lucas	F	Tayce	1	Imogen	3
Maya	F	Trinity	1	Jordan	3
Natalie	F	Alister	2	Alex	4
Oliver B	F	Billy	2		
Oliver S	F	Isabel	2	Jed	4
Savannah	F	Liam	2	Jett	5
Sophie	F	Makenna	2	Jordan	6

Bronze Awards

Name	Yr	Name	Yr	Name	Yr
Adison	F	Ashby	4	Emmy	6
Aidan	1	Brayden	4	Noah	6
Angus	1	Elijah	4	Amy	7
Anton	1	Emily	4	Emma	7
Beau	1	Felicity	4	Mitchell	7
Cooper	1	Jessica	4	Tara	7
		Kayla	4	Taylen	7
Tyson	1	Montana	4	Ryan D	8
Shakeah	2	Murdoch	4	Brees	9
Myah	3	Nancy	4	Kate	9
Alexander	4	Rhys	5	Phoebe N	9
				Phoebe S	9

ACTIVITY: Planning homework

This big-picture approach to a history task can easily be adapted for other homework.

Suppose your child has to read a passage from a book about Australian Aboriginals, then answer questions and draw an annotated cross-section of an eel trap. Before reading for information, they need to get the 'big picture' by following the four steps below.

- 1 Read the task to check they have everything they need:** the textbook opened at the right pages, a workbook or some paper, coloured pens and pencils
- 2 Make sure they understand the task.** Use a dictionary or get them to ask a family member if they don't know what 'annotated' or 'cross-section' means
- 3 Read the questions quickly.** This will help them to focus on what is important when they come to check the text for detail.
- 4 'Scan' the text to get the general meaning:** to scan the text look at titles, subheadings and the first few sentences of each paragraph.

Goal-setting

When your child has finished planning, help them to set targets and think about what success will feel like. In the activity above, their goals might be: 'I'll take 15 minutes to read the passage, then answer the first five questions, then take a break. I'll try and write at least three sentences for each answer. I'll finish this by 7.00 p.m. and then do another 40 minutes tomorrow.'

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2 Encourage planning and goal-setting

Start with the big picture. Before diving into any activity – a maths problem or finding out about something in history, for example – take time to get the overview. With young children, show how this helps by, for example, looking at the lid of a jigsaw puzzle or the instructions that go with a game.

Picture what success will be like before starting a task. How will children know they have achieved it? Take time to talk about this with your child.

Tips for looking ahead and setting goals

- Encourage your child to close their eyes and picture the task in their head. You may also want to suggest they think of people they know who can do whatever it is they are planning.
- Ask questions that encourage looking ahead, such as: 'How long do you think this will take you?' and 'How will you know if you have learned these spellings?'
- Make a simple chart with your child that shows when they will do their homework and put it on their bedroom wall.

	MON	TUES	WED	THUR	FRI
4.00	HOME-WORK	FOOT-BALL	CUBS	HOME-WORK	HOME-WORK
6.00	EAT	EAT	EAT	EAT	EAT
7.00	TV	HOME-WORK	HOME-WORK	TV	FOOT-BALL
8.30	BED	BED	BED	BED	BED

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Secondary News

Jean Duma (Head Teacher)

This week (Week 6) saw the Rollover to start the 2017/2018 Curriculum Year for Secondary students. All students have been issued with new timetables reflecting their new curriculum year group and subject choices.

Year 11 and 12 students had a Stage 6 Induction on Tuesday with Ms Wait and myself. At this induction, students received their Assessment Booklet which contains information about Assessment policy, processes and procedures as well as the Assessment Schedules for each subject. Students also received the 2018 NESA HSC Rules and Procedures Guide and information about their logins to HSC Hub. With most courses having their first assessment due before the end of this term, it is important that students are completing all set work and seeking assistance with tasks in advance of the due date. Parents and caregivers are encouraged to contact the school to speak with myself or the respective course teachers if there are any concerns about student progress or assessments.

PDHPE

Benjamin Miller (PDHPE Teacher)

Recently Year 7-8 have been dancing in PE. Students participated in a variety of different dances from the basic individual dances of the Chicken Dance, Nutbush before moving onto the Macarena. After we were warmed up with the solo dances we moved on to the Heal Toe Polka before exploring the Waltz. Most people started to establish the basics of the Box Step. In the coming weeks we will be looking at Summer sports during our practical PDHPE lessons.

Year 9-10 have been busy preparing for their Yearly Exams. In the coming weeks Year 9-10 will be exploring leisure based activities as the weather is starting to warm up. For the time being they will be practising some AFL 9's in preparation for the school round robin.

Remember Term 4 is 'No Hat No Play' and in PDHPE and sport we also support this policy. Please ensure you have a hat that is comfortable and shades your head, neck and ears.

History Year 7/8

Leeta Rutherford (History Teacher)

The students have been studying Ancient China. The main assessment task for this unit required, the students to choose an influential person from China's history and write a speech as that person to

inform the rest of the class about who they were and what they did.

The students put in such a great effort with their speeches and costumes, I was really impressed - well done for the effort!



Owen - Sun Tzu



Cooper - Genghis Khan



Ryan - Kublai Khan



Jack - Kang Xi



Tara - Mu Guiying



Paddy - Li Tian



Mitchell - Qin Shihuang



Taylen - Princess Pingyang



Amy - Qin Liangyu



Emma - Fu Hao

Other people that were studied included:

Tane - Lu Ban;

Laura - Soong Ai-Ling;

Natayla - Soong Ching-Ling;

Mia - Soong Mei-ling;

(Laura, Natayla and Mia chose females who were sisters)

Joseph – Confucius and

Dallas - Cai Lun.

Careers

Kim Morton (Careers Teacher)

Senior Careers Excursion

On Thursday and Friday students in Year 10 and 11 travelled to Melbourne to learn about the many options they have available to them to access in future years. After an early start and train ride we arrived in Melbourne and headed to the Melbourne Central Youth Hostel to deposit our luggage. With Mr Hocking navigating us through the city we firstly visited RMIT Village Accommodation where students were pleasantly surprised by the rooms and facilities on offer. From here we went to RMIT and were given a comprehensive talk about the many courses on offer. Students then engaged in an Instagram challenge and learnt more about what's available at RMIT. From RMIT we then ventured to ACU where we were lucky enough to have Ola, past 2016 student visit us (Ola is now attending ACU and undertaking a Bachelor of Arts) and she also attended the tour and talk.

Once again we were given an informative talk and look at the facilities available. Students particularly loved the rooftop garden area.

From ACU we headed back to the Youth Hostel for a quick freshen up before walking to Errol Street for dinner. The students chose to dine Chinese, with Mr Hocking and Mrs Morton choosing Nepalese cuisine. On arrival back to the hostel students were given a study skills and motivational presentation by Darren Periera along with many laughs. We all collapsed into bed exhausted.

Friday was another early start with the girls heading to Geelong with Mrs Morton to visit the Deakin Waterfront campus and the boys headed to Box Hill Institute followed by Swinburne Uni. Once again all found these Uni and TAFE providers excellent.

We then all meet up at Footscray Station to visit Victoria University. We were again given an informative and interesting tour and talk and able to view the recently completed accommodation options run by Uni Lodge. We trained back to Southern Cross to catch the late train home, all thoroughly exhausted by then. Thanks to Mr Hocking for organising the Uni and Tafe visits and for helping us to commute around the city using public transport with ease.

Hopefully all students have gained a greater appreciation of the diverse opportunities available and that at some stage in their lives they may choose to access these.



The students met up with Ola, who showed them around the University.

Other Recent Career Happenings.

Boys in Year 9 and 10 engaged in the YES program constructing some interesting projects from Metals and gaining skills in welding. Feedback from this project has been most positive.

Girls in Year 9 and 10 were able to gain skills in cake decorating from Loreto Kennedy who showed them some amazing techniques.

Work Experience has finished for 2017 with Murray gaining a positive report from his employer. Boys undertaking Metals through Suni TAFE have completed or are in process of completing their first week of placement.



Jacob mowing the lawns during Work Experience.

I'M IN YEAR 12 - WHERE CAN I GET ASSISTANCE DURING 'CHANGE OF PREFERENCE' PERIOD? The period after Year 12's receive their ATAR is known as **Change of Preference (COP)** - Fri 15 Dec till 12 noon on Wed 20 December. During this time tertiary institutions run **information sessions, COP Expos**, offer **phone assistance**, and will help you in any way they can. You can also obtain **assistance at school**. These institutions are offering the following (see online for more details). **NOTE:** Some institutions will have phone contact available on **Sat 16 and Sun 17 December** as well as week days.

- **Australian Catholic University – Hotline:** 1300 ASK ACU (1300 275 228), including 12 noon - 4pm Sat 16 Dec; **Info Sessions:** Melbourne 12 noon – 3pm, Mon 18 Dec; Ballarat 4-6pm, Mon 18 Dec.
- **Box Hill Institute – Hotline:** 1300 BOX HILL (1300 269 445)
- **Charles Sturt University – Hotline:** 1800 334 733
- **Chisholm – Hotline:** 1300 244 746
- **Deakin University – Hotline:** 1800 693 888; COP events: 11am-2pm, Sun 17 Dec (Burwood); 4-7pm, Mon 18 Dec (Geelong Waterfront); see also www.deakin.edu.au/choose
- **Federation University - Hotline:** 1800 333 864
- **Holmesglen – Hotline:** 1300 693 888
- **Kangan – Hotline:** 13 8233
- **La Trobe – Hotline:** 1300 135 045
- **Melbourne Polytechnic – Hotline:** 9269 1200
- **Monash – COP Expo:** 3-7pm, Mon 18 December, Building H, Caulfield campus, 900 Dandenong Rd, Caulfield East; **COP Hotline:** 1800 MONASH (1800 666 274), or see www.monash.edu/cop
- **RMIT – Hotline:** 9925 2260; **Visit** Info Corner, 330 Swanston St, Melbourne (Cnr. La Trobe St); **COP Expo:** 3-6pm, Monday 18 December (City campus); www.rmit.edu.au/school-leaver

- **Swinburne – Hotline:** 1300 SWINBURNE; **COP Expo:** 11am-4pm, Mon 18 Dec; **Live Chat** via www.swinburne.edu.au/choose
- **University of Melbourne – Hotline:** 13 MELB (13 6352); **COP Day:** Mon 18 Dec; **See:** <http://coursesearch.unimelb.edu.au/change-of-preference/>
- **Victoria – Hotline:** 1300 VIC UNI (1300 842 864)
- **William Angliss – Hotline:** 1300 ANGLISS (1300 264 547)

MORE SCHOLARSHIP NEWS – Year 12's are encouraged to **apply for scholarships** on the VTAC website (**the deadline has been extended to 12 noon on Monday 16 October**). However, as previously noted, it is wise to look out for others such as:

- **AusNet Services Women in Power Engineering scholarships** – these support women to achieve tertiary qualifications in power engineering, preparing them for careers in the energy industry. Scholarships are awarded to successful female applicants entering the B. Electrical and Electronics Engineering (Honours) degree. They are valued at \$10,000 per year and include a mentoring program. **See:** www.deakin.edu.au/ausnet-services-women-in-power-engineering-scholarship
- The **Global Science and Technology Program** aims to recognise and support high achieving students who would like to conduct part of their studies overseas. Successful applicants will receive a \$3,000 scholarship to assist with travel and will participate in the Deakin Global Citizenship Program. Available to students interested in studying any undergraduate course in the Faculty of Science, Engineering and Built Environment, with scholarships for those who get at least an ATAR of 80.00 and are admitted through VTAC. **See:** www.deakin.edu.au/sebe/global
- The **IGNITED Scholarship** aims to ignite women's interest in **areas traditionally dominated by men**. Each scholarship is valued at \$5,000 pa. They are awarded to successful applicants entering an approved undergraduate degree offered by the Faculty of Science, Engineering and Built Environment (e.g. Engineering, IT). **See:** www.deakin.edu.au/ignited-scholarship
- Other **Monash scholarships – Merit scholarships** are awarded based on academic achievement and have financial and academic benefits including membership of some of Monash's exclusive mentoring and leadership programs. No application is required as merit scholarships are granted when the required

ATAR is achieved. To be eligible for consideration for a merit scholarship, students must have a Monash course listed in their VTAC preferences. **Equity scholarships** are for those who identify as Indigenous Australian or who are experiencing financial hardship or disadvantage. Applicants submit an application through VTAC (new closing date: 12noon, 16 Oct).

I'M IN YEAR 12 - WHAT IF I DO NOT GET A HIGH ENOUGH ATAR TO GET INTO MY DESIRED COURSE?

Many pathways and programs exist to assist in getting to where you want to go. Suggestions:

- Complete a **Diploma of Tertiary Studies** at **Monash University** in either business, education or nursing (ATAR 50+) **OR** a Diploma of Higher Education (ATAR 65+); Indigenous pathways - **See:** www.study.monash/how-to-apply/indigenous-student-applications
- Complete a course at **Monash College** in Art & Design, Arts (Human Behaviour or Psychology streams), Business or Commerce, Engineering or Science; search Courses on VTAC website
- Complete a course at **Deakin College** in Commerce, Computing, Engineering, Health Sciences, Management, Media and Communication or Science
- Complete a **Unlink Diploma** at **Swinburne** (Arts and Communications, Business, Design, Engineering, Health Science, IT, Science)
- Complete a **Diploma at La Trobe Melbourne** in Biosciences, Business, Engineering, Health Sciences, IT or Mass Media Communications
- Complete a **Tertiary Preparation Course** at **RMIT** in engineering or science

- Consider studying a **related university course** with a lower ATAR; **if you do well** you MAY be able to transfer to your desired course later
- Start with a **VET (TAFE) course** in a related field; two years of VET often equals one at university
- Complete a **Tertiary Studies Diploma** at **Melbourne Polytechnic** (Preston)
- **Complete a Certificate IV in Liberal Arts** – a pathway into a range of degrees. **Swinburne and Victoria Universities** have this Certificate
- Consider a **country/rural campus**. ATAR's are often lower, usually due to lower demand; most have accommodation (apply ASAP)
- For **nursing** consider first completing **Division 2** at TAFE or a private provider- e.g. Box Hill, Chisholm, Federation, Goulburn Ovens, Holmesglen, RMIT or Swinburne
- **ACU** has certificate/diploma courses that can lead to degrees (through ACUcom) **See:**

http://www.acu.edu.au/courses/2014/other_courses/vocational_education_training_vet/

- Complete a **Victoria University Foundations@VU** alternative entry to higher education and diploma studies course - a 13 week course designed to build academic skills needed for tertiary study. **See:** www.vu.edu.au/courses/foundations-at-vu-iyac
- Complete a 2-year **Associate Degree** – want to study at university but not sure you will meet the entry requirements for a bachelor's degree? Several universities offer these (e.g. RMIT).

VOLUNTARY CONTRIBUTIONS 2017

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year. These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

Technology Fee	All Years F to 12	\$10.00
Current voluntary contributions including Technology Fee	Infants and Primary	\$55.00
	Years 7 + 8	\$100.00
	Years 9 + 10	\$60.00
	Years 11 + 12	\$60.00
Design and Technology Food:	Year 9 + 10 elective	\$65.00
Industrial Technology	Year 9 + 10	\$52.00 plus materials
Information & Software Technology	Year 9 + 10	\$52.00 plus materials
VET Hospitality	Stage 6	\$185 (\$25 Uniforms/ \$160 Pracs)
Industrial Technology	Stage 6	\$80.00

Wanted

Second hand uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

LOST UNIFORMS

Please name your uniforms so we can return items that are misplaced. Lost property is currently overflowing with items, so if your child is missing anything please encourage them to have a look.

School Bags

Tooleybuc Central School has school bags which are available to purchase from the front office.

Large \$58.00



Tooleybuc Central School Uniforms

Hats

TCS dark green bucket school hats \$15, are available for purchase from the front office

Tops

Primary:	Dark green polo shirt (TCS)
	Jumper (TCS)
	Girl's summer culottes/green check dress
Secondary:	Green/yellow polo shirt (TCS)
	Rugby Jumper (TCS)

Pants

Primary & Secondary Boys	Grey School Pants/ Grey Max Dax
Primary Girls	Green school pants/ Green Knee Length Shorts
Secondary Girls	Black school pants/ Green Knee Length Shorts

Sport

Primary & Secondary	Yellow polo shirt
	Green basketball shorts
	Green tracksuit pants
	Sneakers

Shoes

Primary & Secondary Boys & Girls	Black Leather Shoes
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Stockists of School Uniform

Outdoors First

Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

Clark's Gift Salon

183 Campbell Street, Swan Hill – Phone 50321616

PSW

Bootleg Pants – Polyester 465 Bottle can be purchased online at <http://www.psw.com.au/>

Second Hand Uniforms

The school is in need of

- Secondary t-shirts and
- Girls green and black school pants

for our uniform pool.

STUDENT ASSISTANCE SCHEME APPLICATION FOR SUPPORT

If you would like an application for support please contact the school.

Canteen Menu 2017

Recess **Canteen not open**

Lunch **(all hot food must be ordered)**

Pie	\$3.00
Sausage Roll	\$2.00
Party Pie	\$1.00
Mini Pizza (Ham & Pineapple or Ham & Cheese)	\$2.00
Dim Sims (soy sauce – no extra charge)	\$0.50
Chicken Nuggets	\$0.50
Tomato Sauce	\$0.20

Snacks **(do not include in lunch order, students to purchase at lunch time)**

Muffins (Double Choc)	\$1.60
Bulla Frozen Yogurt (Strawberry and Mango)	\$1.60
Chips (Honey Soy)	\$1.00
Raspberry Twists	\$0.20

Drinks

Big M (Chocolate, Strawberry & Iced Coffee)	\$2.00
Play water - 500ml (purple, lemonade, red, fruit tingle)	\$2.50
Prima (as drink or frozen) (apple/blackcurrant and tropical)	\$1.20

School Desks

There are still some old school desks available to purchase from the school at \$5.00 each. Contact the school office on 50305422



CANTEEN ROSTER

Fri 24 Nov	No Canteen – Barbecue Lunch
Fri 1 Dec	Sharon Rogers & Lisa Pyatt
Fri 8 Dec	Swim School - no canteen

Thank you to all volunteers who helped in the Canteen this year. More volunteers are always welcome.

If you are unable to do duty on your rostered day please contact someone else on the roster and arrange a swap.

Canteen duty is from
10:30 am until 2.30pm.

Lunch orders are to be written on a paper bag including students name and year (with money inside). Orders are then to be taken to front office by students or sent with the rolls.

Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to the school website to make it easier for you to pay for school related expenses. This is a secure payment page hosted by Westpac.



What most expenses can be paid online?

- Voluntary School and Subject Contributions
- Excursions
- Sales to Students
- Sport
- Other

How?

Log onto the School site at www.tooleybuc.c.schools.nsw.edu.au/

Click on 'Make a Payment' and follow the prompts to make a payment via Visa or MasterCard.

Tooleybuc Sporting Club – Essay Competition

As you know we have positioned the Big Mallee Stump at the corner of the club grounds.

We would like to invite the students to become interested in the history of the Mallee. The Tooleybuc Sporting Club are offering a prize for an essay on the 'Clearing of the Mallee' in our district. This could include not only the history, but information about Mallee Trees and the connection of Dinosaur Ants with Mallee Trees.

These essays will be judged and a prize awarded, then the essays can be displayed at the club.

Depression



Getting help for depression

Even though it may seem hard, it is important to talk with someone that you trust about how you feel. You could talk with a parent, teacher, school counsellor, family member or friend. A general practitioner (GP) is another good place to start when seeking help and information.

Most people are able to recover from depression with the right help. The sooner you get help, the sooner you can recover.



Apart from seeking professional help there are a number of things you can do to maintain good mental health. Regular physical exercise, eating well, practising relaxation, expressing your feelings, and doing things that you enjoy are just some of the things that can help. For more tips on looking after yourself, visit headspace.org.au to download the 'Tips for a healthy headspace' fact sheet.



An important part of professional support is often psychological therapy. Psychological ('talking') therapy focuses on helping you to build skills to deal with the stresses in your life and change negative thinking patterns. Antidepressant medications can also be added if they are needed. Depending on the type of treatment most people start to feel better or notice an improvement after about two to six weeks.

IMPORTANT!



If you have thoughts of suicide or plans to harm yourself, it's really important to seek immediate help. Talk to someone you trust, such as a family member, friend or teacher. There are health professionals at **headspace** centres and **eheadspace** (online and phone support) who can help you to work out a plan to keep you safe.

Depression – suicide and self harm



Depression is one of the main risks for suicide and self harm.

If someone you know is self harming or talking about suicide try to arrange some support from close, trusted friends or family. Help the person be safe and remove dangerous things like tablets, guns or other weapons and try to encourage them to see a health professional. If in doubt, don't be afraid to **call 000**.



headspace
National Youth Mental Health Foundation

For more information, to find your nearest headspace centre or for online and telephone support, visit headspace.org.au

References: ¹ Australian Institute of Health and Welfare. Young Australians: their health and wellbeing. Canberra, 2007.

Fact sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to ensure the information is accurate, **headspace** makes no representations and gives no warranties that this information is correct, current, complete, reliable or suitable for any purpose. We disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information.

Depression

Normal feelings vs. depression

We all feel sad or 'down' from time to time – it's part of being human.

For young people, it's normal to have occasional mood swings, feel irritable sometimes, and to be sensitive to rejection and criticism.

This can make it harder to tell whether you're experiencing "normal" feelings or whether you are becoming depressed.



What is depression?

Depression is one of the most common health issues for young people in Australia!

Depression ("major depression") is a mental illness characterised by feelings of sadness that lasts longer than usual, affect most parts of your life and stop you enjoying the things that you used to.

Symptoms of depression

You may be experiencing depression if, for more than two weeks, you've felt sad, depressed or irritable most of the time, or you've lost interest or pleasure in your usual activities. Other symptoms may include:



Loss of interest in food or eating too much, leading to weight loss or gain



Having trouble sleeping (getting to sleep and/or staying asleep), or oversleeping and staying in bed most of the day



Feeling tired most of the time, or lacking energy and motivation



Difficulty concentrating and making decisions



Feeling worthless or guilty a lot of the time



Feeling everything has become 'too hard'



Having thoughts of death or suicide

People with depression might have other mental or physical health problems as well, such as anxiety, or using cigarettes, alcohol or illegal drugs excessively.





Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (No organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoeal), vomiting, fever, stomach cramps, headaches.	... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms; mild fever; runny nose, swollen nodes, pink blotchy rash that lasts a short time.	... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the happy area in babies.	... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	... for 2 weeks after first symptoms for 1 week after onset of jaundice. Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	... if they have symptoms. Contact your doctor before returning to school. ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	... for 9 days after onset of swelling.
Mumps	Fever, swollen and tender glands around the jaw.	... for 24 hours after fungal treatment has begun.
Ringworm* (linea corporis)	Small scaly patch on the skin surrounded by a pink ring.	... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Runny nose or common cold		... until 24 hours after treatment has begun.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	... as it is most infectious before the rash appears.
Stapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy face-like rash, and possibly cough, sore throat or runny nose.	... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air.	... until the school as other parents will need to know to check their kids.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	

*It is important that the rest of the family is checked for head lice, scabies and ringworm



Tooleybuc Sporting Club Ltd.

Phone: 03 5030 5476

Open Daily from 11.00am till late

Murray Muster Country Music

**16th—19th
November
2017**



**Lily and the Drum
(Free Band)
10th November**

CHEF'S SUGGESTIONS

Every Friday night the Bistro have a Chef's Suggestions Specials Board. It consists of around 4 different dishes at affordable prices.

Only available while stock lasts!
Come along on Friday Night & enjoy a great meal, Stay for the Raffles and catch up with Friends.

WEEKLY ACTIVITIES

- Mon:** Poker 7.30pm
- Tues:** Bingo 'eyes down' @ 7.30pm
- Wed:** Members Draw @ 7.30pm,
Raffles between 7pm & 9pm
Wed/Sun Snowball Draw (LTPS/16/02848)
Jackpots \$50.00 each Wednesday & Sunday if not claimed
Line Dancing 7.30pm
- Thurs:** Bingo 'eyes down' @ 11.30am
- Fri:** Raffles @ 8.30pm (approx)
Members Friday Fortune Draw @ 9.30pm (approx) Jackpots \$50 each week if not claimed (LTPS/14/04455)
- Sun:** Raffle @ 8.00pm (approx)
Wed/Sun Snowball Draw (LTPS/16/02848)
Jackpots \$50.00 each Wednesday & Friday

Wednesday Madness Lunch

12.00 till 2.00pm
\$5.00 Mains
\$3.00 Sweets



Tooleybuc River Retreat Villas

6 x 6 Berth Self Contained Villas overlooking the Mighty Murray River
Just a short walk to the Tooleybuc Sporting Club

Bookings on 5030 5476

Connect with Your Neighbours



Street by Street
— BRINGING NEIGHBOURS TOGETHER —

If you are fortunate enough to live with a sense of community, where you know the people who live near you, share experiences and help one another, then you'll probably agree, your life is richer for it. The Street by Street Project is seeking community minded people to turn streets into communities in your area, through simple social activities. We'll support you to do this. Contact Irene Opper at irene@streetbystreet.org.au or 0413 706 233 and see www.streetbystreet.org.au for more info.

NYAH DISTRICT GOLF CLUB
Golf Club House can be hired for
MEETINGS PARTIES
WEDDINGS etc
Inquiries Phone 50302087



*If
The
Shoe
Fits...*



Dance!

Saturday 25th Nov 2017

@ Swan Hill Town Hall

Nyah Dancers 2pm show
Swan Hill Dancers 7pm show

Tickets at door Refreshments for sale
More Info: natasha@strikeaposedancestudio.com



Brien Holden
VISION INSTITUTE

EYE CLINIC

An Optometrist from the Brien Holden Vision Institute will be conducting an eye clinic in your community on:

WHEN: MONDAY, 4th December from
9.30AM – 4.00PM

WHERE: Tooleybuc Community Health Centre
Unit 1, 76 Cadell St Tooleybuc NSW 2736

CONTACT / PHONE: 50305189

Eligible patients on a current Centrelink pension card will receive their spectacles through Vision Australia at no cost. Those not eligible can access spectacles through our low cost spectacle scheme.

Eye examinations will be Medicare Bulk Billed.



SWAN HILL
HOME BUSINESS EXPO

WITH OVER 40 VENDORS
All proceeds to the Swan Hill Hospice

Date:
Sunday
19th Nov
2017

Where:
Swan Hill
Leisure
Centre

Time:
10am - 2pm

Great Family Day
with activities for

Broadcast on the day by:



Face Painting & Jumping Castle
Coffee Vendors
Food vendors

- Blackman Photography
- Buttons by Brooke
- Chef's Tool Box
- Define Me
- Feather and Belle
- Flashgeist
- Intimo
- Hand Made by Kara Jade
- LaReve
- Mincha Munchies
- Mini Kiski
- Norwex
- Phoenix Trading
- Ross & Ems Pickled Onions and Preserves
- Stampin' Up
- Teddybear Inn
- Tupperware
- Turner's Donuts
- Younique



Kids can Drown without a Sound



Each year an average of 13 drowning and 84 non-fatal drowning incidents occur in NSW children. Most parents think they will be able to hear if their child is drowning, but in fact it is a very quick and quiet event.

The 'Kids Can Drown Without a Sound' campaign from Kids Health at The Sydney Children's Hospitals Network aims to remind parents and carers of the following to help prevent child drowning:

1. Have a compliant pool barrier that is used correctly and maintained regularly
2. Adult supervision of children (within arm's reach) in and around water is essential
3. Teach children water familiarisation and swimming skills
4. Learn CPR and remember that any attempt is better than none at all

Download campaign information and resources: <http://kidshealth.org.au/inflatable-and-portable-pools>, and do the free online 'CPR Training for Parents': <http://kidshealth.org.au/cpr>

Nyah West Pharmacy

Would like to welcome our new

Owner and Pharmacist

Engshen Tan

Please call in and make him welcome!

OPEN

Monday to Friday 9 am – 5.30pm

Saturday 9am – 12 noon

We welcome your feedback

Please call in and talk to us about what you would like to see stocked in store, and any suggestions to improve the pharmacy.

PH: 50302427

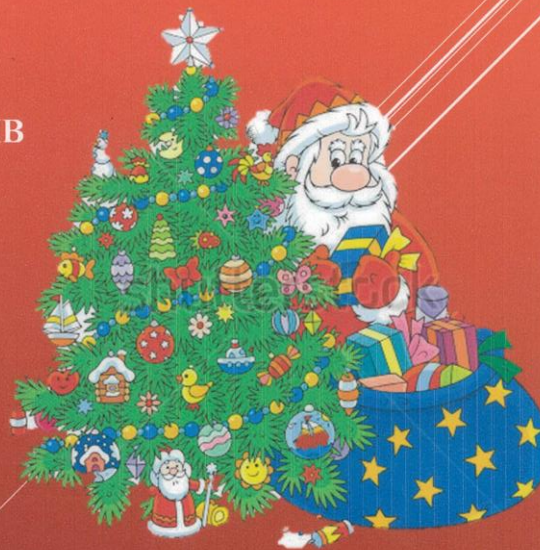
Fax: 50302379

2017 TOOLEYBUC CHRISTMAS CAROLS

AT THE TOOLEYBUC SPORTING CLUB
SUNDAY 3RD OF DECEMBER 2017
STARTING AT 6:00PM.

FEATURING:
TOOLEYBUC CENTRAL SCHOOL CHOIR
FIJIAN CHOIR
TOOLEYBUC PRE-SCHOOL PERFORMANCE
AND OF COURSE
SANTA!

Complimentary sausage sizzle, lolly bags and icy poles will be provided!



SUMMERREADINGCLUB.ORG.AU



Enter the Swan Hill Library's Summer Reading Club for your chance to win some fantastic prizes!

For more information call
5036 2480



Celebrating its seventh year as a national program, the Summer Reading Club could be even bigger and better this year, with the help of your school!

The theme for the 2017 Summer Reading Club is **GAME ON**. Young readers will be encouraged to play, solve, participate and read in celebration of sports, games, technology and spirit.

At Swan Hill Library, Summer Reading Club will run from 1 December 2017 until 31 January 2018.

Registration is FREE! When participants register at our library they will receive a Summer Reading Club pack. Alternatively, they can also register through the Summer Reading Club website at www.summerreadingclub.org.au

Tooleybuc Home Support Happenings Murray River Council

Location: 2/74 Cadell Street, Tooleybuc
Co-ordinator Deb Porteous Ph/Fax: 03 5030 5252 Mobile: 0437 398 259



Goodnight Express

This vital service is available to any community member wishing to access services in Swan Hill.
EVERY FRIDAY

Departs: Goodnight: 9.30 Post Office
Tooleybuc: 9.45 Post Office
Koraleigh: 10.00 Post Office
Nyah: 10.10 Post Office
Drop Off: 10.50 Clock Tower Bus Stop
Departs Swan Hill 1.30pm Woolworths Car Park – Campbell Street Side

1st time passengers are required to complete a registration form
AVAILABLE ON THE BUS

Aqua Fitness

Are you interested in attending a session at the Swan Hill Leisure Centre? Aqua Aerobics is a low impact exercise routine to music in the comfort of the heated pool.

Transport can be provided one day per week (for up to 6 people), to attend a class on Wednesdays 10.00 am or Friday's 9.30 am start. Each class runs for 1 hr.

Suitable for all, including those with joint/ muscular ailments.

\$17 per person - Includes Transport
Phone to discuss a preferred day and make a booking

Please phone 50305252 or 0437 398 259 for any enquiries or transport bookings.

St Joseph's 2017 Christmas FETE

5:30-9pm Saturday 18th November

St Joseph's Primary School, 106 Church Street, BALRANALD

Please join us in celebrating the joy of Christmas

Bringing you all the things you love and much more:

- BBQ Tea
- Hot Chips
- Cake Stall
- Hot Cinnamon Donuts
- Ice Cream Stand
- Great raffles to be won
- Photos with Santa
- Local & visiting traders
- Colouring Comp & Face Painting
- Inflatable Laser Tag
- Chair-O-Plane
- Bungee Run
- Jumping Castles
- Games & Competitions
- Activities Corner for younger children
- Showbags & Lucky Dip

FOR MORE INFORMATION CALL 5020 1592 OR check us out on facebook

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TOOLEYBUC COMMUNITY HEALTH CENTRE

Open
Mon - Wed 9.00am-4.00pm
Thur 9:00 am – 3:00 pm
Fri 9:00 am – 12:00 pm

Phone: 03 50305189

CLINIC HOURS ARE:
9.00-10.00am & 1.00-3.30pm

All Clinics are free

EARLY CHILDHOOD CLINIC:
Mondays-Wednesdays -1.00-3.30pm

IMMUNISATIONS CLINIC:
(appointment necessary) Third Tue in month
Tuesday 21st november

Diabetes Nurse- available by
appointment only

MENTAL HEALTH: Monthly by
Appointment

Visiting once per month or contact
ACCESSLINE (1800 800 944)

DIETITIAN CLINIC:
Tuesday 28th November
(ph 5033 9390 for apt)

Podiatrist
(ph 50339390 for an apt).
Thursday 6th November

Speech Pathologist
(1st Thursday of the month)
Telephone Swan Hill District Health
for appointments and enquires **5033 9390**

Pathology collection by apt.

In an emergency contact your G.P.
Manangatang- 50351215
Balranald- 50201055
Nyah West- 50302456
Swan Hill- 50331711 Or call '000'

Tooleybuc Post Office

Newsagency

Gift Shop

Open
Monday to Friday 7:00 to 5:00
Saturday 9:00 to 12:00
Sunday 8:00 to 11:00

Phone: 03 50305303



Tooleybuc and District Carpet Cleaning Service

For domestic and commercial
steam cleaning at competitive rates

Ring David Thompson on
0447 000348
for a free, no-obligation quote.



LEN MCPHERSON

REGISTERED ELECTRICAL CONTRACTOR
Vic. R.E.C 2553 NSW 144714C

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Nyah West 3595
A.H. (03) 50302725

EMAIL phantastic2000@hotmail.com

MOBILE: 0418 582 855

Box 209, Nyah West, 3595



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TRY ONE OF ROSIES
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PHONE ORDERS WELCOME
ANYTIME!

MENUS AVAILABLE AT SHOP
TEL : (03) 50305444

MON – THURS : 6am – 6pm
FRI : 6am – 10pm
(cooking 'til 8pm)
SAT - SUN : 8am – 2pm

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Agents for Tru-Built &

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Matthew Loats Builder P/L
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(03) 50 305 122

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Willis Family Building
0437 347 918

Adam Willis
willisfamilybuilding@gmail.com

- Renovations
- Pergolas
- Bathrooms
- Verandahs
- Extensions



Student Absences Note


Name: _____
 Class: _____
 Teacher: _____

This student was absent from _____ to _____
 due to the following:

Illness
 Injury
 Medical/Dental Appointment
 Family Commitments
 Other give reason

Additional comments: _____

Signed: _____
 Date: _____



Tooleybuc Central School Bus Variation to Routine

child/children _____ will not be travelling on the bus on _____ (Date).

I will be collecting them
 They will be travelling on _____ bus.
 Other (Please explain) _____

Note: Some buses do not allow other students to travel on their buses. Please contact the bus driver to ensure approval.

Parent Signature: _____
Date: _____

STUDENT ASSISTANCE SCHEME APPLICATION FOR SUPPORT

Personal Details

Student's Name: _____ Class/Year: _____

Home Address: _____

Parent/Guardian Name: _____

Family Support Reason Support is Needed

Support Details Assistance can be provided with uniform/books/excursions

Details of Request:	Amount
_____	_____
_____	_____
_____	_____

The information provided will be treated in confidence. Please forward this application to the Principal. There is a limit to the amount each child can access.

Signature of parent/guardian: _____ Date: _____

Approved/Principal Signature: _____ Date: _____

CALENDAR 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 7 NOVEMBER TERM 4	20	21 Anna Conlan Speech	22 Whole School Transition Foundation Orientation Whole Day Year 6 into Year 7 Transition Day	23	24 Blue day Casual Dress Michelle White in
WEEK 8 NOVEMBER/ DECEMBER TERM 4	27	28	29	30 Scripture	1 Whole School Assembly 1:45 pm
WEEK 9 DECEMBER TERM 4 Sunday 3 rd 6:00 pm Sausage Sizzle	4 Swim School Last day to hand in Merits	5 Swim School	6 Swim School	7 Swim School	8 Swim School
WEEK 10 DECEMBER TERM 4	11 Presentation Night Reports Distributed Michelle White in	12 200 Nights Morning Tea	13 Gold Reward Excursion	14 HSC Results in	15 End of Term 4 for students (Eastern and Western division)