

INSIDE THIS ISSUE:

- Principal's Thoughts (page 1)
- Performance Night (page 3)
- Primary News (page 4)
- Secondary Bridge Report (page 5)
- Voluntary Fees (page 9)
- Uniform (page 9)
- Canteen (page 10)
- Community Information (page 11)
- Absent Note/Bus Note/Assistance Request (page 17)
- Calendar 2015 (page 18)

Tooleybuc Central School, Murray Street, Tooleybuc, NSW 2736

Ph (03) 50305422 Fax (03) 50305408

Email: tooleybucc.school@det.nsw.edu.au

Web: www.tooleybucc.schools.nsw.edu.au/

THE BRIDGE

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL

11th September 2015 Term 3 Week 9

Melanie's Thoughts



Melanie Wait Principal

Performance Night

Congratulations to all the students who showed the courage and confidence to participate in our Performance Night last week. It was absolutely amazing to see students putting themselves outside their comfort zone and perform in front of a huge crowd. Thank you to all of our staff members who supported this night and to all of our parents and family members who came along to watch and support our students.

Year 12

Next week is the last official week of school for our Year 12 students. This is an exciting but also a sad time for our school and our Year 12 students. We wish them luck as they prepare for their final examinations and the next stage in their journey.

Wonderful Opportunities

As the term draws to a close it is an opportune time to reflect on all the

wonderful experiences that have been offered to our students;

- Performance Night
 - A range of excursions for our Primary Industries students -Ride on Bikes, Lamb Marking
- Mock Interviews for our Year 10
 students
- Try a Trade Day
- Year 5/6 Careers Excursion (next week)
- Cycling for Sport
- Fairfax
- SRC Leadership Camp
- Education Week Leadership Luncheon
- District, Riverina and State Athletics
- District, Riverina and State Cross Country
- Nyah Sports
- TIS Tour
- Brilliant Attitude
- Police Liaison Officer Talks
- Work Placement
- Work Experience

• School Formal (next week) This shows what a wonderful range of opportunities we provide for our students to experience beyond the classroom to help develop understanding of themselves and the community outside Tooleybuc Central School. Thank you to our dedicated teachers who have made these opportunities possible.



Rebekah, Campbell, Billy & Sebastian sang with gusto during Performance Night.

Term 3 – Week 9

Friday 11th September 2015

Centre for Learning

This week we opened our Centre for Learning. This was a huge success with 8 students attending. This is a wonderful opportunity for our students to obtain some extra assistance from our tutors. Make sure you bring along something to work on or your home learning so we have something to help you with.



Emma came first in Discus and Shot Put, she also came third in Javelin. An outstanding effort.



Ryan, Emma and Shane all arrived unplanned at the Homebush gates in Sydney at the same time.

| Gauging Educational Merit (GEM) | | | |
|---------------------------------|---|----------------|--|
| Class score | Description | GEM Average | Result |
| 10 | Outstanding effort | | |
| 9+ | High level of effort | 9-10 | Maintain average for a term to receive canteen voucher and certificate |
| 8 | Sound effort | 8-9 | Maintain average for a term to attend reward BBQ |
| 7 | Satisfactory effort | | |
| 6 | Limited effort (causing some concern) | | Monitoring in the subjects where your score is below 7, reporting to class teacher |
| 5 | Poor effort (unsatisfactory) | 5-6 | Monitoring in all classes, reporting to Head Teacher daily. Extra curricula privileges may be removed |
| 1 | Poor effort & behaviour, non submission of tasks | 1-5 | Monitoring in all classes, reporting to Ms Wait daily Not allowed to attend excursion and extra curricula activities |

Up Coming Events Term 3 2015

Week 10

| Timetable Week 2 | | |
|------------------|---|--|
| Mon 14 Sep | Whole School Assembly 11:20 | |
| | Senior Formal | |
| Tue 15 Sep | Fairfax Camp Swan Hill in the afternoon | |
| Wed 16 Sep | Breakfast Club | |
| | Fairfax | |
| Thu 17 Sep | Year 5/6 Careers Excursion Swan Hill | |
| | Fairfax | |
| Fri 18 Sep | Fairfax | |
| | Year 12 Assembly in MPC | |
| | Last day of Term | |
| Term 4 | | |
| Week 1 | | |
| Timetable We | ek 1 | |
| Mon 5 Oct | Public Holiday | |
| Tue 6 Oct | First Day Term 4 | |
| Wed 7 Oct | Breakfast Club | |
| | | |



Friday 11th September 2015

Performance Night



The band pumped out some well know 70s and 80s tunes.



Year 5/6 jived to Gloria Gaynor's 'I will survive.



Foundation danced to Village People 'YMCA'.



Year 8 grooved to Peaches and Herb 'Shake your Grove Thing'.



Year 1/2 had the dance moves to 'Crocodile Rock' perfect.



Year 7 'Blame it on the Boogie' by Michael Jackson



Year 2/3/4 'ABC' by Jackson 5.



Year 9/10 stepped straight out of 'Grease' with 'You're the one that I want.'



Primary News

David Tallon (Assistant Principal)

Term 3 has been a very busy term. Last week saw a group of students go to Albury for the Riverina Athletics carnival. I've heard that all students who went had a very enjoyable time and tried their best. Congratulations to Sara Berg who has qualified in the Senior Girls Discus event and will represent the region in October at the State Athletics carnival. Congratulations also to all the Primary students who showed their dancing talents at the performance night last Wednesday. It was a great night thanks to Miss Watson, who has put in a lot of time to organise the event.

I wish everyone a safe and restful holiday. See you in Term 4!

Coming Events

September

| Monday 14 th | - Whole School Assembly @ 11:20 |
|---------------------------|---------------------------------|
| Thursday 17 th | - 5/6 Careers Excursion |
| Friday 18 th | - Year 12 Final Assembly |

October

Tuesday 6th - School resumes

Year 1/2

Michelle Jenvey (Class Teacher)

Students have had a very full term of learning activities.

Daily grammar activities have included adding in adjectival and adverbial phrases to simple sentences. These activities builds knowledge of how writers are able to capture an audience with interesting sentences that create a picture in a reader's mind.

Students have become more responsible when completing tasks as part of independent reading activities. They are encouraged to take control of what and how effectively they learn during that time. At the same time, groups of students visit the "Engine Room" for intensive instruction in the process of information reading and accessing through comprehension. They also complete tasks with selected words from the text that they were reading. It is pleasing to see how dedicated they are in the "Engine Room" and how much they strive to succeed. Participation by students in Performance Night was an astounding success. They had learned the movements quite well and knew which movement went where in the music. The fast-paced music of "Crocodile Rock" was exhausting but exhilarating.

Merit Scheme

To reward our students' positive behaviour Tooleybuc Central School runs a strong Merit Scheme. Students are awarded 'Merit Awards' during the school year and an accumulation of these merits equates to levels.

| Bronze Level | 10 Merits |
|--------------|---------------------------------|
| Silver Level | Bronze plus and extra 20 Merits |
| Gold Level | Silver plus an extra 30 Merits. |

Primary students are given a 'Lucky Dip' at the achievement of each level. Then they are presented with a certificate at our Whole School Assembly. Secondary students with the highest GEM score in each class receive the Student Of The Fortnight on Assembly. Those students who achieve Gold Level or the correct GEM average are invited to attend our End of Year Merit Excursion.

Gold/Bronze Tara Year 5 Sara Year 6 **Gold Merit Awards** Sienna Year 1 Paul Year 4 Year 2 Emily T Year 2 Jayla Toni Mia Year 6 **Silver Merit Awards** Alister Foundation Jed Year 3 Foundation Year 3 Alvssa Jet Billv Foundation Keisha Year 3 Campbell Foundation Kusi Year 2 Isabel Foundation Emily H Year 4 Foundation Jakson Noah Year 4 Kayla Foundation Paul Year 4 Lucy Foundation Quinlan Year 4 Makenna Foundation Saoirse Year 4 Rebekah Foundation Summer Year 4 Sebastian Foundation Will Year 4 Felicitv Year 1 Amy Year 5 Imogen Year 1 Angela Year 5 Joel Year 1 Dallas Year 5 Jordan Year 1 Emma Year 5 Skye Year 1 Jack Year 5 Year 1 Mitchell Year 5 Starr Year 2 Taylen Year 5 Alex E Alex W Year 2 Campbell E Year 6 Year 2 Natalia Ally Year 6 Ashbv Year 2 Hannah Year 2 Jessika Year 2 Murdoch Year 2 **Bronze Merit Awards** Year 4 Riley H Foundation Asiri Abbey Year 1 Lochlan Year 4 Year 1 Year 5 Jude Kira Year 2 Year 5 Alesha Mackinnon Elijah Year 2 Owen Year 5 Cooper Finn Year 2 Year 6 Year 2 Hayden Year 6 Kayla Nancy Year 2 Jack W Year 6 Elektra Year 3 Joseph Year 6



Padraig

Tane



Year 6 Year 6

Term 3 – Week 9

Secondary News

Sean Connell (Head Teacher)

Thank you to all staff, parents and community members who attended the Performance Night last Wednesday. It was a wonderful opportunity to meet many of you and to see first-hand, the level of engagement, the students have in supporting their school. To all students, well done! Your dances and level of participation was exemplary.

Although the term may be winding down. The number of assessment tasks and expectation of the students is not. Student's need to be aware of all up-coming assessment tasks and ensure deadlines are adhered to. The new 'Centre for Learning' is a fantastic opportunity for all students to spend some quality time completing assessment tasks, home learning and studies with the assistance of teachers in an informal setting.

Mathematics

John Hocking (Mathematics Teacher) Year 7

As well as focusing on the areas of algebra and decimals, Year 7's have been consolidating their understanding of fractions and algebra, with encouraging improvement being shown. These two topic areas will form key components of their future studies in mathematics, so it is essential that they develop their understanding as soon as possible. Students are being given every opportunity to achieve success in these areas.

Year 8

As with Year 7, fractions and algebra are two areas that Year 8 has been consolidating, again with encouraging improvement being shown. Year 8s have also recently begun learning about linear graphs, connecting algebra and geometry together.

Stage 5

The Stage 5 classes are working on quadratic expressions and equations and on geometry, respectively. Students are making encouraging progress with quadratics.

Stage 5

Ms Wait (Stage 5 Mathematics Teacher)

The Stage 5 superstars have finished learning about Linear Equations. We have now moved on to area, surface area and volume and will be looking at some practical applications of these formulas.

Stage 6

The Stage 6 General Mathematics students recently completed their final assessment task, in the trial examination. Results were generally good. Most

students have been out on placement for the past two weeks, but the final week of term will see the students developing a video for the University of Wollongong Mathematics competition.

Child Studies

Kim Morton (Child Studies Teacher)

Child Studies students have been studying play and the developing child and have engaged themselves in making playdough, slime, doing finger painting, shave cream art and simple painting.



Briony finger paints a rainbow.



Foundation students enjoy feeling the slime.



Everyone enjoying the reactions to the slime.



5



Laura, Emma, Eden and Briony making playdough.

Career News

Kim Morton (Careers Advisor)

On Friday the 28th August myself and the Year 10 students travelled to Mildura to attend the SMGT Try a Trade session, visit the SuniTafe Mildura campus facilities and explore the Latrobe Uni campus. Students were given an opportunity to try their hand at a number of trades and talk with apprentices and tradespeople. After an engaging experience at the Try a Trade we had a quick lunch before being given a comprehensive tour of the facilities offered by the Suni TAFE. Students couldn't believe the size of the TAFE and the wonderful courses they offer. Students also were given an opportunity to view the accommodation facilities available to students requiring this. We then headed to Latrobe Uni where a very engaging talk was given by Rebecca (Uni school liason officer) who talked of the importance in starting to plan for the future and to check subject prerequisites for all courses before electing senior subjects. We were given a short tour of the university including a look at the lecture rooms and the nursing laboratories. A long but very worthwhile day.



Leighton and Beau suited up for some welding.



Shane ready for any hot spots.



Shane and Eden practise their nail art.



Beau, Shane and Eden learning about the health profession.

This week all Year 10 students are on Work Experience and Stage 6 students are undertaking their Primary Industries Work Placement. Photos and reports on this shall be in the next Bridge edition.

Year 5/6 students next week will be attending a Careers excursion to Swan Hill on Thursday. They will be visiting the TAFE, Mc Donalds, Swan Hill Shire and Ambulance station and learning about the many



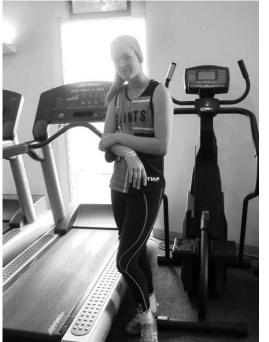
diverse pathways that are available to young people today.



Leighton during Work Experience with builder Grant Siely.



Beau during Work Experience at Nyah District Primary.



Eden during Work Experience at Swan Hill Leisure Centre.

Stage 6 Reminders

- 'AT MONASH' SEMINARS Engineering on 17 Sept; Info/Registration: www.destination.monash.edu/at-monash.
- **RMIT SEPTEMBER HOLIDAY SHORT COURSES** – Live Music, Audio Production, Production, Lighting, Photography; **Information**: 9925 8111, <u>enquiries@rmit.edu.au</u> and <u>www.shortcourses.rmit.edu.au</u>.
- INDIGENOUS AUSTRALIAN ENGINEERING SUMMER SCHOOL 2016 – for Year 11's and 12's in 2016; apply by 16 Oct (School 10 – 16 Jan 2016; Information/application: http://sydney.edu.au/engineering/iaess/

YEAR 12 STUDENTS

You are reminded to get your VTAC **application** for courses completed by 30 September. Your application can be changed, so get it done soon. Don't forget to look at the **Special Entry Access Scheme (SEAS)**. Some categories require evidence (e.g. from doctors, psychologists, etc.). You are advised to get on to this early to give the practitioner time to complete their support for your application.

DEAKIN UNIVERSITY NEWS – NEW COURSES IN 2016:

Bachelor of Construction Management (Honours)/Bachelor of Property and Real Estate – The first three years of this 5-year course will be taught at Burwood, the last two at Geelong Waterfront. Info: www.deakin.edu.au/future-

students/courses/course.php?course=D336&stutype=lo cal.

The **Bachelor of Arts** has new majors and minors; there will now be more than 30 study areas to choose from. New areas: education, film and television, gender studies, geography, motion capture, sport and society, studies of religions, sustainability and society and visual communication design.

The new **fisheries and aquaculture** major sequence in the **Bachelor of Science** provides students with training in fisheries resource management, aquaculture management and fisheries biology. It is available at Warrnambool campus, replacing the discontinued Bachelor of Fisheries and Aquaculture. **For more information**: <u>www.deakin.edu.au/study-at-deakin/find-</u> a-course/bachelor-of-science.

The new **Bachelor of Design Technology** - Design entrepreneurship and innovation are the core focus of this program and, when enabled by the corresponding technologies, will provide graduates with the design and technology acumen that is highly sought-after in industry. **See**: www.deakin.edu.au/study-at-deakin/find-a-course/design-technology.

CHANGES FOR 2016 -

All four engineering courses (civil, electrical and electronics, mechanical and mechatronics) will now offer



Term 3 – Week 9

first year only at the Melbourne Burwood campus with the remainder of the course to be completed at the Geelong Waurn Ponds campus

The combined **Bachelor of Exercise and Sports Science/Bachelor of Business (Sports Management)** will be offered at the Geelong Waurn Ponds campus as well as the Melbourne campus.

The Bachelor of Creative Arts (Photography), Creative Arts (Visual Arts) and Creative Arts (Visual Communication Design) now require a digital folio as part of the selection process. See: www.deakin.edu.au/create.

WILLIAM ANGLISS INSTITUTE NEWS – William Angliss has been awarded \$4.47 million in funding from the Victorian government to develop skills of the tourism and hospitality industries. The finding includes \$2.27m for a **regional tourism employability initiative** where William Angliss will partner with regional TAFEs to provide tourism and hospitality training. A second grant of \$1.74m has been awarded for the Institute to launch **Melbourne's first International Hotel School**.

BOX HILL INSTITUTE NEWS -

AUDITION & FOLIO PREPARATION WORKSHOP – A three-hour workshop covering graphic design, fashion, dance, live & audio production, and music programs (composition and performance) will be held to assist applicants prepare for the audition process. Cost: \$35.00 When: 10am-1pm, Mon 21 Sept; Where: 1000 Whitehorse Rd, Box Hill. Info: Annie, Ph. 9286 9811, a.rvall@boxhill.edu.au.

NEW AT RMIT – RMIT is offering two new degrees in 2016:

The **Bachelor of Engineering (Automotive Engineering) (Honours)/Bachelor of Industrial Design (Honours)** double degree is a specialised program that addresses the ongoing demand for automotive engineers with an industrial design background. It is being offered due to the changing landscape of automotive manufacturing.

The **Bachelor of Analytics (Honours)** provides students with complementary skills in analytics, tapping into studies in statistics, operations research, computer science, information technologies, business, economics, finance and marketing.

AUSTRALIAN CATHOLIC UNIVERSITY NEWS

NEW COURSE IN 2016 – ACU's new **Bachelor of Teaching/Bachelor of Exercise Science** course is now available for **application through VTAC**. It is expected that other new courses will be added to the VTAC website shortly (e.g. Bachelor of Law/Bachelor of Psychological Science).

PHYSIOTHERAPY IN 2017 – As announced previously, ACU (Ballarat campus) is introducing the Bachelor of Physiotherapy at its Ballarat campus in 2017. Current Year 12 students who are interested in this degree in 2017 might take a gap year, volunteer or study a different course whilst waiting to apply in 2016 for the 2017 start. Suggested **pathways** into the new degree are through the **Early Achievers Program (EAP)**, or alternatively students might consider applying for **another ACU course** that has a lower Clearly-In. An internal transfer could then be considered if eligible (e.g. occupational therapy, and speech pathology have two first year units in common with physiotherapy, or study nursing, exercise and sports science or physical activity and health which have one first year subject in common). NOTE: There will be no mid-year entry to physiotherapy, and there are no plans for the course to be taught at the Melbourne campus of ACU.

VICTORIA UNIVERSITY (VU) NEWS -

EXPLORE VU SERIES - Discover opportunities at VU at Explore VU. These are evening sessions (6.30-8pm) exploring Education (10 Sept), **Exercise and Sports Science** (15 Sept), **Arts** (17 Sept), **Business** (22 Sept) and **Engineering and Science** (24 Sept). **Info**: 1300 842 864. **Book**: www.vu.edu.au/news-events/events/explore-vu-series.

NEW COURSES – In 2016 there will be the new double degree Bachelor or Laws (Honours)/Bachelor of Psychology (Honours), the Bachelor of Laws (Honours)/Bachelor of Psychological Studies, a Bachelor of Marketing Communication and a new Bachelor of Information Technology.

WHAT IS HAPPENING AT THE UNIVERSITY OF MELBOURNE? If you want to keep up-to-date with Melbourne, subscribe to MY Melbourne. Every month, current students contribute to My Melbourne so you get the **inside story** of what it's really like being a student at Melbourne. Go to <u>http://blogs.unimelb.edu.au/mymelb</u>.

SWINBURNE ADVICE NIGHTS – Get information about courses, VTAC/ATAR information and pathways. **When/Where: Wantirna** campus (Stud Rd), 4-6pm, 9 Sept; **Hawthorn** campus, 4-6pm, 14-17 Sept; **Book**: See <u>www.swinburne.edu.au</u> and search for Advice Nights.

OTHER CAREER OPPORTUNITIES:

KEEPER FOR A DAY AND VET FOR A DAY – If you want to know what is takes to work in a zoo, caring for an array of different animals, then consider one of these **holiday programs:**

Keeper for a Day at Werribee Open Range Zoo, Sept 22, 24, 28 & 30; Healesville Sanctuary, Sept 22, 23, 29 & 30. Vet for a Day at Healesville – Sept 23, 24, 30 & 1 October. Book: 1300 966 784; Info: http://www.zoo.org/education/careers-programs.

CAREERS IN PSYCHOLOGY NIGHT – The Student Committee of the APS is holding a careers seminar for aspiring psychologists. **When**: 1-4pm, Sat 12 Sept; **Where**: Lecture Theatre 3, Bld B, Level 1, Room 77, Deakin Uni, Burwood; **Cost**: Free; **Email**: melbapsstdents@gmail.com;

http://www.psychology.org.au/Events/EventView.aspx?l D=16005.



VOLUNTARY CONTRIBUTIONS 2015

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year.

These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

| | | 1 |
|---|-------------------------|---------------------------|
| Technology Fee | All Years F to 12 | \$10.00 |
| Current voluntary | Infants and Primary | \$52.00 |
| contributions | Years 7 + 8 | \$98.00 |
| including Technology Fee | Years 9 + 10 | \$57.00 |
| ree | Years 11 + 12 | \$57.00 |
| Industrial Technology | Year 9 + 10 | \$52.00 plus materials |
| Design and Technology Food: | Year 9 + 10 elective | \$62.00 |
| Primary Industries | Year 11 & 12 | \$75.00 |
| Business Studies | Year 11 & 12 | Excursions as required |
| Sport Lifestyle and Recreation Studies | Year 11 & 12 | Excursions as required |

Wanted

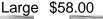
Second hand uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

LOST UNIFORMS

Please name your uniforms so we can return items that are misplaced.

School Bags

Tooleybuc Central School has school bags which are available to purchase from the front office.







Tooleybuc Central School Uniforms

TCS dark green bucket school hats \$15, are available for purchase from the front office

| Primary: | Dark green polo shirt (TCS) | |
|------------|------------------------------------|--|
| | Jumper (TCS) | |
| | Girl's summer culottes/green check | |
| | dress | |
| Secondary: | Green/yellow polo shirt (TCS) | |
| _ | Rugby Jumper (TCS) | |

Pants

| Primary & Secondary Boys | Grey School Pants/ Grey Max Dax |
|-----------------------------|---|
| Primary Girls | Green school pants/ Green Knee Length Shorts |
| Secondary Girls | Black school pants/ Green Knee Length Shorts |

Sport

| | Yellow polo shirt |
|------------------------|--|
| Primary & Secondary | Green basketball shorts Green tracksuit pants |
| | Sneakers |

Shoes

| Primary & | Black Leather Shoes |
|----------------|---------------------|
| Secondary Boys | |
| & Girls | |

Stockists of School Uniform

Outdoors First

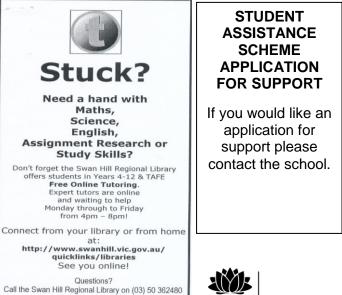
Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

Clark's Gift Salon

183 Campbell Street, Swan Hill - Phone 50321616

PSW

Bootleg Pants – Polyester 465 Bottle can be purchased online at <u>http://www.psw.com.au/</u>





Education

Canteen Menu 2015

| | Term 3 | |
|---|-------------------------------|--------------|
| Lunch | (all hot food must be o | rdered) |
| Pie | | \$3.00 |
| Sausage Roll | | \$2.00 |
| Party Pie | | \$1.00 |
| Mini Pizza (Ham & Pineapple or Ham & Chees | | \$2.00 e) |
| Dim Sims | (soy sauce – no extra charge) | \$0.50 |
| Chicken N | uggets | \$0.50 |

Tomato Sauce \$0.20

Snacks (do not include in lunch order, students to purchase at lunch time)

| Muffins (Double Choc) | \$1.60 |
|---|--------|
| Bulla Frozen Yogurt (Strawberry and Mango) | \$1.60 |
| Billabong Triple Swirl | \$1.50 |
| Chips (Honey Soy) | \$1.00 |
| Raspberry Twists | \$0.20 |
| Drinks Big M | ¢2.00 |

| BIGIM | \$2.00 |
|---------------------------------------|--------|
| (Chocolate, Strawberry & Iced Coffe | e) |
| Play water - 350ml | \$2.00 |
| (purple, lemonade, red, fruit tingle) | |

Prima *(as drink or frozen)* \$1.20 (apple/blackcurrant and tropical)

Lunch orders are to be written on a paper bag including students name and year (with money inside). Orders are then to be taken to front office by students or sent with the rolls.

Please remember to include only hot food and drinks on student's lunch orders. All snacks are to be purchased from the canteen at lunchtime.

Please note Raspberry Twists are now .20c each

CANTEEN ROSTER

Term 3

18/09/2015 Jenny Arblaster, Linda Gordon & Leanne Hoare

Term 4

| 9/10/2015 | Sharon Rogers, Joelene McKenzie |
|------------|---------------------------------|
| 16/10/2015 | Kelli Edelsten, Belinda Koeler |
| 23/10/2015 | Leisa Lyons, Paula Pyatt |
| 30/10/2015 | Peta Hickey, Brenda McClelland |
| 6/11/2015 | Melissa Thompson, Sue Williams |
| 13/11/2015 | Tracey Domaille, Julie Fulton |
| 20/11/2015 | Annette Blachford, Kate Everitt |
| 27/11/2015 | Lauresa Grace, Leanne Hoare |
| 04/12/2015 | Sandra Scalora, Janina Mammone |
| 11/12/2015 | Peta Hickey, Jenny Arblaster |

Thank you to all volunteers who helped in the Canteen this year. More volunteers are always welcome.

If you are unable to do duty on your rostered day please contact someone else on the roster and arrange a swap.

Canteen duty is from 10:30 am until 2.30pm.

Hospice

We have a donation jar at the front office for the Swan Hill Hospice, if you have any small loose change it will go to a wonderful cause.

NO HEAT UP LUNCHES

Due to the kitchen upgrade, there will be no lunches heated up until further notice.



Friday 11th September 2015

SEPTEMBER IS Brain Awareness Month

The brain is an incredible organ. It is made up of many different parts, all of which

work together to keep you alive and allow you to involve yourself in, and make sense of, the world around you. Keeping your brain healthy is essential for living a fulfilling, healthy and long life. It's never too early or too late to commit to positive change as brain health can be improved and protected at any age.

Evidence shows that adopting a healthy lifestyle can reduce your risk of both dementia and stroke – two common conditions in Australia that can severely impact brain health.

For two very unique conditions, the likelihood of suffering stroke or dementia can be reduced with conscious efforts to lead a lifestyle full of mental and physical activity,

a healthy diet and regular social interaction. Below are some ways to optimise your brain health: Keep your brain stimulated. Regularly challenging your brain with a variety of mentally stimulating activities at work, in study and in leisure has been associated with better brain function and a reduced risk of cognitive decline by building new brain cells as well as strengthening the connections between them. Research evidence suggests that any activity that involves thinking and learning may be beneficial for protecting and promoting brain health, however the greatest benefits have been shown from challenges that combine mental exercise with social interactions and physical activity. The brain needs exercise to stay healthy, just like our bodies. Be physically active and look after your heart health. Many research studies have shown that people who exercise regularly are more likely to have better cognitive function than those who don't exercise. This has been found for people at middle age and also old age. Exercise contributes to a healthy flow of blood and oxygen to the brain promoting brain cell growth and survival, as well as reducing cardiovascular risks. Physical activity also assists with increasing activity within the brain.

<u>Enjoy social activity</u>. Interacting with other people exercises your brain and builds connections between brain cells, therefore contributing to your brain's reserve and overall functioning.

Nourish your body with a healthy diet. Diets low in saturated fat (stick to monounsaturated and polyunsaturated fats) and high in antioxidant rich fruits and vegetables have been associated with better brain function. Folate (vitamin B9), found in fresh foods, is also essential for blood cell formation and brain health. An unhealthy diet can lead to weight

gain and an increased risk of compounding health conditions such as high blood pressure, high cholesterol and type 2 diabetes which in turn can result in poor brain health. Alcohol consumption in moderation is also recommended as drinking to excess can increase the potential for brain cell damage and lifestyle related side effects. (It is recommended to follow the Australian Dietary Guidelines).



<u>David Jonkers</u> @Tooleybuc Tennis Club

Vida Tennis coach, David Jonkers, will run group lessons at the Tooleybuc Tennis Courts, fortnightly for six sessions commencing, Oct 4. Private or semi-private lessons also available. Everyone welcome. You don't need to be a member of the Tooleybuc Tennis Club to attend.

- Cost: Group lessons, block of 6 \$60 Maximum 8/1 ratio pupil/coach Private/semi-private/Adult lessons \$80/hr, \$45/half hour
- Dates: October 4, October 18, November 1, November 15, November 29 & December 13

Times: Group sessions will run at 9.30, 10.30 & 11.30 Exact times to be advised when final numbers are in.

Private lesson to be advised.

Registrations: Please phone or text with name and age of participants

Kelli Edelsten (

0408130439

Registrations Close: Wednesday 30 September



11



School Holiday Program

| All holiday's! | Creation station |
|--------------------------------|---|
| 10am-5.30pm | Set up in the children's area for the duration of the |
| For: All ages | school holidays, children can draw, cut and paste, |
| Cost: FREE | colour in, complete activity booklets and make all sorts |
| | of creations! |
| Monday, 21 | Amazing Asia! |
| Sept 10am- | Join us for a children's cultural activities morning. |
| 12pm For: All ages | Come along and learn to dance like a Bollywood star |
| Cost: FREE | and check out the amazing art of henna drawing! |
| Monday, 21 | Minecraft Monday |
| Sept 1pm-5pm | Minecraft is a game about breaking and placing |
| For: All ages | blocks. At first, people built structures to protect |
| Cost: \$2 | against nocturnal monsters, but as the game grew |
| | players began to work together to create wonderful, |
| | imaginative things! |
| Tuesday, | Knitter Knatter for Children |
| 22Sept 10am- | All ages are welcome to come along and try their hand |
| 12pm | at knitting or crocheting with our friendly volunteer |
| For: All ages | knitters! |
| Cost: FREE | Marrie and Oregon |
| Wednesday, 23 Sept 10.30am- | Move and Groove A fun, engaging and interactive session for children |
| 11.15am For: | aged 18 months to 5 years. Children are encouraged |
| 18 months-5 | to get up and move as they sing, dance and shake |
| years Cost: | their way through songs and rhymes and listen to a |
| FREE | short story. |
| Wednesday, 23 | Loom Bands |
| Sept 2pm-4pm | Have you just discovered Loom Bands? Or are you |
| For: All ages | already a Loom Band expert? Come along to learn or |
| Cost: FREE | share knowledge! Loom bands, boards and hooks will |
| | be supplied to make fantastic jewellery and craft! |
| Wednesday, 23 | Lego @ the Library |
| Sept 2pm-4pm | It's easy to build, easy to change, easy to undo and |
| For: School age | build again! An activity for school aged children, 5 |
| Cost: \$2 per child | years and up, to explore their imaginations and express creative flare. |
| hursday, 24 | Animals of Oz |
| Sept 2pm—3pm | Lee from Animals of Oz will present a fun, interactive, |
| For: All ages | educational presentation of pythons, frogs, lizards, |
| Cost: \$3 per | crocodiles, birds and possums guaranteed to |
| child | captivate the attention of any audience! |
| Saturday, 26 | Saturday Storytime |
| Sept 10.30am- | For children of all ages. Have fun listening to stories |
| 11.15am For: | and doing a related craft activity. |
| All ages Cost: | |
| FREE | |
| Monday, 28 | Minecraft Monday |
| Sept 1pm-5pm | Minecraft is a game about breaking and placing |
| For: All ages | blocks. At first, people built structures to protect |
| Cost: \$2 | against nocturnal monsters, but as the game grew |
| 1 | players began to work together to create wonderful, imaginative things! What will you build? |
| Tuesday, 29 | Knitter Knatter for Children |
| Sept | All ages are welcome to come along and try their hand |
| 10am-12pm | at knitting and crocheting with our friendly volunteer |
| For: All ages | knitters! |
| Cost: FREE | Kilitoro: |
| Wednesday, 30 | Move and Groove |
| Sept 10.30am- | A fun, engaging and interactive session for children |
| 11.15am For: | aged 18 months to 5 years. Children are encouraged |
| 18 months- | to get up and move as they sing, dance and shake |
| 5years Cost: | their way through songs and rhymes and listen to a |
| FREE | short story. |
| Wednesday, 30 | Loom Bands |
| Sept 2pm-4pm | Have you just discovered loom bands? Come along to |
| For: School age | learn or share your knowledge with others! Loom |
| Cost: FREE | bands, boards and hooks will be supplied to make |
| | fantastic jewellery and craft! |
| | |

| Wednesday, 30 | Lego @ the Library | |
|---|---|--|
| Sept 2pm-4pm | It's easy to build, easy to change, easy to undo and | |
| For: All ages | build again! An activity for school aged children, 5 | |
| Cost: \$2 per | years and up, to explore their imaginations and | |
| child | express creative flare. | |
| Friday, 2 Oct | Baby Rhyme Time | |
| 10.30am-11am | For babies aged up to 18 months and their parents, | |
| For: Up to 18 | guardians or carers. Bounce, sing and clap along to | |
| months Cost: | nursery rhymes in a fun, friendly and safe | |
| FREE | environment. | |
| Saturday, 3 Oct | Saturday Storytime | |
| 10.30am- | For children of all ages. Have fun listening to stories | |
| 11.15am For: | and doing a related craft activity. | |
| All ages Cost: | | |
| FREE | | |
| To book contact the library on 5036 2480. Check out the Library's | | |
| Facebook page or newsletter for more details. | | |



Red Cliffs Musical Society's latest production is the iconic My Fair Lady. The musical features a cast of 35, exquisite costumes and amazing sets! My Fair Lady is Lerner and Lowes musical adaptation of George Bernard Shaw's 'Pygmalion'. Set in 1912, the play follows the fortunes of a common flower girl when she attempts to rise above her station in life with the help of the sarcastic linguist Henry Higgins.Only 5 performances at the MAC from September 10 to 13 so don't miss out!



September School Holiday Program



Semester 4 Art Classes with Caroline Ellis

Swan Hill Neighbourhood House After School Kids Classes Tuesdays 3:45 to 4:45pm Thursday 5:20 to 6:20pm

Adult Classes at Neighbourhood House Tuesdays 1pm to 3pm Bookings Essential Mystic Park Gallery Art Classes

<u>After School Kids Classes</u> Friday 5pm to 6pm <u>Adult Classes at Mystic Park</u> Wednesdays 1:30 to 3:30pm

Contact Caroline on 0408 500 451

As John Steinbeck, Nobel Laureate in Literature, wrote: "No man really knows about other human beings. The best he can do is to suppose that they are like himself."

Getting to know another person, especially one from a different culture, can be exciting, challenging, and has its unique benefits. Department of Educationregistered and approved Southern Cross Cultural Exchange (since 1983) is providing such a unique experience to help your children and family learn through bridging cultures, grow closer with one another, understand one another better and see the world in a new light.

International exchange students from France, Germany, Italy, Japan, Finland, Denmark, Norway, Sweden, Canada and the USA are arriving in Australia to live as a local with volunteer Australian families and attend a local secondary school. The students, aged 15 – 17, arrive from February 2016 for 3, 5, or 10 months and are fully insured, with their own pocket money. If you have a spare room or bed, and a place at the family table, why not be the "heart" of cultural exchange by becoming a volunteer host family?

Expand your world for the whole family – all without any air tickets. Call S.C.C.E. now on 1800 500 501 or email <u>scceaust@scce.com.au</u>or visit <u>www.scce.com.au</u>and ask for our incoming student profiles, choose the nationality you prefer, and start having fun matching up your hobbies and interests. Capture the spirit of fun and friendship, and build your global cultural network. After all, it is different cultures that "make the world go 'round" at the end of the day.

Kind regards

SOUTHERN CROSS CULTURAL EXCHANGE 14 Ranelagh Drive, Mt Eliza, VIC 3930 Postal: Locked Bag 1200, Mt Eliza, VIC 3930 Ph: (03) 9775 4711 Fax: (03) 9775 4971 Email: <u>promotion@scce.com.au</u> Web: www.scce.com.au



and carers

to live.

NSW

Intereach

Ability Links

Do you have a barrier or disability?

Do you care for someone with a disability?

Ability Links helps people to understand how every person has a

Our local linker Wendy Johnston is based at the Intereach office, but regularly out and about in the communities of the Wakool Shire, and is

available to meet at a place of your choice. Wendy can assist people to connect to their community by addressing their barriers, discovering

their individual passions and planning towards living the life they want

If you or someone you care for lives with a barrier or disability, phone

Wendy for a chat. We will support you to explore possibilities, initiate

valued role in their community and has the capacity to enjoy a

connected life that is meaningful and fulfilling for them.

connections and access resources in your community.

Contact your local linker

ABILIT LINKS

Wendy Johnston

Phone: 03 5890 5200 www.intereach.com.au

Ability Links is a new approach to supporting people with a barrier or disability aged 9 to 64 years, and also provides support for families

Friday 11th September 2015

On The Ball - Sport 4 Life

NBL Hobart Devils

Legend

Joe Hurst

Free School Holiday Program

Robinvale

Learn Basketball and AFL Skills

When Wednesday, 23 September &

Thursday, 24 September

Time

09.15am-11.30am

(7 - 12 year olds)

Register at 9.00am

12.15pm - 2.30pm

(13 - 17 year olds) Register at 12.00pm

Where Robinvale Leisure Centre

Latje Road, Robinvale



Western Bulldogs & **Richmond Super Star** Patrick Boy



Nth Melbourne & Melbourne **AFL Champion**

This program is for GIRLS and BOYS

The program is suitable for all skill levels.

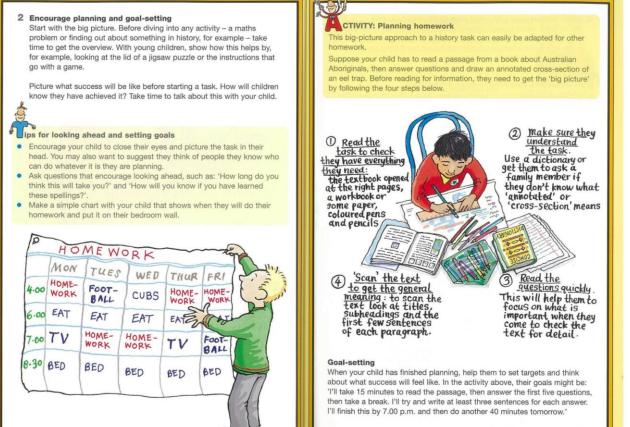
Please bring along your parent/guardian consent form (or complete it on the day) and don't forget your runners.



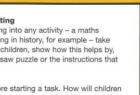
Shannon Motlop

For more information contact Karen Holmes at Whitelion/Stride (03) 8354 0813 or 0488 005 755 karen.holmes@whitelion.asn.au

On the Ball is proudly supported by Portland House Foundation



X



intereac



Tooleybuc Sporting Club Ltd. Phone: 03 5030 5476

Open Daily from 11.00am

UPCOMING ENTERTAINMENT FOR 2015

SEPTEMBER Country Music Festival 17th to 20th September Enjoy a weekend of Country Music

OCTOBER

Beccy Cole Poster Girl Thursday 15th October

NOVEMBER Murray Muster 12th - 15th November

WEEKLY ACTIVITIES

| Mon: | Poker 7.30pm |
|--------|---|
| Tues: | Bingo 'eyes down' @ 7.30pm |
| Wed: | Members Draw @ 7.30pm, Raffles between 7pm & 9pm Wed/Sun Snowball Draw(<i>LTPS/15/03148</i>) Jackpots \$50.00 each Wednesday & Sunday if not claimed Line Dancing 7.30pm |
| Thurs: | Bingo 'eyes down' @ 11.30am |
| Fri: | Raffles @ 8.30pm (approx) Members Friday Fortune Draw @ 9.30pm (approx) Jackpots \$50 each week if not claimed (LTPS/14/04455) |
| Sun: | Raffle @ 8.00pm (approx) Wed/Sun Snowball Draw (<i>LTPS/15/03148</i>) Jackpots \$50.00 each Wednesday & Friday if not claimed |
| | |

CHEF'S SUGGESTIONS

Every Friday night the Bistro have a Chef's Suggestions Specials Board. It consists of around 4 different dishes at affordable prices. They are only available until stock runs out. So come along on Friday Nights & enjoy a great meal



Weekday Specials Dine in Only Monday Family Night Kids Meals 1/2 price Tuesday Early Bird Roast 6.00 to 7.00pm \$12.00 Wednesday Parmy Night \$12.00 Thursday Steak Night \$15.00

Please check—Subject to change without notice



'000'

If you have an emergency and need to call an ambulance and live in the Tooleybuc area, when asked **'Police, Fire, Ambulance'** Respond,

'Bendigo Ambulance'

This will minimise confusion as to where the ambulance will originate from and ensure a quick response



This vital service is available to any community member wishing to access services in Swan Hill

Departing Goodnight: Departing Tooleybuc: Departing Koraleigh: Departing Nyah: Burtons General Store 9.30 Post Office 9.45 Post Office 10.00 Post Office **10.10 Post Office**

Drop off point: Bus Stop

. Departs Swan Hill Car Park 10.50 Clock Tower Swan Hill

1.30pm Woolworths (Campbell St side)

Cost for a <u>**RETURN**</u> ticket: Adults \$8.00 Children (u 16) \$5.00

First time passengers will be required to complete a registration form Please phone Michelle at HAC Tooleybuc on 5030 5252 for more information An initiative of Wakool Shire HACC Services, funded by N.S.W. Ministry of Transport 15th January 2014

CRAIG DOMAILLE PLUMBING

For Honest Reliable Service call Craig on 50305382 50305594 Fax

NOW AVAILABLE 1.8 Tonne Mini Excavator Septic Tank Cleaning/Installation Hot & Cold Water Installation Gas Works Roofing Gas & Wood Heater Installation Ducted Air Conditioner Services/Installation Agent for Lowara Pumps

Free no obligation quotes Plumbing since 1985

Remedial Massage

& Manipulation Reflexology Reiki Master Jenny Arblaster Wood Wood Vic

Ph: 03 50305126 0428 305126

TOOLEYBUC COMMUNITY HEALTH CENTRE

Open Mon-Fri 9.00am-4.00pm

Phone: 03 50305189

CLINIC HOURS ARE: 9.00-10.00am & 1.00-3.30pm

All Clinics are free

EARLY CHILDHOOD CLINIC: Mondays-Wednesdays -1.00-3.30pm

IMMUNISATIONS CLINIC: (appointment necessary) Third Tue in month Tuesday 29th September

Diabetes Nurse- available by appointment only

MENTAL HEALTH: Monthly by Appointment

Visiting once per month or contact ACCESSLINE (1800 800 944)

WOMEN'S HEALTH SERVICE: Every 2nd Month

DIETITIAN CLINIC: Tuesday 22nd September Appointments available

Podiatrist (ph 50339390 for an apt). Thursday 17th September

Speech Pathologist

(1st Thursday of the month) Telephone Swan Hill District Health for appointments and enquires **5033 9390**

In an emergency contact your G.P. Manangatang- 50351215 Balranald- 50201055 Nyah West- 50302456 Swan Hill- 50331711 Or call '000'



REGISTERED ELECTRICAL CONTRACTOR Vic. R.E.C 2553 NSW 144714C 122 Monash Ave NYAH WEST 3595

LEN McPHERSON

EMAIL phantastic2000@hotmail.com MOBILE: 0418 582 855 Box 209, Nyah West, 3595

NYAH DISTRICT GOLF CLUB Golf Club House can be hired for MEETINGS PARTIES WEDDINGS etc Inguiries Phone 50302087

A.H. (03) 5030 2725



Murray St, Tooleybuc • (03) 5030 5090



"Old Tooleybuc Doll Cottage" Open 10 am daily 53 Cadell St Tooleybuc

A delightful display of over 400 beautiful dolls that is sure to put a smile on your face.

FEE. A gold coin donation, Proceeds donated to the local school for gardens and outdoor furniture.

Tooleybuc and District Carpet Cleaning Service

For domestic and commercial steam cleaning at competitive rates.

Ring David Thompson on 0447 000348 for a free, no-obligation quote.

WANTED

The Wakool Shire Home and Community Care (HACC) are in need of volunteer drivers in the <u>Tooleybuc, Goodnight and Koraleigh</u> <u>areas.</u>

Men or Women. Young or Old!

Tooleybuc HACC Outreach Coordinator 50 305 252 "Helping others to keep small communities strong."



Industrial, rural & domestic

Agents for Tru-Built &

McDonald Steel

Real Sheds – Real Steel

Matthew Loats Builder P/L Phone: 0427 240 376 Fax: (03) 50 305 122



Education

17

| Student Absences Note Name: Class: Teacher: This student was absent from 1 due to the following: Injury Medical/Dental Appointment Family Commitments Other give reason | |
|---|---|
| Personal Details Student's Name: | Class/Year: |
| Home Address: | |
| Parent/Guardian Name: Family Support Reason Support is Need | led |
| | |
| Support Details Assistance can be provided wit Details of Request: | h uniform/books/excursions Amount |
| Details of Request: | Amount |
| Details of Request: The information provided will be treated in confident | Amount ce. Please forward this application to the can access. |



CALENDAR 2015

| WEEK 10 | 14 | 15 | 16 | 17 | 18 |
|-------------|-------------------------------------|---------------------------------|----------------------------------|--------------------------------|-----------------------------|
| SEPTEMBER | WHOLE SCHOOL | FAIRFAX | | Yr 5/6 Careers | Year 12 Assembly |
| Timetable 2 | ASSEMBLY | | | Excursion | - |
| TERM 3 | 11:20 am | | | | End of Term 3 |
| | School Formal | | | | |
| SEPTEMBER | 21 | 22 | 23 | 24 | 25 |
| Holidays | Spring Holidays | Spring Holidays | Spring Holidays | Spring Holidays | Spring Holidays |
| SEPTEMBER | 28 Opering the lider of | 29 Caria a Malidava | 30 Continent hali daven | 1 Oraria a Usilista a | 2 Carina Halidava |
| Holidays | Spring Holidays | Spring Holidays | Spring Holidays | Spring Holidays | Spring Holidays |
| WEEK 1 | 5 | 6 | 7 | 8 | 9 |
| OCTOBER | PUBLIC HOLIDAY | FIRST DAY STUDENTS and | | | |
| TERM 4 | | TEACHERS | | | |
| WEEK 2 | 12 | 13 | 14 | 15 | 16 |
| OCTOBER | Work Experience - Work Placement | HSC English Standard Exam | - PSSA Athletics – Homebush | HSC Ancient | \rightarrow |
| TERM 4 | WORK Flacement | (Paper 2) | Homebush | History 9:25 – 12:30 | |
| | HSC English | 9.25am – 11.30am | VET Primary | | |
| | Standard/Advanc | | Industries Exam | | |
| | ed Exam (Paper 1) 10.20am – | | 1.55pm – 4.00pm | | |
| | 12.30pm | | | | |
| WEEK 3 | 19 1900 Diala | 20 | 21 1100 Martine Occ | 22 | 23 |
| OCTOBER | HSC Biology Exam 9.25am – | VET Automotive Exam 9.25am – | HSC Maths Gen 9:25 – 12:00 | Preschool Orientation until | HSC Community and Family |
| TERM 4 | 12.30pm | 12.30pm | 0.20 12.00 | Lunch | Studies Exam |
| WEEK 4 | 26 | 27 | 28 | 29 | 1.55pm – 5.00pm 30 |
| OCTOBER | Pink Ribbon Day | | HSC Business | | |
| TERM 4 | | | Studies Exam 9.25am – 12.30pm | | |
| SPC WEEK | | | VET Metal and | | |
| | | | Engineering Exam | | |
| | | | 1.55pm – 4.00pm | | |
| | | | Year 12 Farewell | | |

