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# THE BRIDGE

STUDENT NEWS FROM TOOLEYBUC CENTRAL SCHOOL

6<sup>th</sup> November 2015 Term 4 Week 5

# Melanie's Thoughts



Melanie Wait **Principal** 

#### **Rollover - 2016 Classes Start**

On Monday our secondary students 'rollover' to begin their 2016 classes. This means a number of significant changes across the school.

Miss Rutherford will take on the Library position providing release to primary classes as well as Foundation Numeracy. Miss Rutherford will still be teaching some secondary classes.

We welcome Mr Giles back for the last 5 weeks of this term. Mr Giles will leave us at the end of the year after receiving a transfer to Eden High School. Mr Giles will undertake a range of roles in the school.

#### **Farewell Ms Bruton**

Today Ms Bruton leaves us to begin her maternity leave. We wish her all the best and wait eagerly for her exciting news.

Miss Gretchen Watson will take over Ms Bruton's position for the remainder of the school year.

#### Year 7-10 Exams

To complete our students 2015 School Year, all students from Year 7 - 10 have undertaken their Yearly Examinations this week. To support this process students all participated in a Study Skills Session to provide them with an understanding of the skills necessary to prepare for examinations. I hope our students have prepared themselves well to show a fair assessment of their understanding.

#### **Brain Gym** ®

Over the last two weeks nearly half our teachers have participated in Brain Gym ® training with Educational Keinsiologist, Kate Keetley. Brain Gym ® focuses on developing connections between the left and the right side of the brain and uses physical activities to support posture and movement to improve academic, interpersonal and physical learning.

There are a number of activities that students are using in the classroom to support their learning and develop brain connections.

#### **BYOD**

Just a reminder that students from Year 9-12 in 2016 will be able to access the BYOD (Bring Your Own Device) program. These laptops will be another tool to support their learning. Students from Year 9 – 12 in 2016 have received a note outlining specifications.



John and Courtney celebrating the completion of their HSC with Miss Wait

#### **HSC Preparation Day**

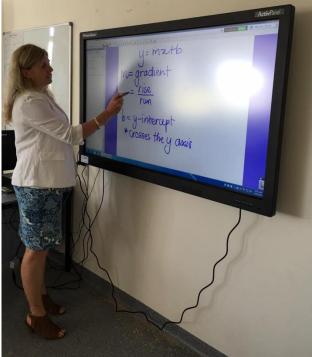
This week our Year 11 and 12 for 2016 participated in a 'Preparing for Success' program which was focused on providing information and support to give them every opportunity to achieve their personal best.

Board of Studies Liasion Officer, Chris Keys spoke with students about the HSC Rules and Procedures and Karen Hocking presented a study skills session.

We encourage all parents to actively work with their child to make sure they are complete tasks and class learning regularly to help raise the importance of student learning.

#### **Interactive Panels**

Last week we had three interactive panels installed to support our students' learning. These panels are the most up to date technology available and we are only the second school in our School Education Group to have them installed. This once again shows how our students have access to the latest innovations in technology to promote 21<sup>st</sup> Century learning.



Ms Wait demonstrates the new interactive panel.

#### **Merit Scheme**

To reward our students' positive behaviour Tooleybuc Central School runs a strong Merit Scheme. Students are awarded 'Merit Awards' during the school year and an accumulation of these merits equates to levels.

Bronze Level 10 Merits

Silver Level Bronze plus and extra 20 Merits Gold Level Silver plus an extra 30 Merits.

Primary students are given a 'Lucky Dip' at the achievement of each level. Then they are presented with a certificate at our Whole School Assembly. Secondary

students with the highest GEM score in each class receive the Student Of The Fortnight on Assembly. Those students who achieve Gold Level or the correct GEM average are invited to attend our End of Year Merit Excursion.

#### Gold/Bronze

Sienna	Year 1	Tara	Year 5
Emily T	Year 2	Sara	Year 6
Jayla	Year 2	Toni Mia	Year 6
Paul	Year 4		

#### **Gold Merit Awards**

Alyssa	Foundation	Saoirse	Year 4
Hannah	Year 2	Amy	Year 5
Keisha	Year 3		
Noah	Year 4	Emma	Year 5

#### Silver Merit Awards

Alister	Foundation	Murdoch	Year 2
Billy	Foundation	Nancy	Year 2
Campbell	Foundation	Elektra	Year 3
Isabel	Foundation	Jed	Year 3
Jakson	Foundation	Jet	Year 3
Kayla	Foundation	Kusi	Year 3
Lucy	Foundation	Asiri	Year 4
Makenna	Foundation	Emily H	Year 4
Rebekah	Foundation	Paul	Year 4
Sebastian	Foundation	Quinlan	Year 4
Felicity	Year 1	Summer	Year 4
Imogen	Year 1	Will	Year 4
Joel	Year 1	Angela	Year 5
Jordan	Year 1	Dallas	Year 5
Skye	Year 1	Jack	Year 5
Starr	Year 1	Mitchell	Year 5
Alesha	Year 2	Taylen	Year 5
Alex E	Year 2	Mackinnon	Year 5
Alex W	Year 2	Campbell E	Year 6
Ally	Year 2	Natalia	Year 6
Ashby	Year 2	Jack W	Year 6
Finn	Year 2	Joseph	Year 6
Jessika	Year 2	Padraig	Year 6

#### **Bronze Merit Awards**

Riley H	Foundation	Lochlan	Year 4
Abbey	Year 1	Kira	Year 5
Jude	Year 1	Owen	Year 5
Connor	Year 2	Cooper	Year 6
Elijah	Year 2	Hayden	Year 6
Kayla	Year 2	Tane	Year 6
Aroha	Year 3		
Rhys	Year 3	Zach	Year 6

#### **Up Coming Events Term 4 2015**

Week 6

**CLASS ROLLOVER 2016** 

Timetable Week 2

Wed 11 Nov Junior Leaders Interviews which date change

Week 7

Timetable Week 1

Wed 18 Nov Preschool Transition All Day

Parent Meeting - Foundation students 2016 9:00 am



## **Primary News**

### David Tallon (Assistant Principal)

Today we say goodbye to Miss Bruton who is leaving us to begin her Maternity leave. I'd like to thank Miss Bruton for all the effort she has made this year for her class. On behalf of the students and staff, we wish you all the best as you begin your next chapter in life.

Today has seen the Year 5's give their speeches to the school. Well done everyone who participated!

The process for ordering the Year 6 2016 shirts has begun so hopefully we'll be getting these before the end of the year.

#### **Coming Events**

November

Monday 9<sup>th</sup> – Primary Votes for Young Leaders

December

Monday 7<sup>th</sup> - Swim School (All Week)

### **Foundation**

## Andrea Hazlett (Class Teacher)

In English Foundation have focused on Aboriginal Dream Time Stories. The students wrote about the stories and were inspired by the stories in their art. The stories they read were:

- 'How Echidna got his spikes'
- 'How the birds got their colours' and
- 'Tiddlewink the Frog'

The Echidna had no spikes. He was white, all white. Then he had spikes from spears. By Isabel.



By Isabel

The Echidna had no spikes. He had the scraps. He pulled the tree out. The animals will not die. The Echidna had spikes on his back. He got buried near the rocks. By Campbell.

The Echidna had no spikes at the start of the story. He got very grumpy at the other animals. He got very grumpy. He was spikey. By Riley.



By Riley

The Echidna had no spikes until his friends stabbed the spears in him. By Makenna.

Tiddalick was the biggest frog on his land. Then Tiddalick drank all the water. The animals had to think how they can get all the water out of his mouth. They tried to get him to laugh, but Tiddalick did not laugh. They still tried and then Nyong the eel came behind him and did a funny dance, then Tiddalick laughed and laughed but he was trying not to laugh. By Lucy.

Tiddalick drank all the water. The animals had an idea to make him laugh. By Rebekah.

#### **Year 1/2**

#### Michelle Jenvey (Class Teacher)

Students in Year 1-2 moved towards a more independent learning structure during our literacy sessions. They have been required to independently choose activities from a list and complete them to an expected standard. While some students have found this a challenging way of learning, they have usually embraced the challenges and strived for success. These activities have always been completed whilst waiting for their turn in the Engine Room for intensive reading instruction.



Students watching an online story on the new interactive panel during their morning break.





Ashby and Jessika completing their activities.



Joel completing one of his activities.



Nancy, Felicity and Skye completing an activity with Mrs Frost.

# A Quick Bite...

# Make your food budget stretch further

#### Try these top tips:

- Write a list. You'll be more likely to only buy essentials this way.
- Limit 'extra' foods like chips, chocolates, lollies and soft drinks. These foods are poor value for money.
- Try to stick to unpackaged foods packaged foods are much more expensive.
- Buy fruit and vegetables in season; they are cheapest and freshest.
- Consider buying a whole box or bag of fruit or vegetables and split between 2-3 households.



 Buy staples like bread and meat in bulk. They're cheaper and can be frozen.

• Shop at night. Supermarkets tend to reduce the prices of many perishable foods at this time. If you are not sure what time they reduce their prices, ask.

For more information visit

mlhd.health.nsw.gov.au/keepinghealthy







# A Quick Bite...

# Fun games to play that won't cost the earth

Looking for quick, easy and low cost games for the kids to play on the weekend? Try these jumping and throwing games.

Make your mark: Hold a piece of chalk, jump from the ground and leave a chalk mark on the wall as high as you can.

**Sack races:** use old pillowcases or tie legs with another person. Jump as fast as you can along a grassed track.

Targets: Place empty plastic bottles out in a line, throw an object at them counting how many you knock over. Draw a chalk target on an outside wall, use a wet tennis ball and aim for a bullseye.



**Clap, Clap:** Throw the ball as hard as you can into the ground. Try to get as many claps as you can before the ball hits the ground again.

For more information visit

mlhd.health.nsw.gov.au/keepinghealthy









## **Secondary News**

#### Sean Connell (Head Teacher)

This week is an exciting and busy week for students in Years 7 through to 10 with the rollover into the next year of classes. Starting a new year of work this term is a great way for the students to be introduced to the new topics and allows Year 10 students to experience the Preliminary content of their new Higher School Certificate courses. Rollover means students will be given a new timetable and need to be vigilant with changes to their routine to ensure they are on time to each class. Students are also asked to have new books for each of their subjects in accordance with the recent booklist that was given to each student.

Students in Years 10 and 11 participated in an excursion to Melbourne to gain experience at the range of tertiary institutions available in Victoria. This trip is invaluable to students trying to determine their chosen career pathway and gives them an insight into tertiary life whether its university or TAFE.

Congratulations to all students who completed their end of year examinations last week. It is always a stressful time balancing study with extra-curricular commitments, however the efforts will be reflected in the results obtained.

Good luck to all students delivering speeches to apply for leadership positions within our school. The role of School Captain is an important one in epitomizing the values of our school and being a role model for younger students.

# TAS David McCarron (TAS Teacher)

#### Year 7 TAS

Year 7 TAS have been busy completing wind chimes for the past five weeks. Students have come up with some interesting and unusual designs. Students will next week roll over into Year 8 and move to Mr Miller for the remainder of the year. Any student who did not complete their wind chime will have it completed by me so they can take it home at the end of the year.



Wind Chime made by Grace Year 7.

#### Year 9 IT Wood

Year 9 IT Wood have just completed making a kitchen organiser. This proved to be a bit challenging for the students. These projects will be marked next week for students to collect and take home. Continuing students will roll over into year 10 and commence new projects next week.



Kitchen organiser made by Max Year 9

#### Year 10 IT Wood

Year 10 IT Wood have been completing tile topped tables. These projects will be completed for students in the coming weeks so they can take them home at the end of the year. Most of these students will roll over into Year 11 Industrial Technology where they are required to design and make a number of projects. It is anticipated that students will benefit from the skills they have learnt over the past two years in order to make use of numerous hand and power tools to construct quality projects.





Table made by Beau Year 10

#### **Year 9 Farm Maintenance**

Year 9 Farm Maintenance have just finished making boot scrapers from recycled horse shoes and brushes. This project required students to have a go at using the oxy kit and welder after some basic instruction. These students will now roll over into Year 10 and along with some new Year 9 students, continue carrying out maintenance activities on the school farm.



Boot scraper made by Tom Year 9.

#### Year 7 TAS Ben Miller (TAS Teacher)

Year 8 Tech Mandatory have been busy working on their board games completing everything from the instructions to board, peices and money/cards. Next week year 8 will be rolling over into their 2016 elective subjects.

Gauging Educational Merit (GEM)

Gauging Educational Merit (GEM)				
Class score	Description	GEM Average	Result	
10	Outstanding effort			
9+	High level of effort	9-10	Maintain average for a term to receive canteen voucher and certificate	
8	Sound effort	8-9	Maintain average for a term to attend reward BBQ	
7	Satisfactory effort			
6	Limited effort (causing some concern)		Monitoring in the subjects where your score is below 7, reporting to class teacher	
5	Poor effort (unsatisfactory)	5-6	Monitoring in all classes, reporting to Head Teacher daily. Extra curricula privileges may be removed	
1	Poor effort & behaviour, non submission of tasks	1-5	Monitoring in all classes, reporting to Ms Wait daily Not allowed to attend excursion and extra curricula activities	

# A Quick Bite...

#### **Rustic Twig Christmas Tree**

For a low cost gift or fun activity, try making these beaut rustic twig Christmas tree ornaments. You will need:

- 15cm strip of paper
- Go to the local park or your garden and gather 15-20 twigs of various lengths and diameter
- Small piece of ribbon or pipe cleaner
- PVA craft glue
- Secateurs (ask an adult to help with cutting)

#### Method:

- · Layout the paper lengthwise and make a
- · Tie the small piece of ribbon or pipe cleaner through
- · Lay twigs in order of shortest to longest in shape of
- · Cut twigs to length as needed.
- Glue twigs to the paper once they are in the shape of For more information visit

mlhd.health.nsw.gov.au/keepinghealthy













#### **VOLUNTARY CONTRIBUTIONS 2015**

The New South Wales Government provides much of the necessary equipment and materials for the efficient running of the school. However, to keep up to date with the latest textbooks and to supply materials for such subjects as technics, craft and food technology, parents are asked to make a voluntary contribution. These are reviewed each year and kept to an absolute minimum, and are payable at the beginning of each school year.

These contributions are important in ensuring that we can optimize learning opportunities for students. Your cooperation in this regard is greatly appreciated.

Technology Fee	All Years F to 12	\$10.00
Current voluntary	Infants and Primary	\$52.00
contributions	Years 7 + 8	\$98.00
including Technology Fee	Years 9 + 10	\$57.00
FEE	Years 11 + 12	\$57.00
Industrial Technology	Year 9 + 10	\$52.00 plus materials
Design and Technology Food:	Year 9 + 10 elective	\$62.00
Primary Industries	Year 11 & 12	\$75.00
Business Studies	Year 11 & 12	Excursions as required
Sport Lifestyle and Recreation Studies	Year 11 & 12	Excursions as required

#### Wanted

Second hand uniforms in good condition. If your child has outgrown their uniform please consider donating it to the school.

#### **LOST UNIFORMS**

Please name your uniforms so we can return items that are misplaced.

#### **School Bags**

Tooleybuc Central School has school bags which are available to purchase from the front office.





### **Tooleybuc Central School Uniforms**

TCS dark green bucket school hats \$15, are available for purchase from the front office

#### **Tops**

Primary:	Dark green polo shirt (TCS)	
	Jumper (TCS)	
	Girl's summer culottes/green check	
	dress	
Secondary:	Green/yellow polo shirt (TCS)	
	Rugby Jumper (TCS)	

#### **Pants**

Primary &	Grey School Pants/ Grey Max Dax
Secondary Boys	
Primary Girls	Green school pants/ Green Knee
	Length Shorts
Secondary Girls	Black school pants/ Green Knee
	Length Shorts

#### Sport

	Yellow polo shirt
Primary & Secondary	Green basketball shorts Green tracksuit pants
,	Sneakers

#### **Shoes**

Primary &	Black Leather Shoes
Secondary Boys	
& Girls	

#### Stockists of School Uniform

#### **Outdoors First**

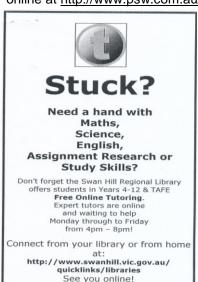
Garments will need to be ordered so they can be embroidered, however they are a very reasonable price and the turnaround is very quick.

#### Clark's Gift Salon

183 Campbell Street, Swan Hill - Phone 50321616

#### **PSW**

Bootleg Pants – Polyester 465 Bottle can be purchased online at http://www.psw.com.au/



Questions? Call the Swan Hill Regional Library on (03) 50 362480

#### STUDENT ASSISTANCE SCHEME APPLICATION FOR SUPPORT

If you would like an application for support please contact the school.



#### Canteen Menu 2015

#### Term 4

Pie	\$3.00
Sausage Roll	\$2.00
Party Pie	\$1.00
Mini Pizza (Ham & Pineapple or Ham & Chees	\$2.00 e)
Dim Sims (soy sauce – no extra charge)	\$0.50
Chicken Nuggets	\$0.50
Tomato Sauce	\$0.20

# Snacks (do not include in lunch order, students to purchase at lunch time)

Muffins (Double Choc)	\$1.60
Bulla Frozen Yogurt (Strawberry and Mango)	\$1.60
Billabong Triple Swirl	\$1.50
Chips (Honey Soy)	\$1.00
Raspberry Twists	\$0.20

#### **Drinks**

Big M	\$2.00
(Chocolate, Strawberry & Iced Coffe	e)
Play water - 350ml	\$2.00
(purple, lemonade, red, fruit tingle)	

Prima (as drink or frozen) \$1.20 (apple/blackcurrant and tropical)

Lunch orders are to be written on a paper bag including students name and year (with money inside). Orders are then to be taken to front office by students or sent with the rolls.

Please remember to include only hot food and drinks on student's lunch orders. All snacks are to be purchased from the canteen at lunchtime.

Please note Raspberry Twists are now .20c each

## **CANTEEN ROSTER**

Term 4	
13/11/2015	Tracey Domaille, Julie Fulton
20/11/2015	Annette Blachford, Kate Everitt
27/11/2015	Lauresa Grace, Leanne Hoare
04/12/2015	Sandra Scalora, Janina Mammone
11/12/2015	Peta Hickey, Jenny Arblaster

Thank you to all volunteers who helped in the Canteen this year. More volunteers are always welcome.

If you are unable to do duty on your rostered day please contact someone else on the roster and arrange a swap.

Canteen duty is from 10:30 am until 2.30pm.

#### Hospice

We have a donation jar at the front office for the Swan Hill Hospice, if you have any small loose change it will go to a wonderful cause.

#### NO HEAT UP LUNCHES

Due to the kitchen upgrade, there will be no lunches heated up until further notice.



# FIRST TIME

The easiest and fastest way to lodge your return is online.



Keep track of your tax and super by downloading the free ATO App





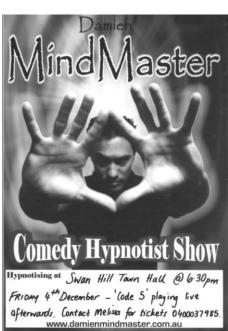
#### **Portsea Camp Pira Group**

Vacancies are now available for the next camp which is from January 11<sup>th</sup> to January 17<sup>th</sup> 2016 (7 days) at a cost of \$327 per child. Children must be between the ages of 9 to 12 years and payments can be made by instalments.

The camp has a vast assortment of activities for the children including fishing, canoeing, art and crafts, cooking, abseiling, giant swing, flying fox, swimming, a camp-out in a Tipi, a disco plus many more finishing with a concert. All activities are supervised.

All leaders and staff are Police checked and have Working with Children accreditation and the children are monitored at all times. Full time Medical staff are on duty at all times as well and a variety of meals are provided by Chefs with specific diets are catered for. Children with special needs, with or without a carer and ethnic, religious and cultural diversities are most welcome.

For more information please contact Mrs Noella Cook as soon as possible on mob 0477 017754 and if necessary please leave a message or visit the website at www.Theportseacamp.com.au







#### Sport and Recreation's Swim and Survive lessons

Australian summers usually involve plenty of fun in and around the water, but no parent should forget how important it is to make sure children stay safe.

Sport and Recreation's Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs provide wonderful results, and are great fun as well. Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are \$69 for school-aged children and \$49 for preschoolers (prices exclude pool entry fee).



Matinee – 1:00 pm Evening – 7:00 pm





# Tooleybuc Sporting Club Ltd.

Phone: 03 5030 5476

Open Daily from 11.00am

# UPCOMING ENTERTAINMENT FOR 2015

#### WEEKLY ACTIVITIES

Mon: Poker 7.30pm

Tues: Bingo 'eyes down' @ 7.30pm

Wed: Members Draw @ 7.30pm,

Raffles between 7pm & 9pm

Wed/Sun Snowball Draw(LTPS/15/03148)

Jackpots \$50.00 each Wednesday &

Sunday if not claimed Line Dancing 7.30pm

Thurs: Bingo 'eyes down' @ 11.30am

Fri: Raffles @ 8.30pm (approx)

Members Friday Fortune Draw @ 9.30pm (approx) Jackpots \$50 each week if not claimed (LTPS/14/04455)

Sun: Raffle @ 8.00pm (approx)

Wed/Sun Snowball Draw (LTPS/15/03148) Jackpots \$50.00 each Wednesday & Friday

if not claimed

### NOVEMBER

Murray Muster

12th - 15th November

#### CHEF'S SUGGESTIONS

Every Friday night the Bistro have a Chef's Suggestions Specials Board. It consists of around 4 different dishes at affordable prices.

They are only available until stock runs out.

So come along on Friday Nights & enjoy a great



Weekday Specials

Dine in Only

Monday Family Night Kids Meals 1/2 price Tuesday Early Bird Roast 6.00 to 7.00pm \$12.00

Wednesday Parmy Night \$12.00 Thursday Steak Night \$15.00

Please check-Subject to change without notice





# Youthspective photography competition

2015 theme: Life!

If you're aged between 12-18 years old, submit up to five photos that best represent this year's theme: Life!

Prizes include:

15-18 years: Return travel to Melbourne for a one-on-one photography course with Craig Newell from Australian Photo Tours

15-18 years: Return travel to Melbourne for a one-on-one photography course with Jaime Murcia from Melbourne Laneway Photography Tours

12-14 years and People's Choice Award: A Fujifilm INSTAX Mini 8 instant film camera.

Send your entries to shlib@swanhill.vic.gov.au and make sure to include image titles, your name, age and contact number.

Conditions of entry can be found at www.library.swanhill.vic.gov.au.

Competition closes 4pm Friday, 13 November.



#### YOUTHSPECTIVE 2015 GUIDELINES

In 2015 we are excited to announce the fifth Youthspective Photography Competition and invite young people from across our region to enter their photographs.

The theme for the competition is: Life!

This means your photograph can be of anything you consider best depicts "life"

The photographs must be your original work - no Photoshop! So think outside the square, surprise us with your ingenuity, and have fun creating!

There are two age group categories: 12-14 years and 15-18 years.

Please provide your age as of the closing date for entries which is at 4pm on Friday, 13 November 2015.

#### CONDITIONS OF ENTRY

Photographs must be submitted via email to shlib@swanhill.vic.gov.au.

Emails must include: photograph/s, the photographer's name, age, the title of the entry and a daytime phone

You may enter up to five photographs.

Colour or black and white images are acceptable.

Your entry must be certified as being original and unaided work. Any source imagery must be indicated at the time of entry. Please note that one signature from a teacher will be sufficient to cover all entries from a school. Entries must be submitted by 4pm on Friday, 13 November 2015.

Entries in the 15-18 years category will be judged by Craig Newell from Melbourne Photographic Tours. The 12-14 years category will be judged by Jaime Murcia from Jaime Murcia Photography.

The judge's decision is final.

People's Choice voting will take place on the Swan Hill Regional Library's Facebook page. One 'like' will equal one vote. The picture with the most 'likes' wins. The closing date for voting will be at 4pm on Friday, 27 November 2015.

Where parents or guardians of the winners have given their consent, photographs of the winners, together with their names and ages, may be used in the media.

The rules of the competition may not be changed or modified and will be strictly applied.

All personal information supplied will be used solely for the administration and management of the Swan Hill Regional Library Youthspective Photography Competition.

Winning images may be selected for use in print or online for Swan Hill Rural City Council publications.

The prize for the 15-18 years category is a three hour, one-on-one photography course with Craig Newell from Australian Photo Tours (www.australianphototours.com.au). The prize also includes return train travel to the course for a family of four (sponsored by V/Line). The value of this prize is over \$500.

The People's Choice prize for 15-18 years is a one-on-one photography course with Jaime Murcia from Melbourne Laneway Photography Tours (www.jaimemurcia.com). The prize also includes return train travel to the course for a family of four (sponsored by V/Line. The value of this prize is over \$350.

The prize for the 12-14 years category and the 12-14 years People's Choice award is a Fujifilm INSTAX Mini 8 instant film camera.

Winners will be notified on Friday, 27 November, with presentations taking place at the Swan Hill Regional Library at 4.30pm on Friday, 4 December 2015.

Thank you to our sponsors: Melbourne Photography Tours, Jaime Murcia Photography, V/Line and Youth Inc.







#### INTRODUCTION TO COACHING COURSE - ITCC

Take your first step into basic athletics skills coaching.

All practical .... No exam .... No previous experience necessary!

If you want to learn more about athletics for kids, then the ITCC is for you!

The ITCC is designed to help participants become better placed to assist children to perform basic athletic skills. The course is great for parents, school teachers and other interested persons who want to know a little more about the skills of the sport so that they may help to coach children of Primary school age, assist at Little Athletics Centres or prepare students for a school athletics carnival. Participants will be shown skills, drills, games and activities relevant to the target age group.

The ITCC is a non accredited practical coaching course designed for Little Athletics and conducted on behalf of the Australian Track and Field Coaching Association (ATFCA).

#### **Course Outcomes**

At the conclusion of the course the participant will, for the target age group:

- · Better understand an appropriate working model for each Little Athletics event
- Have a greater knowledge of appropriate drills, skills, games and activities for particular event groups
- · Identify some of the more common technical faults of events
- · Have a basic understanding of a simple coaching session
- Better understand how to organise a group safely

1 Day course - 6.5 hours duration - approx. 9.00am to 3.20pm

Cost: \$110 + IMGSTG processing fee, includes all sessions, coaching resources, LAVic Polo Top and more.

Participants need to be minimum of 16 years of age at the time of the course.

Registration via www.lavic.com.au / Education & Training / Coaching / ITCC

Date: Sunday 15<sup>th</sup> November

Venue: Swan Hill Little Athletics, Ken Harrison Reserve
Registrations close: 11.59pm Wednesday Prior
Enquires Michelle: 0456006248



An Optometrist from the Brien Holden Vision Institute will be conducting an eye clinic in your community on:

WHEN: THURSDAY, 26 NOVEMBER FROM 9.30AM – 4.00PM

WHERE: Tooleybuc Community Health Centre Unit 1, 76 Cadell St Tooleybuc NSW 2736

CONTACT / PHONE: \_\_50305189\_

Eligible patients on a current Centrelink pension card will receive their spectacles through Vision Australia at no cost. Those not eligible can access spectacles through our low cost spectacle scheme.

Eye examinations will be Medicare Bulk Billed.





If you have an emergency and need to call an ambulance and live in the Tooleybuc area, when asked 'Police, Fire, Ambulance' Respond,

#### 'Bendigo Ambulance'

This will minimise confusion as to where the ambulance will originate from and ensure a quick response

# Every Friday Goodnight Express

This vital service is available to any community member wishing to access services in Swan Hill

Departing Goodnight: 9.30 Post Office Departing Tooleybuc: 9.45 Post Office Departing Koraleigh: 10.00 Post Office Departing Nyah: 10.10 Post Office **Burtons General Store** 

Drop off point:

10.50 Clock Tower

Bus Stop

Swan Hill

Departs Swan Hill Car Park

1.30pm Woolworths (Campbell St side)

Cost for a **RETURN** ticket: Adults \$8.00

Children (u 16) \$5.00

First time passengers will be required to complete a registration form Please phone Michelle at HAC Tooleybuc on 5030 5252 for more information An initiative of Wakool Shire HACC Services, funded by N.S.W. Ministry of Transport 15<sup>th</sup> January 2014

#### **CRAIG DOMAILLE PLUMBING**

For Honest Reliable Service call Craig on 50305382 50305594 Fax

**NOW AVAILABLE** 1.8 Tonne Mini Excavator Septic Tank Cleaning/Installation Hot & Cold Water Installation Gas Works Roofing

Gas & Wood Heater Installation **Ducted Air Conditioner** Services/Installation Agent for Lowara Pumps

Free no obligation quotes Plumbing since 1985

#### **Remedial Massage**

& Manipulation Reiki Master Reflexology Jenny Arblaster Wood Wood Vic

Ph: 03 50305126 0428 305126

#### **TOOLEYBUC COMMUNITY HEALTH CENTRE**

Open Mon-Fri 9.00am-4.00pm

Phone: 03 50305189

CLINIC HOURS ARE:

9.00-10.00am & 1.00-3.30pm

#### All Clinics are free

#### **EARLY CHILDHOOD CLINIC:**

Mondays-Wednesdays -1.00-3.30pm

#### **IMMUNISATIONS CLINIC:**

(appointment necessary) Third Tue in month Tuesday 17<sup>th</sup> November

Diabetes Nurse- available by appointment only

**MENTAL HEALTH:** Monthly by

**Appointment** 

once per month or contact Visiting ACCESSLINE (1800 800 944)

## **WOMEN'S HEALTH SERVICE:**

Every 2<sup>nd</sup> Month

#### **DIETITIAN CLINIC:**

Tuesday 27<sup>th</sup> October Appointments available

#### **Podiatrist**

(ph 50339390 for an apt). Thursday 15<sup>th</sup> October

#### Speech Pathologist

(1st Thursday of the month) Telephone Swan Hill District Health for appointments and enquires 5033 9390

In an emergency contact your G.P. Manangatang-50351215 Balranald- 50201055 Nyah West- 50302456 Swan Hill- 50331711 Or call '000'

### LUCKY PHIL'S

The One Stop Shop Budget Rite & Take-Away Food Store OPEN 7 DAYS A WEEK 6.30am - 7:00pm

Large Range of Groceries, Take-away Foods, Pizzas, Rotisserie Chickens, Fruit & Vegetables, Eftpos Available

Murray St, Tooleybuc • (03) 5030 5090



"Old Tooleybuc Doll Cottage" Open 10 am daily 53 Cadell St Tooleybuc

A delightful display of over 400 beautiful dolls that is sure to put a smile on your face.

#### FEE.

A gold coin donation, Proceeds donated to the local school for gardens and outdoor furniture.

#### **Tooleybuc and District Carpet Cleaning Service**

For domestic and commercial steam cleaning at competitive rates.

Ring David Thompson on 0447 000348 for a free, no-obligation quote.

#### WANTED

The Wakool Shire Home and Community Care (HACC) are in need of volunteer drivers in the Tooleybuc, Goodnight and Koraleigh areas.

Men or Women. Young or Old!

Tooleybuc HACC Outreach Coordinator 50 305 252

"Helping others to keep small communities strong."



NYAH DISTRICT GOLF CLUB Golf Club House can be hired for MEETINGS PARTIES WEDDINGS etc Inquiries Phone 50302087



#### Industrial, rural & domestic

Agents for Tru-Built & McDonald Steel

#### Real Sheds - Real Steel

Matthew Loats Builder P/L Phone: 0427 240 376 Fax: (03) 50 305 122



Student Absences Note	
Name: Class:	Tooleybuc Central School
Teacher:	Bus Variation to Routine
This student was absent from	child/children will not be
due to the following:	travelling on the
Illness	bus on (Date)
☐ Injury	☐ I will be collecting them
Medical/Dental Appointment  Family Commitments	□ They will be travelling onbus.
Other give reason	□ Other (Please explain)
Additional comments:	Note: Some buses do not allow other students to travel on their buses. Please contact the bus driver to ensure approval.
Signed:	Parent Signature:
Date:	Date:
Personal Details	SSISTANCE SCHEME ION FOR SUPPORT
Student's Name: Home Address:	Class/Year:
Home Address.	<del></del>
Parent/Guardian Name:  Family Support  Reason Support is	 Needed
	ed with uniform/books/excursions
Details of Request:	Amount
The information provided will be treated in son	<u> </u>
Principal. There is a limit to the amount each	fidence. Please forward this application to the child can access.
•	child can access.



# CALENDAR 2015

WEEK 6 NOVEMBER	9 2016 CLASS ROLL OVER	10	11 Breakfast Club	12	13
TERM 4					
WEEK 7 NOVEMBER	16	17	18 Breakfast Club	19	20
TERM 4			NEW DATE Preschool Orientation all day & Parent Meeting		
WEEK 8 NOVEMBER TERM 4	23	24	25 Breakfast Club	26	27
WEEK 9 DECEMBER	30	1 Proud & Deadly Awards@ Deni	2 Breakfast Club	3	4 Presentation Day Term 4 1:45 pm
TERM 4					
WEEK 10 DECEMBER	7 Swim School	8 Swim School	9 Breakfast Club	10 Swim School	11 Swim School
TERM 4			Swim School		RIVERINA BLUES LUNCHEON
WEEK 11 DECEMBER	14 200 Nights Reading	15 Reward Excursion	16 Last Day of Term for Students	17 Staff Development Day	18
TERM 4	Christmas Luncheon			Last Day of Term for Staff	
	Reports distributed				
	Presentation Night				

